



Wales Girls' League Rules 2025

Rules and Playing Regulations

Produced by the Wales Women & Girls Development Team

Updated 10/4/25

Preamble – all matches are to be played according to the MCC laws for Cricket unless a variance is detailed below. Particular note should also be taken of the section on 'The Spirit of Cricket'. Women & Girls cricket in Wales prides itself on our attitude to fair play, an opportunity for all to partake and a positive attitude throughout. To promote those foundations, it is important that a robust set of rules is created and followed across all the competing teams.

Please keep in mind that these rules have been designed to both ensure continuity in a competition that relies upon self-officiating and to govern a competition that is intended to increase participation for keen cricketers at a particular level in our region. We are all responsible for upholding these rules and ensuring both their relevance and purpose. **It is essential that players play in leagues and competitions appropriate to their ability.** Your Club's commitment to this is vital and greatly appreciated.

We encourage gaining experience of cricket in many forms and anyone can play as part of their club's hardball or softball cricket team. When making squad decisions, clubs are asked to consider carefully the suitability of the players.

These rules will be reviewed, updated and amended as required on a regular basis.

Notes:

- All girls' leagues to be Managed and Run by Cricket Wales Women & Girls Development Officers
- For any agreed fixture changes clubs will need to notify your local W&G Officer to update play cricket.

Under 10 Girls' Softball

1. The age limit shall be under 10 years of age, on the 1st September prior to the operable playing season (School year 5 and below)
2. The Laws of Cricket will apply, with the following exceptions:
 - a) Matches shall consist of one innings per side.
 - b) Games should be scored on the 'countdown cricket app' and results uploaded to play cricket.
 - c) Each innings shall be of 40 balls duration.
 - d) Teams will consist of 8 players. (Minimum of 6 players constitutes a game)
 - e) Players bat in pairs of 10 balls per pair
 - f) Maximum of 5 balls per bowler – e.g. everyone must bowl.
 - g) Bowlers encouraged to bowl overarm however underarm bowling is ok.
 - h) If the ball bounces more than twice (or more than once if underarm) or if it a full toss above the batter's waist then a no ball will be called.
 - i) 2 runs will be added for any 'No Ball' or 'Wide' however no extra ball should be bowled
 - j) Runs are scored in the normal way, 5 runs will be deducted for each wicket lost, however there are no LBW's
 - k) No fielder other than the wicket keeper allowed to field within 10 yards of the batter on strike.
 - l) Pitch length is 17 yards (likely to be on the outfield)
 - m) Maximum boundary length of 30 yards from each set of stumps.
 - n) Youth size 'Windball' to be used.
 - o) Kwik or Inter cricket stumps to be used.
 - p) Kwik/Inter or normal bats can be used. (No wooden bats)
 - q) Fixtures will be arranged to maximise games for those clubs who enter.
 - r) Matches will be played on Sundays

Under 12 Girls' Softball/Incrediball

1. The age limit shall be under 12 years of age, on the 1st September prior to the operable playing season (School year 7 and below)
2. The Laws of Cricket will apply, with the following exceptions:
 - a) Matches shall consist of one innings per side.
 - b) Games should be scored on the 'countdown cricket app' or 'play cricket. Results uploaded to play cricket if countdown app used.
 - c) Each innings shall be of 16 overs duration. (8 or 12 over games will also be feasible)
 - d) Teams will consist of 8 players (Minimum of 6 players constitutes a game)
 - e) Players bat in pairs of 4 overs per pair
 - f) Maximum of 3 overs per bowler – e.g. Minimum 6 bowlers
 - g) Wicket Keepers can bowl
 - h) Bowlers must bowl overarm
 - i) If the ball bounces more than once or if it a full toss above the batter's waist then a no ball will be called.
 - j) 2 runs will be added for any 'No Ball' or 'Wide' however no extra ball should be bowled.
 - k) Runs are scored in the normal way, 5 runs will be deducted for each wicket lost, however there are no LBW's
 - l) No fielder other than the wicket keeper allowed to field within 10 yards of the batter on strike.
 - m) Pitch length is 17 yards
 - n) Maximum boundary length of 30 yards from each set of stumps.
 - o) Youth size 'Windball' to be used if playing softball / Youth size incrediball used if playing incrediball (provided by home club)
 - p) Fixtures will be arranged to maximise games for those clubs who enter.

