

UOctober Classic Camp: Massage Sign Up Sheet

For any questions, call/text Katie at 530-908-8366

Massage open to all spellers and family members. Limit 1 per person.

SATURDAY		
Time	First & Last Name	Cell Phone
3:00 - 3:15 pm - Outback Field	Riley Allbright	951-836-0660
3:30 - 3:45 pm - Outback Field	Tammy Kroll	858-361-9626
3:55 - 4:10 pm - Outback Field	Precious Reese	630-745-7655
4:20 - 4:35 pm - Outback Field	Lamar Reese	773-886-6310
4:45 - 5:00 pm - Outback Field	Denise skinner	
SUNDAY		
Time	First & Last Name	Cell Phone
11:30 - 11:45 am - Emerson Field	Annie Shen	9493102360
12:00 - 12:30 pm - Emerson Field	*SUPPORT THE SUPPORTERS CLASS*	

SUPPORT THE SUPPORTERS CLASS

This is a self-care class open to all caregivers and siblings.
Support your own regulation through group sharing, guided movement, and breathwork.

Camp Activity Schedule

Subject to play.

FRIDAY

11:00 Family Check-In at Idyllwild Pines Main Entrance

11:00-1:00 - Settle In & Eat Snack Packs at Cabins

1:00-1:45 Walking Tour Around Camp (From Main Entrance) or Alternative (at Emerson Field)

1:45-3:15 Boomer Ball & Hill Slide at Emerson Field

3:30-4:15 Small Group Activity 1 around Gilboa Hall*

Kids Group: Art Project w/ Kate & Intentional Motor Workout Stations w/ Erin
Teens Group: Music Session w/ Michelle
Adults 1 Group: Improv Games w/ Jake
Adults 2 Group: Design Your Own Letter Board w/ Julie
4:15-5:00 Small Group Activity 2 around Gilboa Hall*
Kids Group: Music Session w/ Michelle
Teens Group: Art Project w/ Kate & Intentional Motor Workout Stations w/ Erin
Adults 1 Group: Design Your Own Letter Board w/ Julie
Adults 2 Group: Improv Games w/ Jake
5:00-6:00 Dinner in Dining Hall (Steak)
6:15-7:30 Campfire Activities at Schlenz Amphitheater: Truth & A Fib, Interactive Storytelling, Music, & S'mores

SATURDAY

9:00-10:00 Breakfast in Dining Hall (Pancakes)
10:15-11:00 Small Group Activity 3 around Gilboa Hall*
Kids Group: Improv Games w/ Jake
Teens Group: Design Your Own Letter Board w/ Julie
Adults 1 Group: Music Session w/ Michelle
Adults 2 Group: Art Project w/ Kate & Intentional Motor Workout Stations w/ Erin
11:00-11:45 Small Group Activity 4 around Gilboa Hall*
Kids Group: Design Your Own Letter Board w/ Julie
Teens Group: Improv Games w/ Jake
Adults 1 Group: Art Project w/ Kate & Intentional Motor Workout Stations w/ Erin
Adults 2 Group: Music Session w/ Michelle
11:45-12:15 Self-Paced Games around Gilboa Hall
12:30-1:30 Lunch in Dining Hall (Burgers)
2:00-5:30 Big Swing, Music & Games at Outback Field
5:30-6:30 Dinner in Dining Hall (Spaghetti)
6:45-7:30 Campfire Activities: Camper Sharing, Songs, & S'mores

SUNDAY

9:00-10:00 Breakfast in Dining Hall (French Toast)
10:15-11:15 Q&A w/ Spelling Mentor Jake at Gilboa Hall
11:30-12:00 Human Foosball or 9-Square at Emerson Field
12:00-1:00 Disc Golf, Big Jenga, Games & Hill Slide at Emerson Field
1:00-2:00 Lunch in Dining Hall (Carne Tots)