

- "28 Days To A Client" -


The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	1	write an email
2. ✓/✗	1	review professional email
3. ✓	1	review student's email
4. ✓	1	20 min of human psychology book
5. ✓/✗	1	read three more boron letters
6. ✓	1	Skim through 10 outreaches and read any that are worth reading
7. ✓/✗	1	
8. ✓	1	Take notes on a review call recording
9. ✓/✗	2	
10. ✓	2	House chores
11. ✓	2	Play chess to keep the brain flowing
12. ✓	2	Watch MPC
13. ✓/✗	1	Rewatch and take notes on the advanced influence videos
14. ✓/✗	3	
15. ✓/✗	3	
16. ✓/✗	3	
17. ✓/✗	3	
18. ✓/✗	3	
19. ✓/✗	3	
20. ✓/✗	3	

Day Number: 4

Date: 3/18/23

Start Of The Day - Time: 6:51

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	10k month
2.	healthy lifestyle
3.	freedom

 **Hour-By-Hour**
Tracking: 

[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
🔪 Reflection:	🔪 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!***
- 2. I Am Being All That I Can Be, Every Hour And Every Day!***
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***
- 4. I Am Being Enthusiastic About Completing Each Task!***

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 7-8:30 am: Task \$	20 min of human psychology audiobook
🔔 Intention 🔔	I will listen to the audiobook while i have my morning coffee and breakfast
✍️ Reflection ✍️	Listened for longer, decided to play chess while i listened to the book as well

\$ 8:30-9:30 am: Task \$	Take notes on review call recording
🔔 Intention 🔔	I will watch a recording of an old copy review call and take notes
✍️ Reflection ✍️	I took my notes on the review call

\$ 10:30 am-12pm: Task \$	Read other student's outreaches
🔔 Intention 🔔	I will skim through at least 10 outreaches i find and read the ones that are worth analyzing
✍️ Reflection ✍️	I skimmed through around ten outreaches, read a few, and eventually skimmed through other students' copy as well, then broke down an experienced role student's opt in page and email sequence

\$ 8 pm: Task \$	Finish writing email
🔔 Intention 🔔	I will pick up where i left off on the email i was writing yesterday
✍️ Reflection ✍️	Did not finish due to distractions, again...

\$ 9 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

End-Of-The-Day Report:

🧠 What Did I Learn Today? 🧠
I learned i must stop giving into these distractions, and i need to stop procrastinating and being lazy when the time comes to do work as well

NEW What Do I Plan To Do Differently Tomorrow? NEW
Put in more work by the hour and do more work hours

NEW What Do I Plan To Do The Same Tomorrow? NEW
Just like today, i will do things that improve my understanding of copywriting

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Too many

Brain Dump: