

Congratulations and Welcome Message For A New Mus...

The New Muslim Starter Pack

Congratulations and thank you for making us part of this journey!

I would like to remind you that this life is a testing place. We are tested with different situations, pain and ease, wealth and lack of it, and the choice is patience and gratitude or lack of them. I also remind you to seek help from Allah to give you courage, discipline, and patience to make the right choices and to make time for important things especially around the commands of Allah and our responsibilities even when life gets busy.

Now it is the important step of keeping faith charging and growing which is why we created this document to provide resources and tips to nurture your faith!

Video walkthrough of the contents are here:

- Please watch the following:
[New Muslim Coaching First Call with Anthony](#)
Link: <https://www.youtube.com/watch?v=Px9RkzJ9Yos>
- In this video we talk about the importance of teachers, goal setting, talking to Allah and asking him:
 [Isa | Talk To Allah | Dua | Silent Prayers | Transliteration Demo | New Muslim Mentoring](#)
Link: <https://youtu.be/k64jOgGLlgl>

Our approach has **FOUR** components as outlined in the Table of Contents below.

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1. Motivation & Inspiration: Make it Easy For Yourself By

- a. Dua: Ask Allah for strength, discipline, his love and focus**
 - i. Begin by making a habit of talking to Allah daily
 - ii. **Listen to these daily for a few minutes:**

iii. **Playlist Supplications / Prayers - i.e. Asking Allah / Talking To God**

Link: [Dua Album | Etiquettes of Prayer | Shaykh Ammar AlShukry](#)



iv. **Supplication in Arabic with English subtitles**

Link: [MORNING Dua & Azkar by MISHARY ALAFASY \[Adkar Assabah أذكار الصباح\]](#)



b. **Consume motivational and inspirational content on Social Media / Youtube / Dedicated Apps**

- **Yaqeen Institute**
 - **Instagram:** [Yaqeen Institute \(@yaqeeninstitute\)](#) • [Instagram photos and videos](#)
 - **YouTube:** [Yaqeen Institute - YouTube](#)



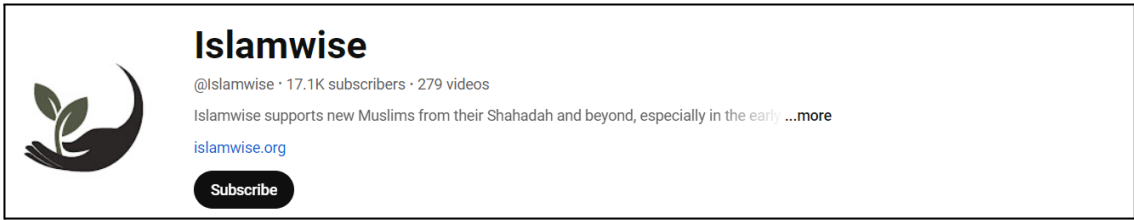
- **One Path Network**
 - **Instagram:** <https://www.instagram.com/onepathnetwork/>
 - **YouTube:** [OnePath Network - YouTube](#)



- **New Muslim Academy**
 - **Instagram:** [New Muslim Academy \(@aftershahaadah\)](#) • [Instagram photos and videos](#)
 - **YouTube:** <https://www.youtube.com/@newmuslimacademy>



- **Islamwise**
 - **Instagram:** [Islamwise \(@islamwise\)](#) • [Instagram photos and videos](#)
 - **YouTube:** [Islamwise - YouTube](#)



- **Mufti Menk**
 - **Instagram:** [Mufti Menk \(@muftimenkofficial\)](#) • [Instagram photos and videos](#)
 - **YouTube:** [Mufti Menk - YouTube](#)



- **Amir AbdulShakoor:**
 - **Instagram:** [Amir AbdulShakoor \(@amershakoor\)](#) • [Instagram photos and videos](#)
- **The Muslim Lady (Good for Sisters)**
 - **Instagram:** [The Muslim Lady \(@the_muslimlady\)](#) • [Instagram photos and videos](#)

- Empowerment & Reflections From Chapter 2 of Quran
 - Youtube link: [Quranic Empowerment - AlBaqarah - YouTube](#)

c. Surround yourself with people who share your interests but prioritize Faith (Islam) too

- Visit the Mosque (Masjid)
- Attend Islamic Events regularly
- Pray in the Mosque

d. Learn more about Allah, Islam, Prophet Mohammad (Peace Be Upon Him), Quran and the Hereafter

- Here are some options as e-courses, PDF and apps, try them out!

