

# Dr. Darren Weissman - Mind Medicine to Ignite Your Highest Potential

## What You'll Discover in These 7 Modules

In this 7-part transformational intensive, Dr. Weissman will guide you through the specific steps required to deconstruct your subconsciously driven ego and reconstruct your true essence that is the still, quiet voice underneath ALL the chatter!

This course will feature teachings, training sessions, and experiential practices with Dr. Weissman. Each session will build harmoniously upon the previous ones, so you'll develop a complete holistic understanding of the practices, tools, and principles you'll need to create Mind Medicine and step into your peak human potential.

### Module 1: Awaken the Pharmacy Within



We are miraculous beings and we live in an interactive reality whose architect is the subconscious mind. Those repressed, subconscious parts of ourselves often cause disease in the body... and creating a loving and compassionate connection with those parts can sometimes feel like a herculean feat.

**Mind Medicine begins by viewing the symptoms and stressors** in your life and world as *portals* rather than problems. It begins by perceiving the pain, fear, and stress of life as happening *for* rather than *to* you. When you establish this perspective, you begin to appreciate and discover that the point of complete darkness is the beginning of light.

In this module, you'll take the first steps toward mind mastery by discovering:

- The key factor for *shifting* stress chemicals in the body into **resilience and growth factors for healing**

- 4 steps for **owning your power** and being the **driver of your mind**
- **Conscious observation** as a tool for activating the healing properties of your subconscious mind
- **The “Truth Question”** that can help you shift the toxicity of judgment into discernment and infinite potential
- A 30- to 45-minute **Mind Medicine** exercise to unpack and explore these concepts more deeply

## Module 2: Your Body’s Language Is Emotion



Quantum physics has revolutionized our understanding of the mechanics of the world, revealing that the entire universe is made of one thing — energy. The field of energy that connects all of creation is a container, a bridge, and a mirror for the beliefs we hold.

The patterns of your thoughts and feelings are mirrored in the beat of your heart, the depth of your breath, the health of your immune system, and the flow of your hormones.

In this module, Darren will share the See Feel Hear process as an integral aspect of Mind Medicine technology. It's designed to help you access and assimilate hidden emotional patterns, so you can **harness the power of your emotions to work for you instead of against you**... and evolve into the person you've always longed — and are truly destined — to be.

In this module, you'll begin practicing emotional alchemy through:

- **The Power of Infinite Love and Gratitude** — a universal healing frequency for creating Mind Medicine
- The art and science of **Muscle Reflex Testing**, a direct way to bypass your conscious awareness and connect directly with your subconscious mind
- The 3 stages we pass through to **achieve optimal health and thriving relationships**
- The See Feel Hear process to **transform toxic emotions into Mind Medicine**
- A 30- to 45-minute exercise to explore these concepts more deeply

## Module 3: Words That Heal the Present, Past & Future



When you change the way you view things, the things you view begin to change.

— **Wayne Dyer**

When harnessed and aligned with your heart's desire and higher self, the reactive patterns of your subconscious mind hold the power to create, manifest, and design a bullet-proof immune system, dynamic loving intimate relationships, and peak human potential.

Learning to view your mind-body as a feedback system versus a fight or a failure opens you up to participating in a subconscious dialogue. **Love is the only choice.** *Fear is a reaction.* Once engaged in a divine dialogue with your subconscious mind, you can begin to lead your mind rather than be driven by emotionally charged reactive memories.

In this module, you'll learn how to engage the moment with the infinite power of love, and:

- **Use declarative statements** to create a harmonic convergence between the present, past, and future
- **Raise the consciousness of activation words** that hypnotize our minds and hijack our hearts
- Travel to a **Conscious Mind Portal** to raise your consciousness
- **Learn the reason our past repeats itself** and shuts us off to the future
- Experience a 30- to 45-minute affirmation exercise to explore these concepts more deeply

## Module 4: Observe Yourself Healthy & Whole



**What we focus on grows.** The Observer Effect in quantum physics helps us appreciate how intimately and intricately connected we are. Whatever the actual mechanism — mirror neurons, entrainment, conditioning — *it's impossible to deny that the body is the communication channel between the subconscious and conscious minds.*

Did you know there's a health indicator built right into our bodies? The greatest diagnostic and healing tool ever designed lies right in the center of our chest. Beating in tune with the resonant frequency of the Earth herself, your heart is far more than a muscle that pumps blood through your circulatory system. *It is a doorway of desire and passion, presence and purpose.*

In this module, you will unleash wellness throughout your entire being through:

- The **use of conscious observation** to align your body with your heart's desire
- A **Walk and Breathe exercise** to integrate the right and left hemispheres of the brain and manifest emotion at the point where energy becomes matter
- A **Conscious Body Portal** used to raise the consciousness of your physical body to the present moment
- A 30- to 45-minute affirmation exercise to explore these concepts more deeply

## **Module 5: Evolve Your Mind, Change Your Life**



When our hearts and our minds are aligned, we enter a state of inner harmony and keenness known as Mind Medicine. We become superconscious. Vision and hearing improve, the mind is clear, and reaction time becomes razor sharp. We feel **fluid, strong, and at peace**. We perceive ourselves with confidence, beauty, and intelligence. In the zone of Mind Medicine, it's the powerful heart, not the mind, that's leading the show.

Attuned to the inner voice via the quantum field, you're also able to receive information from others. While in a superconscious state, your chakras align and expand, primary and secondary acupuncture meridians coordinate, and deep states of intuition emerge.

