

Decision Blueprint

Follow these steps to quickly and easily make decisions. Take the drama and angst out of decision making once and for all.

1. Establish your core values using the value checklist below. Choose your top 5-10 you must have in your daily life.
[☰ Value Assessment Master List](#) (<---click to access)
2. Set goals for each category of your life. Determine your top 3-5 goals you are going to focus on right now.

Categories of Life In Order of Priority:

1. Spiritual Life - body, emotions, mind, spiritual life
 2. Marriage or relationship - are you married or do you want to be
 3. Parenting or family - do you have kids or do you want to
 4. Work and business - career, homemaker, business, job
 5. Money or Finances - debt, budget, investments, wealth
 6. Giving and charity - financial giving, talent and time (volunteer)
 7. Fun and relaxation/recreation - what's fun and relaxing for YOU
 8. Adventure - where are you stretching yourself in an exciting way
 9. Community - the community you live in, town, church, city, state, country, world
 10. Legacy - what's your obituary going to say? What do you want it to say? What do you want to leave behind for the next generation? How do you want to be remembered? What will live on after you are gone?
3. When a decision feels difficult or confusing, ask yourself a series of questions:

- Is this decision being driven by deficiency or growth? (I'm not enough vs. I am always working to be better.) ("not enough" is fear and a lie. You are always enough and doing/having the new thing will not change your value.)
- Where is the fear around this decision? (fear is not from God)
- Does this align with my values? My goals?
- Will this get me closer to my goal or distract me from it?
- Does this decision need to be made right now? Will putting it off benefit me or create more work later?
- Am I overthinking? Does this decision matter in the grand scheme of my life?
- Would I take this item into my dream home? (for decluttering)
- What is the worst case/best case scenario of each option?
- Am I being "logical" or am I being "wise"? What does my gut say? (Logic is good but God's wisdom doesn't always LOOK logical. We need to know when logic is a useful tool and when it is holding us back from taking a step of faith. Logic is trusting in your mind only, vs. trusting God. God says in Isaiah that His ways are higher than our ways and His thoughts are higher than our thoughts. God speaks to us through our "gut" or "intuition", which is our spirit.)
- If I do/don't do this, what will that say about me?
- Does this keep my priorities in the correct order?
- Is the reward worth the investment/risk? (If this changes my life, is it worth paying money, etc.?)
- How do I want to pay for the result I want? (We pay for everything. With time, money, frustration, trial and error, effort, broken relationships, stress, our health, etc. - Determine what you'd like to pay with.)
- Is there a wrong/right decision here? What could I learn from this? How could I win no matter what happens? (Win or learn from failure = still a win)
- What is the pain I'm trying to avoid?
- Who or what am I trying to control here? (We only truly have control over ourselves, not other people or circumstances.)

We must weigh our future success against the pain/fear/uncomfortable feelings now. We get to CHOOSE what wins!