[New Muslim Academy](#)



[IeRA Courses - New Muslim Training](#)



[Islamwise: New Muslim Support](#)



- Two simple free apps

1. Yaqeen Academy™

Link: <https://yaqeeninstitute.ca/yaqeen-institute/yaqeen-academy-giving-you-clarity-in-two-minutes>



2. OnePath: Islamic Videos & Azan

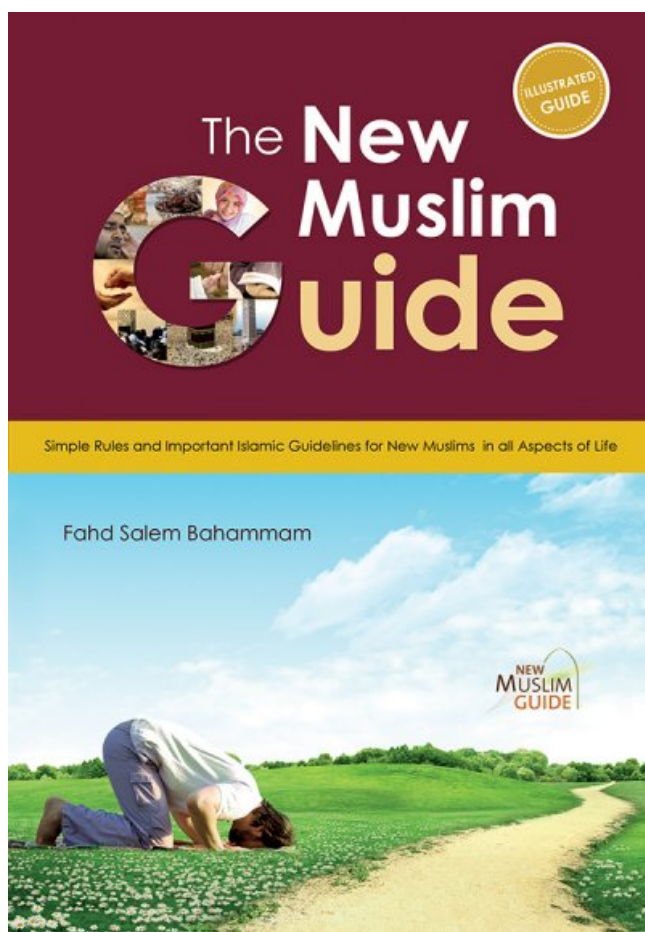
Link: <https://onepathnetwork.com/download-app/>



- Study this Free eBook (PDF)

Link: https://newmuslimguide.com/en/pdf-book?language_selective=en

If this website is not working, then you can get it from here [The-New-Muslim-Guide-English.pdf](#)



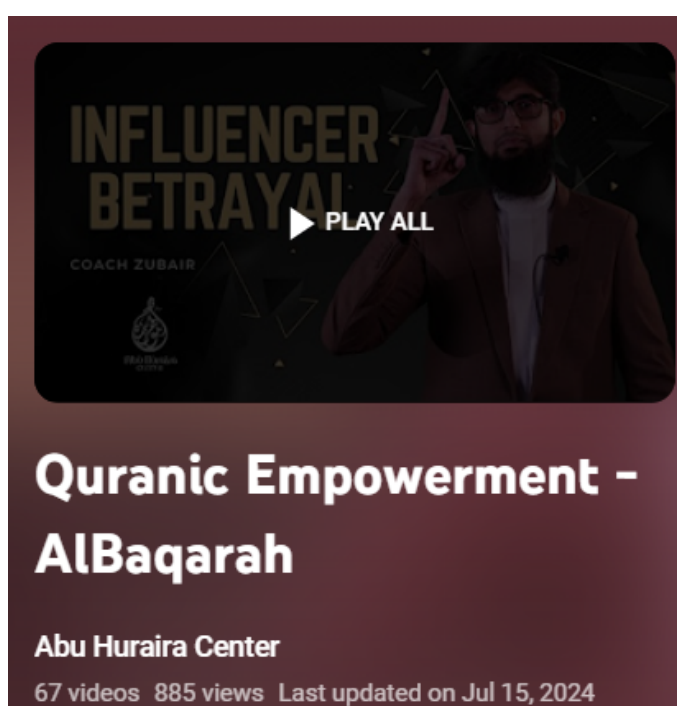
iv. Empowerment Lessons from First Chapter - AlFaatiha

Link: [Quranic Empowerment - AlFatihah - YouTube](#)



v. Empowerment Lessons from Second Chapter - AlBaqarah

Link: [Quranic Empowerment - AlBaqarah - YouTube](#)



vi. Listening To Quran in Arabic + English as Podcast / MP3

1. **Apple Podcast:**

a. [Recitation by Mishary Al-Afasy with translation of the meaning in English on Apple Podcasts](#)

2. **Spotify:**

a. <https://open.spotify.com/show/5P5S72Rgx5DStu4sRQHx8V?si=42c5bbb1da124a26>

3. **Mp3s**

a. <https://qurancentral.com/audio/mishary-rashid-alafasy-english-translation-saheeh-ibrahim-walk/>

4. **Download Mp3s**

a. https://download.quranicaudio.com/quran/mishaari_w_ibrahim_walk_si/

2. Learn How To Pray

The form & Details: Learn how to pray and actions related to it (I will share some apps and learning resources), happy to walk you guys on how to use those over a call.

