

No-Bake Energy Bites

1 c. oatmeal
1/2 c. peanut butter (or other nut butter)
1 c. coconut flakes
1 /3 c. ground flaxseed
1/2 c. mini chocolate chips
1/3 c. honey
1 tsp. vanilla

Mix oatmeal, peanut butter, coconut, flaxseed, chocolate chips, honey, and vanilla in a bowl until thoroughly combined. Allow to chill in the fridge for half an hour. Once chilled, roll into balls and place on waxed or parchment paper. Store in an airtight container and keep refrigerated for up to 1 week. These can also be frozen.