

Physical Education

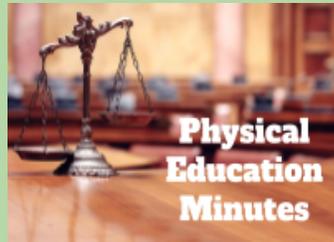
Find all of your physical education resources in one place!

Click on picture and grade level for resources

Framework

[CA PE Framework](#)
[CA PE Standards](#)
[National PE Standards](#)
[National Scope and Sequence](#)

[MDUSD Priority Standards](#)



[Step by Step Video Instructions](#)

[Teacher Reporting Slide Deck](#)



[OPEN \(Online Physical Education Network\)](#)
[PE Central](#)
[PE Universe](#)
[TeachPhysEd](#)
[The Physical Educator](#)
[Kidshealth.org](#)
[PD Resources](#)
[STEM in the Gym](#)



[Active Homes](#)

[FitnessGram Healthy Fitness Zone](#)



Curriculum (courtesy of SFUSD)

- [1st - 2nd Grade Units](#)
- [3rd - 4th Grade Units](#)
- [5th-6th Grade Units](#)

OPEN PhysEd Units/Lessons

- [K-2](#)
- [3-5](#)
- [Instant Activities](#)
- [Limited Equipment Activities](#)

[Goal-Setting](#)
[Social Emotional Learning](#)

Click on Grade-Level for links to Priority Standard Lessons

[TK/K](#)

[1st](#)

[2nd](#)

[3rd](#)

[4th](#)

[5th](#)

