

2025-2026 ELECTIVE COURSE OPTIONS FOR 6TH GRADE STUDENTS

RIVER BEND MIDDLE SCHOOL



Each middle school offers unique elective courses that your child can choose to take. The elective courses listed below are options for 6th grade students. Your child will select 6 electives* from this list. Your elementary school will support your child in entering their selections in our system.

It is important to note that the availability of elective courses is dependent upon each school's master schedule and choosing an elective does not guarantee it is available in your child's individual schedule.

| PUT AN X IN THE BOX NEXT TO 6 ELECTIVES THAT YOU CHOOSE | Course | Course Description |
|---|---|--|
| | EXPLORING PERSONAL CHARACTERISTICS AND CAREERS (9 Weeks) | Students experience an orientation to self-awareness and the world-of-work. Emphasis is placed on self-awareness and how interests, attitudes, values, learning styles, skills, and personality influence career choices. Based on the National Career Development Guidelines, skills reinforced include, but are not limited to communications, personal management, and teamwork. |
| | COMPUTER SCIENCE DISCOVERIES I (9 Weeks) | Students will use a problem-solving process to address a series of puzzles, challenges, and real-world scenarios. They will learn how computers input, output, store, and process information to help humans solve problems. Students will also learn how to create and share the content on their own web pages using HTML and CSS. They will also practice valuable programming skills such as debugging, using resources, and teamwork. |
| | EXPLORING CHILD CARE (9 Weeks) | This course introduces students to children's developmental ages and stages from birth to 7 years and related career opportunities. Through hands-on activities, students will practice basic care of infants, toddlers, and preschoolers and discuss proper nutrition. Students will understand how to prevent accidents and how to use positive guidance while working with children. Students will learn the importance of well-prepared and trained babysitters and how to prepare for the diverse responsibilities of being a babysitter. Students are eligible to receive the American Red Cross® Babysitter certification upon successful completion of the course. |

| | | |
|--|--|---|
| | EXPLORING NUTRITION AND WELLNESS (9 Weeks) | Students gain an understanding of the impact of choices on wellness by examining the current USDA Food Guidelines, nutritious meal planning, and preparation. Students learn basic kitchen skills, safety, and sanitation. |
| | EXPLORING SOCIAL AND EMOTIONAL SKILLS (9 Weeks) | Students gain an understanding of social and emotional learning that includes communication skills, self-awareness, self-management, responsible decision-making, social awareness, interpersonal relationship skills, and careers in human services. |
| | EXPLORING APPAREL AND INTERIOR DESIGN (9 Weeks) | Students are introduced to the field of apparel with the elements of design, basic clothing construction, and the impact of marketing on clothing choices. Students also learn the basics of interior design, which includes the basic principles of design, managing living spaces, and learning how sustainable design impacts housing. |

| | | |
|--|--|--|
| | DIGITAL LITERACY 9 Weeks) | Students learn critical digital literacy skills including how to evaluate content for accuracy, perspective, and motive. Students are helped to acknowledge the benefits of online communities and resources while guiding them to successfully navigate potential pitfalls in their digital lives. Through digital responsibility lessons, students take practical steps to protect their privacy and safety online. |
| | KEYBOARDING AND BASIC WORD PROCESSING (9 Weeks) | Students develop a foundation for effective technology use by learning to type. The curriculum covers topics and skills including keyboard layout, ergonomic strategies, and keyboarding proficiency. Students also learn to use word processing software for basic document creation, design, editing, collaboration, and problem solving. |
| | SPANISH BEGINNING- < 1 YEAR (Semester-long course) | This course is the first in a multi-course sequence for high school Level I credit. In this course, students will learn the foundations of the language's vocabulary and structures in order to communicate in simple, memorized, sentences related to basic necessary skills in the target language. Classes are conducted primarily in the target language with a strong focus on comprehensible input at a level appropriate for novice learners. Activities focus on students' abilities to perform in the interpersonal, interpretive, and presentational modes of communication. Students who successfully complete this course will demonstrate Novice Low proficiency and should enroll in the Intermediate course to continue the HS Level I credit curriculum. |
| | EXPLORATORY VISUAL ARTS (Semester-long course, offered Fall and Spring) | This course introduces students to the elements of art through a variety of media that may include drawing, painting, printmaking, mixed media, pottery, and weaving. Application of these elements to the students' own original |

| | | |
|--|---|--|
| | | artwork is the major emphasis while being introduced to art history and critical analysis of master work as well as their own. |
| | MUSIC EXPLORATORY (Semester-Long course, offered Fall and Spring) | Students are introduced to the skills necessary for singing and playing music with accuracy and expression while interpreting the sound and symbols of music. Through the study of various genres and cultures students will analyze, evaluate and understand the music and concepts from other areas. |
| | LEVEL I CHORUS (Semester) | Students apply correct singing technique and various elements of musical expression through developmentally appropriate and historic vocal literature. Students learn how to use traditional notation in order to learn music, and to respond correctly to conductors' gestures both in rehearsal and public performance. Students will study vocal music and its relationship to other cultures, eras, and geographical locations. |
| | 6th GRADE BAND * (Year-long course) *If you are choosing band, this will be your only elective option | 6 th grade band students acquire basic musical skills by learning to play the clarinet, trombone, flute, or trumpet. In the 3 rd quarter, students may audition to change to alto saxophone or percussion (drums). Students will perform 2-3 evening concerts for an audience and may have some after-school rehearsals. Because it takes a year to find out if you can feel successful playing a musical instrument, 6 th grade band-is a year-long elective. Families are expected to provide an instrument for their students. |