Under 12 Girls' Hardball

1. The age limit shall be under 12 years of age, on the 1st September prior to the operable playing season (School year 7 and below)

2. The Laws of Cricket will apply, with the following exceptions:

- a) Matches shall consist of one innings per side.
- b) Each team shall comprise of 8 players (minimum 7 players constitutes a game) otherwise the match cannot go ahead as a League fixture, and the match will be conceded to the opposition but can be played as a friendly.
- c) All games should be scored on play cricket or a scorecard uploaded to play cricket after the match.
- d) Each innings shall be of 16 overs duration.
- e) A minimum of six players on the fielding side must bowl with the exception of the wicket keeper. No player shall bowl more than 3 overs in a match. Failure by clubs to comply with this rule will result in the award of the match to the opposing team.
- f) Each home club must provide a 4.75oz pink match cricket ball in good condition, for each match.
- g) The pitch must be 19 yards in length.
- h) The batting side shall be divided into pairs. Each pair shall bat for 4 overs. Pairs shall change at the end of the 4th, 8th and 12th overs.
- i) If a team is ready to play the match with one player short, then the junior organiser of the other team shall nominate the batsman who will bat the final 4 overs. The other batsman making up the pair shall act solely as a runner.
- j) Batters shall have unlimited "lives" but each "life" shall be recorded as a wicket lost. A batter losing a life shall not receive the next delivery.
- k) Each team shall commence its innings with a score of 200 runs. Five runs shall be deducted from a team's overall score for each wicket lost.
- l) In all matches no fielder, except the wicket-keeper, shall be allowed to field nearer than 11 yards, measured from the middle stump, except behind the wicket on the offside.
- m) In accordance with the laws of the game a substitute shall be allowed to take the place of an injured player. Such substitute shall only act as a non-striker whilst his

team is batting (in such circumstances the “live” batsman shall receive the strike continuously). Such substitute shall only act as a fielder whilst his team is fielding. Any over(s) which would have been bowled by the injured player shall be shared between the other 6 fielders without exceeding their allocation.

- n) Two runs, along with any other runs scored, will be awarded for all wide balls called by the umpire, and no extra ball allowed except in the final over of the innings when the normal Laws of Cricket will apply.
- o) Two runs, along with any runs scored, will be awarded for all ‘No Balls’ called by the Umpire, and no extra ball allowed except in the final over of the innings when the normal Laws of Cricket will apply.
- p) Ball bouncing more than once or rolling along the ground - 'The umpire at the bowler's end shall call and signal “No Ball”, and 2 runs awarded to the batting team
- q) No player may bowl and keep wicket in the same match, except where the wicketkeeper is injured and has to leave the field.
- r) Each club will be entered into a league system and will play other teams in the League.
- s) In the event of inclement weather or adverse ground conditions causing cancellation or abandonment of a match, 5 points will be awarded to both sides.
- t) In the event of inclement weather or adverse ground conditions, the home side must notify the opposition's junior organiser, at least one hour before the scheduled commencement of play.

Under 14 Girls' Hardball

1. The age limit shall be under 14 years of age, on the 1st September prior to the operable playing season (School year 9 and below)
2. The Laws of Cricket will apply, with the following exceptions:
 - a) Matches shall consist of one innings per side.
 - b) Each team shall comprise of 8 players (minimum 7 players constitutes a game) otherwise the match cannot go ahead as a League fixture, and the match will be conceded to the opposition but can be played as a friendly.
 - c) All games should be scored on play cricket or a scorecard uploaded to play cricket after the match.
 - d) Each innings shall be of 16 overs duration.
 - e) A minimum of six players on the fielding side must bowl with the exception of the wicket keeper. No player shall bowl more than 4 overs in a match. Failure by clubs to comply with this rule will result in the award of the match to the opposing team.
 - f) Each home club must provide a 5oz pink cricket ball in good condition, for each match.
 - g) The pitch must be 19 yards in length.
 - h) Batters shall retire once passed 30 runs and can return once the remaining batters have been dismissed
 - i) In all matches no fielder, except the wicket-keeper, shall be allowed to field nearer than 11 yards, measured from the middle stump, except behind the wicket on the offside.
 - j) In accordance with the laws of the game a substitute shall be allowed to take the place of an injured player. Such substitute shall only act as a non-striker whilst his team is batting (in such circumstances the "live" batsman shall receive the strike continuously). Such substitute shall only act as a fielder whilst his team is fielding. Any over(s) which would have been bowled by the injured player shall be shared between the other 6 fielders without exceeding their allocation.
 - k) One run, along with any other runs scored, will be awarded for all wide balls called by the umpire, and extra ball bowled

