



A Better Way of Relating

😊 Ice breaker(s) - Choose 1 or 2

- Take 3-5 minutes in pairs to meet and get to know one other person here, then introduce them to the group, using what you learned about them.
- Who did you idolize as a child? How did you imitate them in your life?
- If you had to quarantine at home for one month, who would you like to have there with you 24/7? (Can be no one, multiple people, people from history...)

📖 Read Ephesians 4:22-31 and 5:1-4

- Why do you think God cares so deeply about the way we treat each other?
- How do you think we can allow the Spirit to change our thoughts and attitudes? (Eph. 4:22)
- How has God helped you “throw off” old ways of relating to others? How has this allowed you to relate better with others?
- Pastor Andy said “You become what you behold,” and “You are the sum total of the top 5 people you spend time with.” How are your inputs -- what you see or hear -- affecting your ability to love like Jesus does? How do your top 5 people influence your standard of loving others?

👟 More Questions To Consider

- Given the division present in our culture today, how can followers of Jesus be different as they relate to others? What difference would it make?
- (Optional) Which of the “Don’t” behaviors listed in these verses are the hardest for you to overcome in your life -- lying, anger, stealing, laziness, foul/abusive language, bitterness, sexual immorality, greed, ...? Share one thing you think God would want you

personally to remove from the way you relate to others, and one thing He would want you to add, so that you relate better to others?

- What would you like to change about how you relate to someone important in your life? Share one concrete step you will take this week to help you get there.

Prayer

Share prayer requests and pray:

Thank you God for loving us so well and for showing us how to love others better. Help us to receive your love in a way that changes us and helps us reflect the love of Jesus in the world. May we be a light that shines in the darkness. Thank you for the people you have put together in this group, please help us to set the bar higher for each other and love each other deeply in the coming months. In Jesus' name, Amen.

LINKS

- Message Video: https://youtu.be/CyKlVDmuw_g
- Relating to Humans (Again) Series: <https://echo.church/humans>
- Activate: echo.church/activate
- Give: echo.church/give