

The Fifth Sunday after Pentecost Sunday 23 June 2024



The Cathedral Church of St. Luke in the Episcopal Diocese of Maine and the City of Portland

Whoever you are, and wherever you may be on the journey of the spirit, The Episcopal Church welcomes you.

Holy Eucharist, Rite II
10:00AM in the Nave & Livestreamed

Welcome to St. Luke's Cathedral!

We are a faith community with ancient worship and modern thought, catholic traditions and progressive theology. We proclaim a Biblical perspective for thinking people, a respect for reason, science, and a diversity of perspective. This empowers compassion and care for both the wider community and one another. Our commitment to welcome and inclusion is central to our mission modeled on the Kingdom of God and proclaimed by Jesus Christ. We are part of the 1.7 million-member **Episcopal Church** in the United States, and the 85-million-member worldwide **Anglican Communion**.



New to St. Luke's? We are delighted to welcome you to the cathedral and are grateful for your presence with us today. We invite you to fill out our visitor's register at either entrance of the cathedral nave.

Our Mission: St. Luke's welcomes every person to share in the Episcopal Church's mission "to restore all people to unity with God and each other in Jesus Christ." As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. St. Luke's first service was held on Christmas Day in 1868, and continues over 150 years of reaching out to the city and people of Portland.

How we worship: Throughout the bulletin, the congregation is invited to say all **bolded** text aloud, and to sing all music printed in the order of service. There are also times when it is customary to make the sign of the cross by touching your forehead, chest, left shoulder, and right shoulder. If you wish to do so, the + indicates that. Instructions for how to receive communion are provided later in the bulletin, at that point in the liturgy.

Where are the restrooms? There are four restrooms in the parish house, the wing perpendicular to the church, accessible through the doors at the left of the front of the church. There are Men's Room and Women's Room across the large room at the top of the ramp: walk straight across, through the double doors and to your left. On the lower level, there are two accessible, single-stall (non-gender) restrooms, one on either end of the large room. If you need help finding them, please ask an usher.

Worship Resources: Except where otherwise indicated, all spoken texts used in worship are from *The Book of Common Prayer* (1979). And, except where otherwise indicated, all music not in the public domain is reprinted and streamed with permission under OneLicense.net #A-713087 and/or RiteSong.

Sunday parking for St. Luke's: Off-street parking is available in two locations for those attending Sunday services: our lot adjacent to the Parish Hall, accessed from Park St.; and the Cumberland Club's (Spring Street between Park & High Sts.). We are grateful to the Cumberland Club for sharing their space with us (except on Easter and Mother's Day). In addition, limited handicap parking is available in the traffic circle in the State Street churchyard.

St. Luke's Territorial Acknowledgement

St Luke's acknowledges that we are worshiping on "unceded territory taken by force and previously occupied by the **Wabanaki people**." (Amended City Charter, Portland, Maine). Some of the resources that built this cathedral came from industry related to the slave trade in the Eighteenth and Nineteenth Centuries. We join our fellow residents in honoring the Wabanaki knowledge and culture that continues to thrive in the Tribal Nations. We ask for Blessing and Peace upon all indigenous peoples that have called, and always will call, this place—"The Dawnland"—HOME.

We invite you to pray this morning for... members of our parish family

Sarah Braik, Muffie Fernald, The Reverend Anne Fowler, Garrison Murrell, Stan Kuziel, The Reverend Samuel Henderson, Nancy Beebe & family, Terry Foster, Marlene Cordes

members of our extended parish family

Kelvin Worthley (father of the Reverend Christopher Worthley), Michael Jones (cousin of Anna Messmer), Denise Dunlay (sister-in-law of Steve Belanger), Liz and Elmer Paul (friends of the Rev. Rebecca Grant), Anne Gilbert (friend of Betsey Bodor), Vickie Ferguson (friend of Terry Foster), Marcelo (friend of Judd Hume), John Siler (father of Jenny Siler), Jasmine (Godmother of Rita Siavelis), Vicki and Pat Miele (friends of Peter and Connie Bingham), Colleen Baker (sister of Irv Paradis)

Words of Welcome

The Reverend George Stevens, Interim Dean

The Word of God

When the tower bell rings, please stand as you are able. The people are encouraged to sing all music printed in the bulletin.



