

Samurai Karate



New Zealand

Senior Grading Syllabus

1st Kyu Brown Belt 3 bar

Students should be able to show all previous techniques with improved skill.

Kata: Kosokun Shiho (The name of a Chinese official from the Ming dynasty)
Saifa (Final Breaking Point)
Shinpa

Demonstration of bunkai from the five pinan kata

Kumite: Ju kumite plus multiple attackers
Ju ippon kumite with multiple attacker defences

Note: This is an extremely important grade for both the student and Sensei as a checkpoint to ensure that the required standard has been met in preparation for Shodan.