In this heightened consciousness, you open yourself to receiving and broadcasting information to, from, and with the quantum field. You sense things we're typically are not able to access, by developing abilities such as ESP (extrasensory perception) and **ISP (intrasensory perception) — the often-overlooked key to traditional “enlightenment.”**

In this module, you'll discover the inner YOU-niverse that is your birthright, and you'll explore:

- How to **activate your greatest epigenetic potential** through your 5 senses and beyond
- The use of the **5 Element Theory of Chinese Medicine** for evolving beliefs into knowing
- **Processing neuropeptides**, the molecules of emotions, to exponentially increase your emotional intelligence
- **Emotionally charged memories** that have become a lens, filter, and gravity of misperception
- **Past-life trauma** living in your present-day DNA
- A 30- to 45-minute Core Limiting Belief exercise to explore these concepts more deeply

## **Module 6: Not Just a Virus of the Body; a Virus of the Mind**



**Thought Virus behavior patterns** are programs that infiltrate the mind. They're initially attracted to a host as a means of subconscious protection, called a Spirit Protection Reflex (SPR).

Rather than being “bad” or “wrong,” however, Thought Viruses begin as Band-Aids that protect the conscious mind from what it's unable to perceive in the present moment: equality, self-value, love, safety, justice, nurturance, spirituality. They represent **shocking patterns of loss and trauma stuck on autopilot**. However, they also hold a powerful potential for health and healing. *Once they're harmonized with heart-based intention*, the emotional immune system creates a natural immunity. Love becomes self-evident. What once was lost is now found.

In this module, you'll discover essential energetic self-care treatments that eradicate self-defeating thought forms, and you'll explore:

- How **Trigger Thought Viruses** hijack our senses
- How **Limiting Thought Viruses** keep us stuck and struggling in patterns of low self-esteem
- The insidious nature of the **Gemini Thought Viruses** that cause you to feel one way, but express yourself differently
- How **Killer Thought Viruses** are completely self-destructive programs
- How each of these viruses is an *evolutionary doorway* for going viral with Infinite Love & Gratitude
- A 30- to 45-minute Thought Virus exercise to explore these concepts more deeply

## **Module 7: Every Moment Is a Miracle Waiting to Happen**





**The process of healing is a spiritual journey** — the evolutionary path to awakening your spirit. So make it fun! Just remember: at the moment you choose to OWN your power and to *feel*, you've already succeeded. The key is to imagine yourself healed.

When we rest is when we restore. However, when there's trauma — and there's plenty of trauma — *the direction your eyes are gazing in at the moment of trauma gets locked out of that particular Rapid Eye Movement (REM) cycle*. As a result, **our short-term emotional memory signals are not processed into long-term emotional memory banks**. The consequence of not processing and integrating our emotions during REM sleep is we don't grow, heal, change, or evolve. *The consequence is if we're not growing or changing, we're dying.*

**With the use of Muscle Reflex Testing**, you can discover the specific eye gazes that are locked out of REMs. Processing these REM patterns will not only help integrate buried, perpetually repeating emotional patterning, it will also improve your short- and long-term memory, create new neural networks for healing and manifesting, and awaken you to deeper dream states of Divine Consciousness.

In this closing class, you'll unlock the door to the miracle in every present moment, and explore:

- **How to improve your memory** through synthetic REM patterns
- **T+1 for installing intentional programs** for healing, intimacy, and abundance
- How to **transform a trauma/drama attractor field** into one of your heart's desires and passions
- A 30- to 45-minute REM exercise to explore these concepts more deeply

## **The Mind Medicine Bonus Collection**

In addition to Dr. Weissman's transformative 7-part virtual course, you'll receive these powerful training sessions. These bonus sessions complement the course and promise to take your understanding and practice to an even deeper level.

## **Manifestation Meditation**

### ***Video Meditation From Dr. Darren Weissman***



The keys to manifestation are meditation and emotion. Don't let anyone tell you different. Manifestation is about managing your own vibration — your own energetic signature — which is ALWAYS pulling in its perfect vibrational match.

What's your dream and passion in life? Sit back, close your eyes... allow your mind and heart to expand and your energy form to heal, grow, and flow. Awaken your dreams and passions from within and broadcast them out to an ultimately benevolent creative universe.

As you'll discover in this powerful meditation, your attractor field is calling you to breathe into the next greatest version of yourself.

## **Importance of the 9 Rules for Mastering the Game of Life**

### ***Video Teaching With PDF Companion From Dr. Darren Weissman***





Every game has rules! It is so important — and a *natural* part of growth — to really take on mastering the game of life. These rules that Darren shares here can help you look at yourself and others in a strategic, compassionate, and hopeful way that gives you the confidence to *lean into living!*

During times of stress and struggle, these rules will empower you to recognize and remember your eternal and divine essence. They'll empower you to be gentle and compassionate during rough and painful times. With these rules, you'll be reminded of the power you have to create change and find meaning, even when life seems unfair and uncertain.

## **The Manifestation System**

### ***Video Teaching From Dr. Darren Weissman***



You have the ability to manifest any life you want! And did you know there is a solid, replicable system for doing so? Darren will share with you all you need to know to develop a clear vision fueled by a passionate, *feeling* heart and the *courage* to take action. This video dives into the philosophy and science of the five specific steps of manifestation: Presence, Observation, Discernment, Intention, Imagination... and out of the splash of imaginative expression emerges Presence... and the creative cycle begins anew!