

Hey Joe,

I was struggling to lose weight, so I searched for someone that doesn't give that basic generic advice, and luckily I found your video "This is BIGGEST Reason Why You Are Struggling to Lose Weight/Fat", and I was inspired by your authenticity, some improvements you could do according to your fitness program.

As much as viewers appreciate your intimacy, I noticed that you don't drive much traffic to your fitness website, which means that even if people visit and don't buy anything right away, they're likely to forget about you soon afterward.

That's why I'd love to build up a power list that will give leverage to your business, My mission will be to distract, intrigue, and bring people's attention to YOU!

welcome email for my prepared email sequence

Yo it's Jeff delivering your E-Book

Before I give you the E-Book...

Listen up.

I figured out the cheat code to getting girls early on...

It wasn't great genetics...

Or taking an interest in her hobbies...

So what is it? What's the secret to getting girls?

Well it's an aesthetic body. A physique thats lean and muscular, that has the V taper, sexy 6 pack abs, bicep vein...

Let me show you what's worked super well with me the last 8 years.

"Men learn from their mistakes. Wise men learn from the mistakes of others"

I've made lots of mistakes that I'll teach you about, so you can avoid them. That means you're literally gonna see progress in your body transformation faster by opening these emails from me.

An aesthetic body truly is the cheat code to get girls.

It makes everything so much easier.

You'll catch more and more girls staring at you from across the room.

You can't help but feel more confident in yourself.

It's pretty hard NOT to see life-changing benefits of building an impressive physique.

So stick around the next few emails, I've got plenty more secrets to share.

Here's the promised e-book:

[click here to get the free e-book](#)

Tomorrow I'm gonna give you a PDF guide in the next email (exactly 24 hours after you received this one). The PDF "How to Build a Habit of Working Out" will help you get in the gym AT LEAST 1 more day per week.

Have a nice day,

Jeff

I also have a doc ready with a lot of good title ideas that will maximize your views

I'm down to hear what your thoughts are about that sample, so feel free to shoot me a message.

Have a nice day

All the best

Damin