The Hymnal 1982 - #688 "A mighty fortress is our God"
Words: Martin Luther (1483-1546); tr. Frederick Henry Hedge (1805-1890); based on Psalm 46
Music: Ein feste Burg, 87. 87. 66. 66. 7, melody Martin Luther (1483-1546); harm. Johann Sebastian Bach (1685-1750)

The Opening Acclamation

Celebrant + Alleluia. Christ is risen!

People Christ is risen indeed. Alleluia!

The Collect for Purity

People Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. Amen.



The Hymnal 1982, Service Music - #S-278 "Glory to God in the highest" (Gloria in excelsis) Music: William Mathias (1934-1992), Copyright © 1976 Oxford University Press

Celebrant May God be with you. **People** And also with you.

Celebrant Let us pray.

Collect of the Day

Celebrant

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen.

Please sit.

First Reading

Job 38:1-11

Reader

A reading from the thirty eighth chapter of Job.

The LORD answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. "Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? "Or who shut in the sea with doors when it burst out from the womb?— when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, "Thus far shall you come, and no farther, and here shall your proud waves be stopped'?"

Reader The Word of the Lord. **People** Thanks be to God.

Psalm 107.1-3, 23-32 at the Gradual

The Cantor introduces the refrain, which all then repeat together.

The Cantor sings the verses, with the people joining in singing the refrain where indicated.



We give you thanks, O God, for you are good; your mercy endures for ever.

Let all those whom you have redeemed proclaim that you redeemed them from the hand of the foe.

You gathered them out of the lands; from the east and from the west, from the north and from the south. Refrain

Some went down to the sea in ships and plied their trade in deep waters;

They beheld your works, O God, and your wonders in the deep. Refrain

Then you spoke, and a stormy wind arose, which tossed high the waves of the sea.

They mounted up to the heavens and fell back to the depths; their hearts melted because of their peril. Refrain

They reeled and staggered like drunkards and were at their wits' end.

Then they cried to you in their trouble, and you delivered them from their distress. Refrain

You stilled the storm to a whisper and quieted the waves of the sea.

Then were they glad because of the calm, and you brought them to the harbor they were bound for. Refrain

The Refrain is v. 31.

Let them exalt you in the congregation of the people and praise you in the council of the elders. Refrain

tr. The Saint Helena Psalter, Copyright © The Order of Saint Helena.
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Antiphon text by Howard E. Galley, Jr. © Albert Rockenstein, all rights reserved.

Music: Plainsong V.1

Second Reading

2 Corinthians 6:1-13

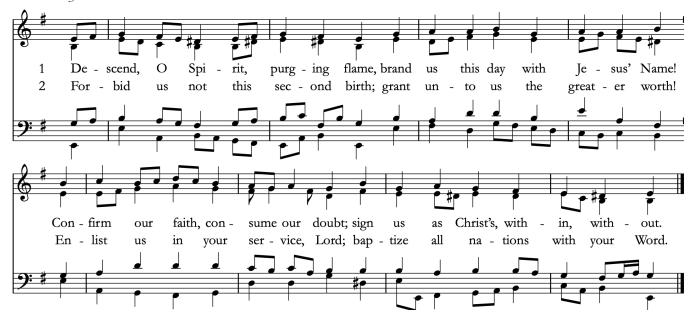
Reader A reading from the sixth chapter of Paul's second letter to the Corinthians.

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying,

and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children-- open wide your hearts also.

Reader The Word of the Lord. **People** Thanks be to God.

Please stand as you are able.



The Hymnal 1982 – #297 "Descend, O Spirit, purging flame" Words: Scott Francis Brenner (1903-1991),

alt. Reprinted and used from *The Worship Book* — *Services and Hymns*,

Copyright © 1972, The Westminster Press

Music: Erhalt uns Herr, LM, melody from Geistliche Lieder, 1543; harm. Johann Sebastian Bach (1685-1750)

At the + below, you are invited to trace crosses over your forehead, your mouth, and your heart.

+ The Holy Gospel of our Savior Jesus Christ according to Mark.

