

Strawberries and Cream Trifles

from [Dashing Dish](#)

15 servings, 3 WW points per serving

24 servings, 2 WW points per serving

Printer Friendly Version

1 package sugar free fat free vanilla pudding

2 cups skim milk

1 Angel food cake, cut into 1" cubes or (1 box of Angel Food cake mix)

1 (16 oz) package fresh or frozen strawberries, sliced lengthwise

1 (16 oz) container light or fat free cool whip

Prepare pudding with milk according to package directions. To the pudding mixture, add half of the cool whip. (Set the rest of the cool whip aside to garnish on top of each trifle). Make layers in clear glass cups (or in a trifle dish/big glass bowl if you prefer) starting with the angel food cake, pudding/cool whip mix, and strawberries. Repeat until the cups (or trifle dish/bowl) are full. Garnish with the left over whipped topping, a few strawberries. Cover and chill in the fridge at least 4 hours before serving.

From Lacey at www.laceywithlove.blogspot.com