

Jean Robison

Write From the Heart

Newsletter #1, August 2025



On the three-day stretch of July 22, 23, and 24, Jim and I make the short trek to Narragansett, RI, to honor our son Andrew Ryan Weglinski, who died on July 23, 2020. This past Sunday,, we returned for a one-day visit, and I went boogie boarding at Scarborough Beach at the end of the day.

Boogie Board Therapy

August 11, 2025

I'm revved up and loving the view as the water lifts me up into the air, and I ride high as a Queen of the Wave before it crescendoes down into the foamy shore where I skim the surface, fast as a locomotive. Rather than a triumphant finish, I am inevitably pushed off my board by an impishly small but headstrong side-wave that rolls me onto the wet sand. I jump back up, pretend I am Ms. Posiedon, hoist my candy-red board up in the air with both arms in triumph, and thrash my way back out into the waves with big steps to ride again.

Scarborough Beach reminds me of the beaches of Southern California back in the sixties with its old-style changing rooms and open-air gazebos with benches for shade. I take a break from the boogie board to lie down on a soft blanket under the big blue sky, friendly sun, and wispy clouds, with the insistent, beckoning sound of waves taking up space in my head instead of the usual clutter.

The sun and the ocean are endlessly healing for living a life with Grief, my ever-changing yet always-just-around-the corner-companion. We take a slow walk on the surf's edge followed by coffee-heathbar-crunch ice-cream cones at Point Judith, where we sit on large, flat rocks and watch the ferry - just like my feelings - glide in and glide out.



My Website and Links:

Portfolio and Website: View a collection of my short works::

<https://www.jeanrobisonwriter.com/>

Directory, Bird & Bear Collective: <https://www.birdandbearcollective.com/directory>

Profile for local bookstores:

 Jean's Author Profile

Upcoming Events: :

Author Talk at Bird and Bear Collective, Saturday, October 25, 2:00 - 3:30 - I am happy to be presenting and discussing my book *Deer, Dragonfly, and Cardinal*. After the presentation, I will happily autograph and sell my book to any who wish to purchase one.

<https://www.birdandbearcollective.com/events/author-event-jane-robison>

Holliston Local Author Expo 2025, Saturday, Nov. 8 - 6 - 9:00 pm. I have been invited to a local author's panel at the Holliston Library! There will be a panel of seven authors from the Boston and metro area, and after each author discusses their book for ten minutes or so, the mingling begins as well as the selling and autographing of books. Click here to see all the authors who are participating!

<https://hollistonlibrary.assabetinteractive.com/calendar/second-annual-local-author-expo/>

FYI: There are a few ways to purchase my memoir, *Deer, Dragonfly and Cardinal*:

1. Purchase a paperback copy from Barnes and Noble for \$14.95, and it will be shipped directly to your home. If you prefer digital, you can buy an iPad or computer-friendly copy of the back for \$9.95.

[Deer, Dragonfly, & Cardinal - Barnes and Noble](#) This supports Barnes and Noble as a publisher for independent writers like myself.

2. You can **Venmo** me at Jean Robison@WritefromtheHeart (use a space between Jean and Robison) or @JeanWeglinski, or even my phone #: 508-648-2957. Venmo sales work best for me if we are going to see each other face to face!

3. You can purchase a copy at The Bird & Bear Collective, Holliston, MA
<https://www.birdandbearcollective.com/>; in store or at the Author Talk.

Thank you

for taking the time to read my first newsletter as I move towards a life as a writer, author, presenter, and creative writing teacher. The goal of my newsletter is to:

- Stay in touch with readers, writers, old friends, new friends, and family
- Post a monthly blog in an accessible format that is comfortable for me and hopefully for you, too.
- Take a purposeful break from social media and the hovering spectre of AI
- Feel safe posting my thoughts knowing my newsletter is going out to a known and specific audience
- Have a central place to post announcements and upcoming events!

Email me at jeanlouiserobison@gmail.com for a monthly subscription to my newsletter and to share your thoughts, quotations, book recommendations, or other contributions for September's newsletter!

COMMENTS CORNER:

Q: What are you reading right now?

A Very Punchable Face by Colin Jost. Hilarious! Great family stories of growing up in Staten Island and chronicles of his career toughness as a writer working at SNL, with crazy escapades with fellow comedians. I'm listening to the audiotape; I love his voice. ~ JR