People Glory to you, O Christ.

Gospel *Mark* 4:35-41

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

Deacon The Gospel of our Savior.

People Praise to you, O Christ.

Please sit.

Sermon

The Reverend George Stevens, Interim Dean

The Nicene Creed from Enriching our Worship

People We believe in one God,

the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made,

of one Being with the Father;

through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father,

who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

+ and the life of the world to come. Amen.

The Prayers of the People Form

Leader In peace, let us pray to God, saying, "Lord, have mercy."

For the holy Church of God, remembering especially Our Lady of the Evergreens, Harborside; All Saints Chapel, Orr's Island; that it may be filled with truth and love, and be found without fault at

the day of your coming, we pray to you, O Lord.

People Lord, have mercy.

Leader For Michael our Presiding Bishop, for Thomas our own Bishop, for all bishops and other ministers,

and for all the holy people of God, we pray to you, O Lord.

People Lord, have mercy.

Leader For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may

be one as you and the Father are one, we pray to you, O Lord.

People Lord, have mercy.

Leader For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the

earth, we pray to you, O Lord.

People Lord, have mercy.

Leader Remembering especially Ukraine, Sudan and Gaza, and all places torn by war and violence we pray

for the peace of the world, that a spirit of respect and forbearance may grow among nations and

peoples, we pray to you, O Lord.

People Lord, have mercy.

Leader For those in positions of public trust, remembering especially Joseph, our President; Janet, our

Governor; Mark, our Mayor; and all members of local, state, and national government; that they may serve with justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People Lord, have mercy.

Leader For the poor, the persecuted, the sick, especially those in recovery, and all who suffer; for refugees,

prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O

Lord.

People Lord, have mercy.

Leader For this congregation that we may be delivered from hardness of heart, and show forth your glory in

all that we do, we pray to you, O Lord.

People Lord, have mercy.

Leader For all who have commended themselves to our prayers; for our families, friends, and neighbors;

that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

The Leader reads the names from the parish prayer list, printed on the inside cover of your bulletin.

During the silence that follows, you are invited to add names, silently or aloud.

For all who have + died in the communion of your Church, remembering especially Theodore Munneke, who died this week; and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you,

O Lord.

People Lord, have mercy.

Leader Rejoicing in the fellowship of blessed Luke and all the saints, let us commend ourselves, and one

another, and all our life to Christ our God.

People Lord, have mercy.

Concluding Collect

Celebrant O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look

with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls,

and to you we give glory, now and forever.

People Amen.

Confession of Sin

Deacon Let us confess our sins against God and our neighbor.

People Most merciful God,

we confess that we have sinned against you in thought, word, and deed,

by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us;

that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant May Almighty God have + mercy on you, forgive you all your sins through our Savior Jesus Christ,

strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

The Peace

Celebrant The peace of Christ be always with you.

People And also with you.

The People may greet one another in the name of God. Afterward, please sit.

Announcements

The Holy Communion

Celebrant

Walk in love, as Christ loved us and gave himself for us, as an offering and sacrifice to God.



A free will offering in support of the mission and ministry of the Cathedral is taken at this time.

All quarters in the offering plate go to support lunches for the school children in Duny, Haïti.

Online giving is available at <stlukesportland.org/give/>; or scan the QR at left.

Aria at the Offertory Curtis Maurand, tenor

Jesus, Refuge of the weary, blest Redeemer, whom we love,
Fountain in life's desert dreary, Savior from the world above,
oh, how oft thine eyes, offended, gaze upon the sinner's falllyet, upon the cross extended,
thou didst bear the pain of all.

Jesus, may our hearts be burning with more fervent love for thee!

May our eyes be ever turning to thy cross of agony
till in glory, parted never from the blessed Savior's side,
graven in our hearts forever dwell the cross, the Crucified!

Words: Girolamo Savonarola (1452-1498)

Music: mel. Christian Knorr von Rosenroth (1636 – 1689); harm. Johann Sebastian Bach (1685-1750)

Please stand as you are able



The Hymnal 1982 - #411 "O bless the Lord, my soul"

Words: James Montgomery (1771-1854); para. of Psalm 103:1-5

Music: St. Thomas (Williams), SM, melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872)

Celebrant May God be with you.

