

Resource List

Nystrom & Associates, LTD

Mission Statement

We operate on the premise that truly effective living involves a balanced integration of all aspects of our lives including emotional, relational, cognitive, physical, and spiritual. When one experiences difficulty in one of these areas confidential and sensitive mental health care can assist in the healing process.

Resource Services

- Psychiatry & Medication Services
- Counseling & Psychotherapy Services
- In-Home Therapy
- Group Therapy
- Psychological Testing
- Drug & Alcohol Treatment- Substance Use Disorder
- Dialectical Behavior Therapy
- Adult Day Treatment
- School-based Mental & Chemical Health
- Mother-baby Intensive Outpatient
- Nutrition Counseling
- Adult Rehabilitative Mental Health Services
- Children's Therapeutic Services & Supports
- Case Management
- Pharmacy

Access

Eligibility Guidelines: referral

Appointment Necessary: Yes

Fee: Yes

Insurance: most private/public, reduced rate for private pay

Notes:

Contact Information

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