



90th Annual New England Interscholastic Cross Country Championships

Saturday, November 8, 2025

Thetford Academy

304 Academy Rd, Thetford, VT 05074

Presented by the Council of New England Secondary School Principals' Association

19 Golden Meadow Rd, Hampstead, NH 03841

Executive Director: Jim Davis, jim.davis@cnesspa.org,

President: Michael Bisson, MPA

The meet will be held regardless of weather conditions.

Meet Director:

David McGinn

802-535-6732

dmcginn@kingdomeast.org

Site Director:

Bri Barnes

NEED Contact Number

bri.barnes@thet.net

Time:

Girls: 11:30 am

Boys: 12:15 pm

Number of Entries:

Each state may enter six (6) full cross-country teams (7 runners) and any other individual placing in the top twenty-five (25) positions in its state meet.

COACHES / Entry & Fee Payment Process:



Coaches must have an athletic.net account for their respective high school team to register for the NE Meet. Each state meet results will be linked to www.athletic.net. You may only use the performance achieved at your state meet.

All entry fees must be paid ONLINE prior to the meet. There are no refunds. Entry fee is \$20 per athlete or \$140 per team per gender.

Online entry fees will be accepted starting at 6pm on Saturday, November 1st and close at 6pm on Tuesday, November 4th. Coaches will receive an email notification that their entry has been accepted when entered. A team will not be charged unless the entry is accepted.

Issues please contact Rick Kates Email: katesr@maldencatholic.org
New to www.athletic.net

Packet Pick-up:	All coaches must check-in their teams and individuals between 9:30 and 11:00 am at the packet pick up table in the gymnasium at Thetford Academy (only coaches in the gym at that time). Packets will contain race numbers and pins along with a course map. The packet will also contain CNESSPA pins and certificates for all competitors. There will be one coaches meeting for both races at 10:30 am.
Awards:	Medals and trophies will be awarded at the conclusion of the meet, following verification of the score tabulation. The award presentations will be held outside or in the gymnasium at Thetford Academy depending on the weather. Medals for the first twenty-five (25) runners and team champion, runner-up, and third place trophies and medals will be awarded.
Course:	A challenging 3.1 mile course through the woods. This is a spectator friendly course. A map of the course is included in this packet.
Course Walks:	The course may be walked/viewed on Friday, November 7 from 1:00 pm until 5:00 pm sharp and Saturday morning from 9:00 am until 11:00 am.
Parking:	Parking for teams will be available on campus. Spectators will be directed to parking sites near the campus (within walking distance). Most of the parking will be in fields. There will be handicap parking available.
Concessions:	Concessions will be available on site.
Clean-up:	All trash and litter must be picked up before leaving. Trash receptacles are provided.
Locker Rooms:	No locker rooms or dressing/shower facilities will be available.
T-Shirts:	Official New England Cross Country Championship apparel will be sold at the meet. Apparel can be pre-ordered at https://www.grteesmss.com/ until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.
Shoes/Hats:	Spikes and waffle-soled shoes are allowed but not recommended. NFHS rules allow headgear to be worn if they are not a safety hazard, do not demean the sport, are school issued, and are allowed by the State Association. Meet management will make the decision.

Rules: NFHS Rules will be in effect, uniforms to comply with Rule 4, Section 3. States must follow any individual state policies that may differ from the NFHS Rules.

Results: www.cnesspa.com and www.lancertiming.com

Hotels: Overnight accommodations and all meals are the responsibility of the entering schools and individuals to make reservations. Closest hotels are in the White River Junction, VT and Lebanon, NH areas.

Directions to Thetford Academy

From I-91 from the North or South go to exit 14 on I-91 (Thetford exit). Turn left off the northbound exit, or right off the southbound exit. Go up the hill. At the top of the hill you will come to a four-way intersection (there will be signs and volunteers assisting with traffic.) Turn left at this intersection onto Academy Road. The school is approximately ½ mile on your right. Travel time by bus from: White River Jct, VT = 15 minutes, I-89N intersect with I-93 in Concord, NH = 1.5 hours, I-91N at Vermont's southern border with MA = 1.5 hours.

Thetford Academy 5000m Course



