

Cross Country: Indian Hills Middle School A1 Invitational

September 8, 2026



Location: Shawnee Mission Park (Theatre in the Park area)

Parking: Spectators can park in the main [Theatre in the Park lot](#).

Races: This will be an introductory race that sets a baseline for runners. No medals or awards ceremony. There will be a 1 mile (developmental race) and a 2 mile.

We will start at 3:30 pm - flexibility as needed with busing and timing. We will stick to the schedule listed below if we are ahead, and get on a rolling schedule if we are behind.

3:30 pm – Girls 1 mile race. (for those not ready for the 2 mile yet)

3:50 pm – Boys 1 mile race. (for those not ready for the 2 mile yet)

4:10 pm – Girls 2 mile race. (Runners should be able to finish in 20 minutes or less)

4:40pm – Boys 2 mile race. (Runners should be able to finish in 20 minutes or less)

Maps: Here are links to online maps. [1 Mile Course](#) [2 Mile Course](#)

Restrooms: The new restrooms for Theatre in the Park are available. (JCPRD no longer allows the use of porta potties) ***Athletes: Plan ahead - these restrooms are farther away than previous competitions.***

Teams: Teams can put tents and/ or team areas along the Theater in The Park fence-line. Please keep your athletes and parents away from the timing crew. Only head coaches should talk with the timers. **Each team is responsible for cleaning up your areas. *Please bring trash bags.***

Registration and Timing: Online meet entries will be made through [MileSplit](#). Complete registration on the KS Milesplit Site by **Thursday 9/3 at 8:00pm**. Contact Suni Haberland at (620)-363-0426 with questions on completing registration on Milesplit.

Each head coach will be responsible for claiming your team on MileSplit and editing the rosters correctly. [This link is an FAQ for how to do all of this.](#) The helpful parts you may want to check out are the “Managing your Team” link and the “Registering your Team” link.

Athletes will be assigned a bib and chip for each race. The bib number and chip number for each athlete should match. All athletes are expected to securely attach the chip to one of their shoes using the laces and use FOUR safety pins for the bib. The bib should be visible to spectators (and the

timing cameras). All chips should be returned to the athlete's respective coach(es) at the end of the meet. Schools will be charged a fee for chips that are not returned.

After the meet has ended, results will be published to Milesplit within 24 hours, but our goal is live results. We will send a PDF copy of the results to each of the schools at the meet at the conclusion of each meet.

Medical Tent & Finish Line: Athletic Trainer will be in attendance and will provide medical care to any runner at the finish line, oversee medical support to any person at or being transported to the medical tent, and direct EAP process and needs.

Spectators: Please communicate to spectators that the timing area is flagged off and the only people allowed in this area are coaches and building administrators. Athletes and spectators should **NEVER** cross under any flagging at any point. **Direct all questions and concerns about timing or results to your team coach.**

Contacts:

IHMS Athletic Director: Caitlin Thompson, (913) 669-4058, caitlinNthompson@smsd.org

IHMS XC Head Coach: Nick Dailey, (913) 269-1011, NicholasDailey@smsd.org

Athletic Trainer: Kendall Jones, (913) 957-9487, hreiff@kumc.edu

MileSplit Help: Suni Haberland, (620)-363-0426, sunihaberland@smsd.org

SMSD Athletic Director: Brent Bechard, BrentBechard@smsd.org

Theatre in the Park Map

