



LET THE GAMES BEGIN!

2025

Dear Winsor Hill School Family,

It's time for the Kids Heart Challenge! Winsor Hill School is partnering with the American Heart Association to build healthier lives free from cardiovascular diseases and stroke. The Kids Heart Challenge is a community service opportunity designed to help students learn about the importance of making healthy choices to take care of their hearts. Students will also help improve the health and hearts of others by collecting donations in support of the American Heart Association and its research, education and advocacy work right here in Rhode Island and across the country. Our efforts truly make a difference and help save lives. The kids are our HEART HEROES!!

The Kids Heart Challenge will take place during Health Education classes on February 10th and February 14th. All students in grades 1 through 5 will join in heart healthy activities during our program. We are thankful for your participation. Our school is proud to help the American Heart Association as they are supporting our community in many ways. We understand every family may not be able to donate, however, all students will enjoy and learn from the heart healthy educational experiences that will be shared during our program. If your family would like to help with a donation, please use the envelope provided. Please also consider using the American Heart Association's online donation program. Follow these step-by-step directions. You will be able to reach out to friends and family via email or social media to support this cause.

To get started: Go to www.heart.org/KHC - Register to participate! IT'S FREE & ALL STUDENTS THAT REGISTER WILL RECEIVE A THANK YOU GIFT!

(*You may also use your mobile device. Visit your Mobile App store and search: Kids Heart Challenge to download the free app!)

1. Scroll down to "Find Your Student's School. Select your State and type Winsor in the search box.
2. Click the "Search" button and see "Results Matching Your School's Name." Be sure it is in Johnston, RI!
3. Click the "Sign Up" button located under your school's name.
4. Log In – Did you have an account last year? Click "Yes – Log In" or "No – I'm New"
5. If you are "New" - Set your fundraising goal and donate if you wish. Click "Next" and follow the directions to Create a Profile. Click Next and you will be in your student's webpage.
6. Start **Finn's Mission** to begin fundraising and to participate in heart healthy experiences. You are now ready to email family and friends or send personalized e-cards. You may ask for help with donations and encourage others to join you in a Heart Healthy Challenge to Move More and Be Kind.

Please, complete your fundraising no later than February 24, 2024~ the first day back after February vacation. Online donations through your child's webpage are encouraged. Check donations made out to the AMERICAN HEART ASSOCIATION can be submitted using the check scanning option found in the Kids Heart Challenge App. Donation envelopes should be returned to Mrs. Parillo & Mr. Lord. Thank you for your support of this fun and worthy event!

Sincerely,
Mrs. Parillo & Mr. Lord
Health Education teachers



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