National Suicide and Crisis Lifeline - **Available 24/7/365 -** Call or Text **988**

Counseling & MENTAL HEALTH EMERGENCIES **Mobile Crisis Response: 517-346-8008** Accept children & adult clients with: Medicaid, No Insurance & Private Insurance	
Community Mental Health (517) 346-8460 (800) 372-8460 Hearing Impaired: (800) 649-3777	**2900 Stabler Street** **Lansing, MI**

COUNSELING SERVICES	SUPPORT GROUPS/ OTHER FAMILY RESOURCES
Ingham Community Health Centers – Behavioral Health Services Willow Health Center (Ages 5-21) 517-702-3500 Cedar Pediatrics (Ages 0-18) 517-272-4177 School-based services available at: Pattengill, Sexton, Everett, Eastern, Gardner	**Ele's Place – Grief and Loss for Children & Teens** 1145 W. Oakland Avenue Lansing MI 48915 517-482-1315 *In person & virtual groups available*
Child and Family Charities (517) 882-4000 or 800-301-7566 **8:30am-7pm M-Th** **8:30am-5pm F** 4287 Five Oaks Drive Lansing, MI 48911	**2SLGBTQIA+ Youth Social Space** Salus Center 408 S Washington Square (Ages 14-19) Email: info@saluscenter.org to sign up or drop in Meets every 1st & 3rd Tuesday 3:30 - 5:30 pm
MSU Couple and Family Therapy Clinic 138 Service Road East Lansing MI 48824 517-432-2272	**Cristo Rey** **517-372-4700** Clothing, diapers, food (48906 zip), health services, personal needs, anger management for adults 18+
MSU Psychological Clinic 316 Physics Road East Lansing, MI 48824 517-355-9564	**EVE (End Violent Encounters)** Shelter, counseling, support services 517-372-5572 Online chat: https://www.eveinc.org/
Outpatient Behavioral Health Clinic - University of Michigan - Sparrow UofMHealthSparrow.Org	

NATIONAL CRISIS LINES

National Eating Disorder Association Hotline	**1-800-931-2237**
National Poison Control	**1-800-222-1222**
National Teen Dating Abuse Helpline	**1-866-331-9474**
State of Michigan Sexual Violence Hotline https://mcedsv.sexual-violence-hotline-chat/	**1-855-864-2374 (call)** **1-866-238-1454 (text)**
State of Michigan Domestic Violence Hotline https://mcedsv.org/hotline-domestic-violence/	**1-866-864-2338 (call)** **1-877-861-0222 (text)**
Suicide and Crisis Lifeline www.suicidepreventionlifeline.org	call / text **988**
The Trevor Lifeline (Suicide Prevention for LGBTQ+ Youth) www.thetrevorproject.org	**1-866-488-7386**
Veteran's Suicide Prevention Lifeline	**1-800-273-TALK,** Press 1