



PARENT BOOK CLUB

Let Them Thrive: A Playbook for Helping Your Child Succeed in School and in Life

By Katie Novak, Ed.D.

DISCUSSION QUESTIONS

1. What issues does Katie Novak explore in *Let Them Thrive* and how are they relevant to your life?
2. Feedback is a tremendously important part of UDL. Since we are reading this book, you can probably guess that we support this philosophy in our classroom/school/district. Based on the author's explanation of Universal Design for Learning, what do you think you may like to see changed in this classroom/school/district?
3. The author talks a lot about student variability. How did her explanation change how you personally see your child in the classroom environment?
4. Let's talk a bit about love languages. What love language does your child use and what are some ways you think we can help your child appreciate their own successes?
5. It's a very hard thing to watch your child struggle, but as Katie Novak explains, struggle is essential to the learning process. As parents, we may need to use some of our own coping mechanisms to help us get through watching the struggle and letting our children learn from them. Can you share your thoughts on how you might accomplish this?
6. How did the author's explanation of regulations and standards help you understand what teachers are up against? Is there anything you think you can do to help support teachers better?