People And also with you.

Celebrant Lift up your hearts.

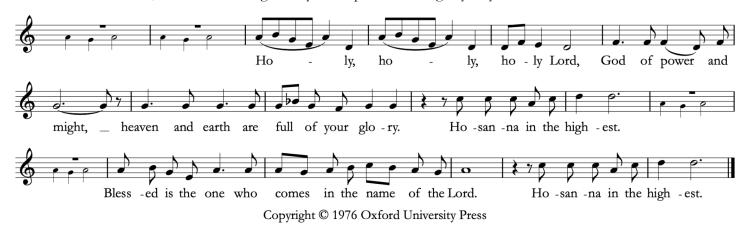
People We lift them to our God.

Celebrant Let us give thanks to God.

People It is right to give God thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Savior.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



The Hymnal 1982, Service Music – #S-128 "Holy, holy, holy Lord" (Sanctus), Music: William Mathias (1934-1992), Copyright © 1976 Oxford University Press

Please stand or kneel as you are able.

Celebrant

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God

People We remember his death,

We proclaim his resurrection, We await his coming in glory.

Celebrant And we offer our sacrifice of praise and thanksgiving to you, O Creator of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his

sacrifice, that we may be acceptable through him, being + sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Luke and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Celebrant By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours,

Almighty God, now and for ever.

People AMEN.

Celebrant As our Savior Christ has taught us, we are bold to say,

People Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

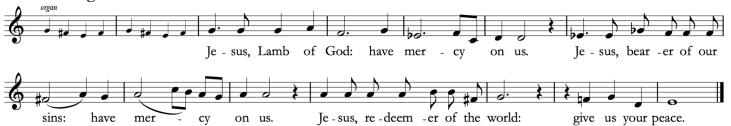
Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread



The Hymnal 1982, Service Music – #S-165 "Jesus, Lamb of God" (Agnus Dei), Music: William Mathias (1934-1992), Copyright © 1976 Oxford University

feed on

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion of the People

All are welcome to receive Holy Communion. As the Iona Community says, "Come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been here in a long time; you who have tried to follow Jesus and you who have failed. Come. It is Christ who invites us to meet him here."

Ushers will assist you to approach by the center and return by the side aisles. You are welcome to receive the bread and/or the wine when presented; we believe that the divine presence is fully present in both the bread and the wine, and you may refuse either. For example, you may choose to receive only the bread, and then walk away; or, if you would like, you may touch the chalice with your hand, and not actually consume any wine. If you would like to receive the blessing of the Church, but not communion, indicate to the clergy by crossing your arms when approached. If you are not able to come forward, please motion to an usher, and communion will be brought to you. Per Diocesan guidelines, the cathedral does not practice intinction (dipping the bread into the wine) at this time.

Prayers of Healing are offered in All Saints Chapel (to the right of the kneeling rail). Members of the prayer team will assist you in offering prayer of healing for yourself or a loved one.



The Hymnal 1982 – #309 "O Food to pilgrims given" Words: Latin, 1661; tr. John Athelstan Laurie Riley (1858-1945), alt. Music: O Welt, ich muss dich lassen, 776. D, present form of melody att. Heinrich Isaac (1450?-1517), alt.; harm. Johann Sebastian Bach (1685-1750)

Please stand as you are able.

Postcommunion Prayer

Celebrant Let us pray.

People Eternal God,

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood.

Send us now into the world in peace,

and grant us strength and courage to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen.

The Blessing

Henri Frederic Amiel (1821-1881)

Celebrant

Life is short, and we do not have much time to gladden the hearts of those who travel with us, so be quick to love and make haste to be kind. And may the blessing of God who made us, and who loves us, and who travels with us, be with you this day and forevermore.

People Amen.



The Hymnal 1982 – #334 "Praise the Lord, rise up rejoicing" Words: Howard Charles Adie Gaunt (b. 1902), alt.

Music: Alles ist an Gottes Segen, 887. 887, melody att Johann Balthasar Konig (1691-1758), alt.; harm. Johann Lobner (1645-1705), after chorale ver. Johann Sebastian Bach (1685-1750)

Deacon Go in peace to love and serve our God.

People Thanks be to God.

Postlude

Fuga sopra il Magnifcat, BWV 733

Music: Johann Sebastian Bach (1685-1750)

The Altar Flowers are given this morning in loving memory of Darrell Jennings Doughty

Service Participants

Preacher & Celebrant The Reverend George Stevens, Interim Dean

Assisting The Reverend Rebecca Grant, Deacon

Music Leader & Organist Harold Stover, Guest Cathedral Musician

Cantor & Tenor Soloist Curtis Maurand

Verger Louisa Radtke-Rowe

Crucifer Alec Thorne

Ushers Peter Bingham, Chester Bishop, Melissa Coy, Susan McCuller

Reader Judd Hume

Prayer Leader Stephanie Merrill

Live Streaming Jack Swanton, Sam Allen
The Healing Team Sara Schmalz, Peter Carleton

Eucharistic Ministers Joseph deKay, Caleb Ireland

Contributing Ministries Acolytes, Vergers, Flower Guild, Altar Guild, Kneeler Guild

HAPPENING TODAY

Welcome This Morning's Guest Musicians

Harold Stover is a native of Latrobe PA and a graduate of the Juilliard School in New York. In addition to having served parishes in New York and Portland, his career an organ recitalist includes appearances on most major New York series, at Westminster Abbey in London, the National Cathedral in Washington, Harvard and Princeton Universities, and thirteen appearances on Pipedreams, the nationally syndicated radio program of organ music broadcast locally on Maine Public Classical. He directs the Portland-based chorus Renaissance Voices, teaches at the Portland Conservatory of Music, and is Organist and Director of Music at the Episcopal summer chapel of St. Peter's by-the-Sea in Cape Neddick, who have graciously allowed him to substitute for Canon Clough today.

Curtis Maurand has been singing in the tenor section of the cathedral choir since 2001. Curtis attributes his music growth to singing at St. Luke's with fellow world-class musicians. He is deeply committed and grateful to the St. Luke's music program for being such an intricate part of his life. Curtis serves as the cathedral sexton. He is also a member of the Portland based a cappella chorus, Renaissance Voices.

Notes from Today's Guest Organist: This morning's music is largely by Johann Sebastian Bach in conjunction with the Bach Virtuoso Festival's residency at St. Luke's. The prelude is an untitled movement from Bach's Pastorella ("Pastorale") that features a soulful melody played a solo stop set against pulsating repeated chords. The offertory solo is from a collection of sacred melodies published in Leipzig in 1736 for which Bach supplied accompaniments, and today's opening, sequence, communion, and closing hymns are from the more than 300 Lutheran chorales that he harmonized. We usually associate his hymn-based organ works with those sturdy chorales, but Gregorian chants were also a part of the Lutheran service and Bach occasionally used them as the basis for organ compositions. The service closes with his Fugue on the Magnificent, based on the Gregorian tonus peregrinus that was traditionally used to chant the Magnificat at vespers. Bach begins by surrounding the tones of the chant with rich counterpoint in the organ manuals and concludes by sounding it out in long notes in the organ pedals.

A Conversation with Emily Keniston, *Director of Faith Formation* on Sunday June 23rd: Please join us in the Upper Hall following the 10:00AM service for a conversation with Emily Keniston, Director of Faith Formation from the *Episcopal Diocese of Maine*. Emily will talk with us about the work of life-long Christian Formation and how it connects with the mission of the Cathedral. The discussion will also be livestreamed on Zoom at https://tinyurl.com/faithformationtalk>

Coffee Hour: Please join us after the 10AM service for fellowship and refreshments in the Upper Hall, through the doors to the left of the altar. All are welcome. Interested in hosting? This important part of our parish life provides us with a time for connection. Hosting is fun and easy; it requires only bringing in a baked good and brewing coffee. Please consider volunteering; a lot of gratitude comes with it. Thank you! Check the hosting schedule by visiting http://tinyurl.com/coffeeatstlukes, and choose a date, then contact Meredith Cough meredith.cough@gmail.com.