Apps To Learn How To Pray

Apps overview

These are some of the apps that we recommend each has its own value and I'm including link for Android as well as for iOS
<https://www.youtube.com/watch?v=lyxYQo1AJgU&list=PLhZgVB58RLcUpWFIz62BRME1CdmS3ySC6&index=12&t=51s>

The following app is great for leaning but it's prayer times are not accurate so we will us a different app for prayer time, but this app is great for learning and videos

My Prayer Link for android

<https://play.google.com/store/apps/details?id=ngo.tenfold.myprayer&fbclid=IwAR1BhY4wHdGbVUETvAMFEasihRosG4hRUUZYaM4jVI5pi4SAgQO6Gnjgngc> ← This does not seem to be available on Android for now, pls use the following on Youtube:

PDF:
<https://drive.google.com/file/d/16iB5REU8lvcbJn7DyXoSufsETBB4CiA4/view?usp=sharing>

Learn How to Pray - Playlist
<https://www.youtube.com/playlist?list=PL55A1BB40EE3C525C>

How to perform Wudu (Ablution)
<https://www.youtube.com/watch?v=IUqstaspvkg>

Follow Along Prayer Videos

Fajr <https://www.youtube.com/watch?v=ja-L3YhezHs&t=1s>
Duhr <https://www.youtube.com/watch?v=hTSyJ11IRDM>
Asr https://www.youtube.com/watch?v=dh4_HGr5iAA
Maghrib <https://www.youtube.com/watch?v=ppLV1AA59ko>
Isha <https://www.youtube.com/watch?v=5ABW6HTxm8A>

My Prayer Link for Apple

<https://apps.apple.com/ca/app/my-prayer-learn-how-to-pray/id1495772826>

App for prayer times

<https://www.islamicfinder.org/athan/>

Transliteration, Translation and Audio

Transliteration, Translation and Audio

Prayer Scroller - Just scroll and read to complete prayer

Fajr -  Fajr Salah Scroller

Maghrib -  Maghrib Salah Scroller

Dhuhr / Asr / Isha -  Dhuhr/Asr/Isha Salah Scroller

Accompanying audios of pronunciation and very brief empowerment

Link: [New Muslims & Beginners Learn How To Pronounce And Benefit From Salah \(Prayers\) - YouTube](#)

Consider buying a Prayer mat

Amazon / other places or other Islamic Shops may have them too or better option.

Links:

- [Guided Prayer Mat by Tenfold - for adults \(black\) – www.hijabfashions.ca](#)
- [My Prayer Mat – TheUmmahShop](#)
- <https://a.co/d/0bGdjcps>

Ritual Shower For Muslims (Ghusl)

This is explained here in video:

 [How Do Muslims Shower \(Ghusl\)](#)

Text provided here:

Link: [The Major Ritual Impurity and the Full Ablution \(Ghusl-Ritual Bath\) | New Muslim Guide](#)

Tip Praying when on the go / combining / wiping on the socks

- https://www.youtube.com/watch?v=Z_zFj-ydiLo
- Demo of ablution (wudu) and wiping on sock:
 -  [How to Wipe over Socks for Wudhu?](#)

More Details Around Prayers

Link: [Your Prayer | New Muslim Guide](#)

3. Goals & Habits:

1. Set Goals
 - a. such as learning time, visiting mosque and praying there, friday prayers etc
 2. Think about:
 - a. How would you like to start with regular online or in person learning sessions?
 - b. What's your plan for Friday prayers for this month?
 - c. How about the daily five prayers, where can we start?
 - d. Anything else?
-

4. Review and adjust goals

- Weekly review your progress, obstacles and adjust your goals and keep growing
 - Ideally work with a mentor / coach
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Additional Resources

Prayers / Salah in public

Tips for Praying When Not At Home

<https://www.havehalalwilltravel.com/blog/tips-pray-public/20190123/>

Prayers ... Can be done with ease ...

Link: [This Photographer Is Capturing The Way Muslims Pray In Public](#)

Video experiment

Link: [▶ PRAYING IN PUBLIC!](#)

Intermediate Learning Beyond Basics

Apart from the basics above **we have a lot more resources for you covering a variety of topics** they are available as a document via

[☰](#) [Compilation of Resources For Learning Islam](#)

