

Pasta Salad with Avocado Dressing

<http://cakebatterandbowl.com>

Ingredients:

- 1 pound whole wheat fusilli pasta
- 1 15-ounce can black beans, drained and rinsed
- 3 cups cooked corn
- 2 cups chopped roasted red peppers
- 1 pint grape tomatoes, halved
- 1 small red onion, finely chopped
- 2 avocados, halved, pitted, and peeled
- 1 6-ounce container plain nonfat Greek yogurt
- 1 garlic clove, minced
- Juice of one lime
- 1 teaspoon salt

Directions:

Prepare pasta according to package directions, drain, cool, and place in a large bowl along with the black beans, corn, red peppers, tomatoes, and red onion; mix well.

Place avocados, Greek yogurt, garlic, lime juice, and salt in a food processor and pulse for 1 to 2 minutes or until smooth. Pour dressing over pasta and mix well. Serve cold or at room temperature. Makes 12 servings.