5:15PM Sunday worship: You are most welcome to join us this evening for Eucharist in Emmanuel Chapel.

UPCOMING

Sign-Up for Phase II Educational Sessions and Phase III Small Groups: Sessions Begin Tomorrow!

In a communication sent by the Reverend George Stevens on June 7th, all members of the cathedral community are invited and encouraged to sign-up for upcoming Phase II Educational sessions and Phase III Small groups on Zoom with Susan Czolgosz of WorkLife Consulting. Times and sign-up links are available in the email communication and online.

If you are unable to sign-up for sessions at home, we will have access to the sign-up pages for both Phase II and III available at coffee hours via the cathedral laptop. A member of our team would be glad to assist you. If you need help or clarification with this process, please contact our parish administrator Avery Levesque-Schott for assistance via email <office@cathedralofstluke.org> or phone (207)-772-5434.

Phase II

The Phase II Educational Sessions will commence on Monday June 24th. The Educational Sessions are additional times to the initial meetings held in May. Phase II workshops are designed to equip members in conflict mediation, caring communication skills and structured dialogue. They will introduce the idea of interest-based conflict, address the root causes of our congregational conflict, and will teach us how to avoid pitfalls in the future. This phase of our conflict transformation process seeks to build rapport and trust within our community. If you attended one of the earlier Phase II Educational Sessions in May and would like to participate again, you are welcome to do so. We ask that you please be courteous and allow all members of the community an opportunity to participate.

Phase III

Phase III of the conflict transformation process is the small group experience. Phase III will commence on Monday June 24th. It is a two-hour commitment. Groups of no larger than 8 individuals will gather to create an intentional listening community. The pre-requisite for participation in the small groups is attendance in the Phase II workshops. This is mandatory. If you have not yet participated in a Phase II Education Session, there are sign-ups available. The small group experience at its core is an opportunity for healing and reconciliation.

In Person' Sessions

For both Phase II and Phase III sessions, we will offer specific sessions which are 'in person only'. For these meetings participants will gather in the Chapter Room at the cathedral, and join a singular Zoom call to connect with Susan. If you sign-up for this type of meeting, you must attend in person.

Departure of the Reverend Suzanne Roberts, Associate Priest, effective June 30th: After a long and fruitful ministry with St. Luke's, to thank Suzanne for her dedicated care to our community, worship on Sunday 30 June will include a Rite of Leave-Taking followed by a festive reception, in which we will offer our blessings for the next chapter of her ministry. If you would like to participate in preparations for the celebration, contact <office@cathedralofstluke.org>.

Bach Virtuosi Festival: Performances Running until June 25: The Bach Virtuosi Festival, founded by violinist Lewis Kaplan, offers residents and visitors of southern Maine a world-class concert series (June 19-25, 2024) for lovers of the baroque repertoire. BVF has been well-received by the public, the press, and the artists themselves from its outset in 2016. The artists are world renowned musicians, musicologists, and professors who play Bach and his contemporaries with brilliance, love and integrity. To learn more about this year's festival, to purchase tickets, and to learn about the artists visit https://bachvirtuosifestival.org/.

Pick-Up Choir—Sing for One, Two or Three!: On the last Sundays of June (30th), July (28th), and August (25th), music director Christian Clough will offer one-off choir opportunities for anyone interested. Please gather in the choir room at 8:45AM to learn a very simple anthem to be sung during that morning's 10 AM liturgy. Come as you are—ALL ages welcome, no prior singing experience necessary, no robes required, no processions to worry about—to enrich our summer worship. Questions? Contact: Christian <cclough@cathedralofstluke.org>

Summer at Camp Bishopswood: Spaces remain for a variety of upcoming camps! "Camp Bishopswood has been owned and operated as an arm of the Episcopal Diocese of Maine since the early 1960's. Located on the shores of Lake Megunticook near Camden, Maine, Bishopswood is a beautiful, picture-perfect slice of God's creation – ideal for a children's summer camp!"

Opportunities This Summer Include:

- Youth Camp for children 8-16: Campers can do 1 week or multiple week sessions
- Mini-Camp for ages 6-8
- Summer Finale: September 13-15: A weekend multigenerational summer camp experience for people of all ages.