- l) One run, along with any runs scored, will be awarded for all 'No Balls' called by the Umpire, and an extra ball bowled. Free Hit will apply
- m) Ball bouncing more than once or rolling along the ground - 'The umpire at the bowler's end shall call and signal "No Ball", and 1 run awarded to the batting team
- n) No player may bowl and keep wicket in the same match, except where the wicketkeeper is injured and has to leave the field.
- o) Each club will be entered into a league system and will play other teams in the League.
- p) In the event of inclement weather or adverse ground conditions causing cancellation or abandonment of a match, 5 points will be awarded to both sides.
- q) In the event of inclement weather or adverse ground conditions, the home side must notify the opposition's junior organiser, at least one hour before the scheduled commencement of play.

Under 16 Girls' Hardball

1. The age limit shall be under 16 years of age, on the 1st September prior to the operable playing season.
2. The Laws of Cricket will apply, with the following exceptions:
 - a) Matches shall consist of one innings per side.
 - b) Each team shall comprise of 8 players (minimum 7 players constitutes a game) otherwise the match cannot go ahead as a League fixture, and the match will be conceded to the opposition but can be played as a friendly.
 - c) Each innings shall be of 20 overs
 - d) All games should be scored on play cricket or a scorecard uploaded to play cricket after the match.
 - e) A minimum of six players on the fielding side must bowl with the exception of the wicket keeper. No player shall bowl more than 4 overs in a match. Failure by clubs to comply with this rule will result in the award of the match to the opposing team.
 - f) Each home club must provide a 5oz pink Match cricket ball in good condition, for each match.
 - g) The pitch must be 22 yards in length.
 - h) Batters shall retire once passed 50 runs and can return once the remaining batters have been dismissed
 - i) In all matches no fielder, except the wicket-keeper, shall be allowed to field nearer than 11 yards, measured from the middle stump, except behind the wicket on the offside.
 - j) In accordance with the laws of the game a substitute shall be allowed to take the place of an injured player. Such substitute shall only act as a non-striker whilst his team is batting (in such circumstances the "live" batsman shall receive the strike continuously). Such substitute shall only act as a fielder whilst his team is fielding. Any over(s) which would have been bowled by the injured player shall be shared between the other 6 fielders without exceeding their allocation.
 - k) One run, along with any other runs scored, will be awarded for all wide balls called by the umpire, and an extra ball bowled
 - l) One run, along with any runs scored, will be awarded for all 'No Balls' called by the Umpire, and an extra ball bowled and free hit.

- m) No player may bowl and keep wicket in the same match, except where the wicketkeeper is injured and has to leave the field.
- n) Each club will be entered into a league system and will play other teams in the League..
- o) In the event of inclement weather or adverse ground conditions causing cancellation or abandonment of a match, 5 points will be awarded to both sides.
- p) In the event of inclement weather or adverse ground conditions, the home side must notify the opposition's junior organiser, at least one hour before the scheduled commencement of play.

Points Scoring (Hardball Leagues Only)

The winning team shall be the side scoring the higher number of runs:

RESULT	POINTS
Win	10
Tie	5 each
Abandoned	5 each
Loss	0
Cancellation	5 each
Conceded	-5 to conceding side 10 to opposition –

Bonus Points will be based on gross runs and scored as follows:

U12 Hardball (Pairs)

- Batting 1 point for every 25 runs (max 5)
- Bowling 1 point for every 2 wickets taken - (2,4,6,8,10) (max 5)

U14 & U16 Hardball

- Batting 1 point for every 25 runs (max 5)

When Team batting 2nd and achieve the target which restricts additional bonus points

Wickets Left	Bonus Points
1	0
2	1
3	2
4	3
5	4
6	5
7	5

- Bowling

Wickets Taken	Points
2	1
4	2
5	3
6	4
7	5

Disciplinary Procedure

1. Cricket Wales adopts the ECB Recreational Conduct Regulations (RCR), which cover both on- and off-field offences
2. The Umpires (where applicable) will fully apply the provisions of the Laws of Cricket (2017 Code – 3 rd Edition) including Law 42
3. In addition, the umpires inform captain(s) at the end of the match that they are making a report.
4. The offending player and his/her captain are on report.
5. The umpires write their report using the ECB pro forma and indicate their view whether the offence is Level 1/2/3 or 4 or a breach of another Law or Laws.
6. The report is to be submitted to the Competition Organiser within 48 hours of the conclusion of the match.
7. The RCR procedure will be followed subject to such amendments as the Competition Organiser shall determine

Disciplinary Offences as set out in Law 42

Level 1

- Wilfully mistreating any part of the cricket ground, equipment or implements used in the match
- Showing dissent at an umpire's decision by word or action
- Using language that , in the circumstances, is obscene, offensive or insulting
- Making an obscene gesture
- Appealing excessively
- Advancing towards an umpire in an aggressive manner when appealing
- Any other misconduct, the nature of which is, in the opinion of the umpires, equivalent to a Level 1 offence

Level 2

- Showing serious dissent at an umpire's decision by word or action
- Making inappropriate and deliberate physical conduct with another player
- Throwing the ball at a player, umpire or another person in an inappropriate and dangerous manner
- Using language or gesture to another player, umpire, team official or spectator that, in the circumstances, is obscene or of a seriously insulting nature
- Any other misconduct, the nature of which is, in the opinion of the umpires, equivalent to a Level 2 offence

Level 3

- Intimidating an umpire by language or gesture
- Threatening to assault a player or any other person except an umpire

Level 4 • Threatening to assault an umpire • Making inappropriate and deliberate physical contact with an umpire • Physically assaulting any other person • Committing any other act of violence

Further Disciplinary Offences

The following will be treated as Law 42 Level 3 offences:

- Using language or gestures that offend, insult, humiliate, intimidate, threaten, disparage or vilify another person on the basis of that person's race, religion, sexual orientation, colour, descent or national or ethnic origin
- The deliberate bowling of any dangerous and unfair non-pitching delivery contrary to Law 41.7

The following will be treated as a Law 42 Level 4 offence:

- Using language or gestures that seriously offend, insult, humiliate, intimidate, threaten, disparage or vilify another person on the basis of that person's race, religion, sexual orientation, colour, descent or national or ethnic origin

Disciplinary Penalties

The Disciplinary Committee may:

1. In the case of a player

- a Require the player to submit appropriate letter(s) of apology within a specified time**
- b Record a reprimand and to give a warning as to future conduct**
- c Impose a fine**
- d Suspend the player for one or more matches, or for a stated period of time**

2. In the case of a club:-

- a Require the club to submit appropriate letter(s) of apology within a specified time**
- b Record a reprimand and to give a warning as to future conduct**
- c Impose a fine #**

3. As a broad guide, the penalties for the Levels of offence are likely to be

- a Level 1: One match ban for a first offence.**
- b Level 2: Two match ban for a first offence**
- c Level 3: Six match ban for a first offence.**
- d Level 4: Ten match ban for a first offence**
- e Further offences within 24 months are likely to lead to lengthier bans**

4. Factors taken into account

- a Whether the accused player/club has pleaded guilty**
- b The player's previous disciplinary record**
- c The club's previous disciplinary record**
- d Whether the player is also the captain**

Contact List

Club	Name	Email Address	Age Groups
Ammanford	Emma Williams	emma@ewfl.co.uk	U12 Hardball
Briton Ferry Steel	Karen Hughes	karenhughes70@icloud.com	U10 Softball; U16 Hardball
Bronwydd	Steve Phillips	nantyrannen4@icloud.com	U10 Softball; U12 Development
Carmarthen Wanderers	Carl Holding	carl.holding@cricketwales.org.uk	U10 Softball, U12 Hardball, U12 Hardball, U14 Hardball
Clydach	Chris Donne	chrisdonne23@gmail.com	U14 Hardball
Cresselly	Stef Jenkins	Sjenx13@hotmail.com	U12 Development
Gowerton	Dean Mason	dbmason@btinternet.com	U10 Softball, U12 Development, U12 Hardball, U14 Hardball
Haverfordwest	Daniel Field	danielfield24@yahoo.com	U12 Development
Kidwelly Town	Angharad Rees	angharadsianrees@hotmail.co.uk	U10 Softball
Llandeilo	Harri Lloyd Davies	harrilloyddavies@gmail.com	U12 Development
Llangennech	Ben Holding	baholding10@gmail.com	U10 Softball, U12 Development, U12 Hardball
Mumbles	Nicola Harris	nicolaharris615@gmail.com	U12 Development, U16 Hardball
Narberth	Ceri Davies	ceridavies14@gmail.com	U10 Softball, U12 Development
Neath	Andrew Shaddick	andrewshaddick@hotmail.com	U16 Hardball
Pontarddulais	Karen Thomas	glanffrwd14@gmail.com	U12 Hardball, U14 Hardball
Port Talbot Town	Mark Cox	mark.cox@glamorgancricket.co.uk	U10 Softball, U16 Hardball
St Ishmaels	Lauren Sutton	laurensutton@outlook.com	U12 Development
Whitland	Alys John	alys2624@gmail.com	U12 Development
Ynystawe	Shana Thomas	shana.r.thomas@swansea.ac.uk	U12 Development

Club	Name	Email Address	Age Groups
Abercynon			U10 Softball
Aberdare	Mike Scarf	mikescarf@hotmail.co.uk	U12 Development
Abergavenny	Jon Matthews	jonnymatt70@gmail.com	U10 Softball, U12 Hardball, U14 Hardball, U16 Hardball
Blackwood	Sara Wilkinson	sazwel@hotmail.com	U10 Softball, U12 Development
Blackwood	Sam James-Palmer	sjamespalmer7@gmail.com	
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Cardiff	Ali Waldron	alistair@awcricketcoaching.com	U10 Softball, U14 Hardball, U16 Harcball
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Croesyceiliog	Paul Richards	pajrichards09@outlook.com	U10 Softball, U12 Hardball
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Lisvane	Alex Ewins	alex.ewins@gmail.com	U10 Softball
Llanarth	Chris Page	chris77page@aol.com	U10 Softball
Llandaff	Adnan Haddadi	adnan_haddadi@hotmail.co.uk	U10 Softball, U16 hardball
Malpas	Mel Arlett	melissa_arlett@outlook.com	U10 Softball
Miskin Manor	Gemma Hughes	gemmalouiseharding@hotmail.co.uk	U10 Softball, U12 Development
Mountain Ash			U10 Softball
Newbridge	Michelle Lord	michellelord79@hotmail.co.uk	U10 Softball
Newport	Mike Knight	mike.knight2@ntlworld.com	U12 Hardball, U14 Hardball
Newport Fugitives	Mike Butler	mi12butler@hotmail.com	U12 Hardball, U14 Hardball
Panteg	Erin Roberts	erinjoanneroberts@gmail.com	U10 Softball, U12 Development
Penarth	Rhodri Evans	rhodri.m.evans@gmail.com	U14 Hardball, U16 Hardball
Pentyrch	Hywel John	stuarthyweljohn@hotmail.com	U10 Softball, U14 Hardball, U16 Harcball
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Porthcawl	Mark Dixon	mark.dixon@cricketwales.org.uk	U10 Softball, U12 Development
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Sudbrook	Lucinda Lund	lucindalund@hotmail.co.uk	U12 Development
Usk	Neil Perrett	neil.perrett22@btinternet.com	U14 Hardball, U16 Hardball
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Whitchurch Heath			U12 Development