

Options for Getting Involved With the Midterm Elections

These are options for getting involved for the midterm elections, compiled by activist Debbie Dill and others. Suggestion: None of us can effectively work on even part of this list, but all of us can do something. If you're not currently involved with a group, figure out what you enjoy the most (have good energy to accomplish) and focus on one of these ways to be involved, rather than be overwhelmed and ineffective/inefficient. Studies have shown that getting out the vote is effective by 1) canvassing, 2) phone calls (less effective) 3) postcards (least effective, but if that's all you can do, go for it!). Commit some time between now and November 3rd!

Indivisible: [indivisible.org](https://www.indivisible.org) does weekly (Thursday 12noon PST, podcasts for ever) organizing and very upbeat/encouraging phone calls, led by Leah Greenberg and Ezra Levin, often with guests who are either running for office or adding to our knowledge base about important matters (Elie Mystal, political writer for The Nation, was excellent speaking about ways to change the Supreme Court on 8/27/26). Indivisible sends out Take Action missives and hosts trainings regularly. Locally, there are weekly protests in many locations—ask Nancy for info.

Indivisible Marin

Postcarding and phone banking. In addition to the phone banks listed under Bay Area Coalition, they are also working with the California Democratic Party on phone banks for southern California candidates Marni von Wilpert and Derek Tran. <https://www.indivisiblemarin.org>

Reclaim Our Vote

Postcarding African American Voters into October. E-mail rov.alameda@gmail.com to get information on ordering postcards and obtaining the lists of voters

Seed the Vote

Canvassing in 5 swing districts in MI, PA, TX, AZ, CA. Fundraiser at Berkeley Mills on Sunday, Sept 13th, 4-6 with the ED and Co-Founder, a canvasser for STV, local comic Nato Green, plus a knife sharpener!!!

<https://www.seedthevote.org>

Bay Area Coalition

Canvassing for Adam Gray and Randy Villegas. Phone banks on Thursday from 5:30 to 7:30; Sundays 1:00 to 3:00; and Wednesdays from 5:30 to 7:30. Coalition of includes a number of Swing Left and Indivisible Groups

<https://bayareacoalition.org>

Center for Common Ground

Phone Banks to Black Voters in Virginia. Every Tuesday from 3-5 PDT. I called with them in previous elections and had good results.

<https://www.centerforcommonground.org/reclaim-our-vote>

Indivisible Berkeley Election Alums

Canvassing for Adam Gray. Phone banks for Adam Gray and Randy Villegas on Thursdays from 5:30 to 7:30. Conversations that Matter Phone Banks to North Carolina, Sundays from 3 to 5 and Wednesday from 3 to 5. Below is their link.

https://docs.google.com/forms/d/e/1FAIpQLSelx7Yau8Y63M2mcVc_RALtmWjXL7wKfVSkT-SNT5RI6q5PQ/viewform

Billy McDonald Operates postcarding from his front porch in Berkeley.. You buy the postcards from him and buy your own stamps. He provides the addresses and instructions. billymcdonaldnp@gmail.com. Jody Lerner jlerner.community@gmail.com is based in Oakland, also has postcards on porch (with stamps to buy) and hosts events to write, etc.

Activate America

Well-run postcarding and phonebanking programs. Their targets include the priority House and Senate races in swing districts, and will shift depending on where need is greatest. <https://www.activateamerica.vote/>

Vote Forward

Adopt voters to write letters to. Once you get started it is just as easy as postcards (although the stamps cost more). <https://votefwd.org>

Carolina Federation —a special project the WDRC National Political Committee adopted in 2021 (we have ongoing donors who contribute over \$900/month). CF is committed to building a multiracial, working-class movement that can win electoral power in North Carolina. In 2026, they will be canvassing for Dem Roy Cooper for a flippable Senate seat. You can donate [here](#).

Movement Voter Project

Host a local fundraiser to help grass roots organizations! MVP is like a “mutual fund” for political giving—they channel money to the most impactful organizations and power-building work around the country. For more information: John Holme at jholme94609@yahoo.com.

Aisha Wahab

She just won the election to complete Eric Swalwell’s congressional term in the Tri-Valley area (nearby!) but has to run again for the full term in November. There will be canvassing and phone banking opportunities for her. Best contact is Aisha's field coordinator: Hinshaw-Elizabethvhinshaw@gmail.com or Ateam@aishawahab.com.

IEB Election Defense Team: This is a comprehensive list of “crews” in the Bay Area who will be working to save our democracy. The crews are for team-growing (getting more people involved), vote protection, red line (if certain democratic lines are crossed and we need everyone out on the streets), or democracy pledge. Click this link for more information on each crew and/or to sign up to help with election defense. Choose the level of your involvement according to time, energy and skills:

https://docs.google.com/forms/d/e/1FAIpQLSfzhi29wQMofiR8DRsABnIKrNNcYFL5ICVtGB2dWww_SUC_Tw/viewform

RAEB—Resistance Action East Bay, eastbayresistance@74421570.mailchimpapp.com

Gary Lucks and Karen host monthly meetings, host phone call and postcard parties, organize people to go to farmers markets and engage with others about saving democracy, write books with encouragement and resources, etc.

There are many worthwhile candidates running in other states: too many to list here. By looking up their campaigns online you can find ways to get involved with their races. Indivisible’s bottom line: if a person won the Democratic primary in their state/county/city, we’re cohesively backing them, despite differences.

Note: There are different types of phone banks. Different people prefer different types such as automatic dialer vs. where you indicate when you are ready for the next call. Your personal number will not show up when you go through their systems. You can try several different ones before deciding which ones work best for you. You can find more information online by searching the various organizations. Many are affiliated with one another.