

Middle School Health Scope and Sequence

Curriculum Lesson	Lesson Details	Grade
7th Grade Lessons	Getting Started, Lesson 1, 2,3,4,11,13	7th
8th Grade Lessons	Getting Started, Puberty Review, Lesson 5,6,7,8,9,10, 12	8th
Getting Started	Getting Started Introduction Discussing Embarrassing Topics Group Agreements The Sexual Health of Teens Lesson Wrap-Up and Pre-Test	7th and 8th
Supplemental Lesson	Puberty Review Puberty Supplemental Lesson (password: MS-2018) Puberty Review Slides (password: HS-2018)	7th
1	Understanding Change Introduction Sexual Development of the Female Body Sexual Development of the Male Body Gender Role and Sexual Orientation Lesson Wrap-Up	7th
2	Exploring Friendships Introduction Friendship Liking vs Loving Planning an Activity Lesson Wrap Up	7th
3	Bullying and Abuse Introduction Bullying Consent Protecting Yourself Lesson Wrap-Up	7th

4	Human Trafficking Introduction Human Trafficking Sex Trafficking What would you Do Resources and Services Lesson Wrap-Up	7th
Getting Started	Getting Started Introduction Discussing Embarrassing Topics Group Agreements The Sexual Health of Teens Lesson Wrap-Up and Pre-Test	8th
Supplemental Lesson	Puberty Review Puberty Supplemental Lesson (password: MS-2018) Puberty Review Slides (password: HS-2018)	8th
5	Preventing an Unplanned Pregnancy Introduction Family Planning Assessing Contraception How do you do Abstinence? Lesson Wrap-Up	8th
6	Teen Pregnancy: Choices and Responsibilities Introduction Prenatal Care and Parenting Additional Alternatives (Surrender, Adoption, Abortion) Decision-Making Lesson Wrap-Up	8th
7	Myths and Stereotypes about HIV Infection Introduction Persons Infected/Affected by HIV Imaging Loss Lesson Wrap-Up	8th
8	The HIV/AIDS Epidemic Introduction HIV/AIDS Epidemic HIV Transmission Stop and Think The Treatment of HIV Disease Lesson Wrap-Up	8th

9	Preventing Sexually Transmitted Infections Introduction Overview of Sexually Transmitted Infection STIs Worksheet STI Testing Lesson Wrap-up	8th
10	Recognizing and Reducing Risks Introduction Red Light/Green Light Activity Universal Precautions Latex Condoms Sexual Abstinence Lesson Wrap-Up	8th
11	Peer and Media Pressure Introduction Media and Peer Pressures Assertiveness Skills Practice Personal Escape Plans Lesson Wrap-Up	7th
12	HIV/STI Testing and Community Resources Introduction How Viruses are Spread Testing and Community Resources Lesson Wrap-Up	8th
13	Goal Setting Introduction The Path to Personal Goals Setting Goals for the Future Personal Contracts Lesson Wrap-Up and Post-Test	7th