

December 2024

STICKING THE LANDING

Change your thinking; Change your LIFE!

By offering myself kindness and understanding, I create a nurturing environment for personal growth and self-expression

Affirmation: I am the peace I see in the world

Please join us at CENTER FOR SPIRITUAL LIVING - HOUSTON. [Our services and meetings are delivered through Zoom](#). For more information, contact us at info@cslhouston.org

For book group dates, please check the GroupMe Book Group conversation

December 14

Holiday Potluck!! 1pm to 4pm
18026 Nassau Bay Dr 77058

We have Dickey's Barbecue catering the meal

Please bring a dessert to share and an unwrapped child's toy for the Toys for Tots campaign

December 15

Rev. Lari Goold - "Flowing Ground"

December 22

Douglas Hord, RScP - "Standing on Solid Air"

December 29

Yvonne Ryba Cones, RScP - "Expanding at the Top"

Other Events

HOLIDAY GROUP OUTREACH

This year, beginning on Dec 1, 2024, we encourage our members to follow the “Food Bank Advent Calendar” to support the Shepherd Impact Center and the Houston Food Bank. Collection process will be announced soon.

REVERSE ADVENT CALENDAR

EACH DAY ADD AN ITEM TO A BOX.
ON CHRISTMAS EVE DONATE THE CONTENTS TO A
FOOD BANK.

- December 1 - box of cereal
 - December 2 - peanut butter
 - December 3 - stuffing mix
 - December 4 - boxed potatoes
 - December 5 - macaroni and cheese
 - December 6 - canned fruit
 - December 7 - canned tomatoes
 - December 8 - canned tuna
 - December 9 - dessert mix
 - December 10 - jar of applesauce
 - December 11 - canned sweet potatoes
 - December 12 - cranberry sauce
 - December 13 - canned beans
 - December 14 - box of crackers
 - December 15 - package of rice
 - December 16 - package of oatmeal
 - December 17 - package pasta
 - December 18 - spaghetti sauce
 - December 19 - chicken noodle soup
 - December 20 - tomato soup
 - December 21 - can corn
 - December 22 - can mixed vegetables
 - December 23 - can carrots
 - December 24 - can green beans
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- A cardboard box is visible in the bottom right corner of the page, partially obscured by greenery. The box appears to be made of brown paper or cardboard and is positioned diagonally. The greenery consists of several sprigs of evergreen branches, likely pine or fir, which are placed around the box, suggesting a holiday or winter theme.

Prayer Group meets every Friday at 3:00 pm Central time. Licensed practitioners and ministers are welcome. To get on the prayer list, fill out our form here <https://cslhouston.org/spiritual-support-form/>.

Shepherd Study Group – 1st & 3rd Saturday – contact Yvonne Cones, RScP, at 936-628-6397 or CEPHE6@aol.com for information.