

Rhiannon, 25, Co. Roscommon.

I think the soul remains in more of a liminal sense, as a form of energy, then death changes the way this energy is expressed. It disperses and imprints on the surroundings, hospitals, graveyards and places like these have a certain atmosphere or 'energy' that you can feel. I think this is the souls that have stayed after death affecting the living environment.

There is a field that we don't go into where I live, we call it the Island field.

When I was younger, as a dare I ventured in. As I moved towards the island in the middle of this field, the marshy ground felt as if something was waiting to try and pull me under. The ground seemed to breathe beneath me and I was scared that something might reach up and catch my ankle stopping me from leaving. Everything around me felt wrong, like the air was colder, the green of the grass wasn't as vibrant and it was eerily quiet. No rustling of leaves, no birds overhead, no sign of life, only the quiet; like the land itself forbade my presence.

Em, 22, Sligo

I think the souls remain trapped in their place of death, if they died before their time.

One time when I was younger I took a private night time tour of Kilmainham Gaol. My friends dad was a groundskeeper there and took us in one night to walk around. You could feel the uneasy energy in the air. Feel the cold more in certain places, as he gave us the history of each area we went, you could feel the air shift where there was more pain and death. You could really feel it standing in the cells. Feel each person, their stories, families. Almost like they were whispering it in your ear...

Anyways, needless to say I never went back.