To view dates, camp offerings, register for camp, learn more, or to support the camp, visit Bishopswood's webpage at <www.bishopswood.org>

IN MEMORIAM

Nancy Allen Celebration of Life Service: The family St. Luke's parishioner, Nancy Allen, invites members of the congregation to attend a service in celebration of Nancy's life on June 29th at Gilsland Farm. Those in attendance are encouraged to bring along a memory or story about Nancy to share. The service will be livestreamed and a link will be shared at a later time closer to the service. Please see the details below for details regarding time and location.

Date and Time: Saturday, June 29 from 11:00AM to 2:00PM

Location: Gilsland Farm - Maine Audubon Society
Address: 20 Gilsland Farm Road Falmouth, ME 04105

Weather and Attire: Rain or shine, casual attire

ONGOING OPPORTUNITIES & COMMUNITY RESOURCES

Eco Tips from the Public Policy and Environmental Action Team: With the beginning of summer following the solstice on Thursday, PPEAT offers the following eco tips to "green" your summer activities:

- 1.Plan a staycation by finding interesting and enjoyable activities in your local area. This activity will support local organizations and diminish the use of fossil fuels used in cars or planes.
- 2. Have "green" picnics by packing food in reusable containers. Bring cloth napkins as well as reusable plates and utensils. Remember the reusable water bottle! These steps will help reduce waste and protect the environment.
- 3. Plan sustainable reading through e-books or audio books. If you prefer a physical book, borrow from your local library or swap books with friends.
- 4. Harvest rainwater by investing in a rain barrel and use the stored water on plants.
- 5. This is a wonderful time to frequent farmer's markets where you can find delicious fresh produce and support local farmers.

To learn more about PPPEAT visit <stlukesportland.org/faith-in-action/#PPEAT>

An Update from St. Elizabeth's Essentials Pantry: Diaper supplies are getting low at St. Elizabeth Essentials Pantry, especially size 3. Please consider adding diapers to your grocery list this week and leave in the blue box at the Park Street entrance. We are very appreciative of your continuing donations of kitchen ware and linens. Questions? Contact Byrd Wood at <jacknbyrd@gmail.com>

The Healing Team will be offering prayers of healing on the following Sundays. The healing prayers will be offered during and/or after communion in the small chapel to the right of the communion rail

June 23, 2024 June 30, 2024 July 7, 2024

Sara Schmalz, Peter Carleton Mary Strnad, Peter Carleton Sara Schmalz, Judd Hume

Join the Kneelers Guild and Prayer Shawl Knitters: Every Tuesday 2:30–4:30_{PM} in the Upper Hall. Everyone is welcome, whether you are curious or want to begin. Kneeler kits cost \$75, which include directions, yarn, needles & canvas. Novices are welcome; we will teach you as needed. Prayer Shawls: 20" x 60"; select your yarn & needles. Coffee & tea are available.

Volunteer to serve on the Altar Guild: We love volunteering on the Altar Guild, and think you would, too! Volunteering with Altar Guild is fun and rewarding. Together, we can work to enable our congregation to engage in worship that is filled with order, beauty, peace, and tranquility. Contact: Kate Leschey cleschey@gmail.com or Rita Siavelis ritasiav@hotmail.com

Join Luke's Garden LGBTQIA+ Group: Luke's Garden is the cathedral's LGBTQIA+ group which meets every 2nd Sunday of the month following coffee hour. All are welcome! For more information contact Orion Williams <eowilliams98@gmail.com> or visit <stlukesportland.org/spiritual-growth/#lukesgarden>

Join the Young and the Restless, St. Luke's 20s-30s-year-old ministry, an active group at CSL, which also gets together outside of the church. Join us as we hike, ice-skate, play trivia, or just enjoy each other's company! If you

are new to us, welcome! We meet 6-8PM each Tuesday at Maine Beer Company in Freeport for trivia. Other events happen sporadically throughout the month, though trivia is a wonderful opportunity to meet us, if you're joining us for the first time. Contact: Shana Rose <shanaro931@gmail.com>

The Biblical Study Group will be on vacation until 1 September. When we resume, we will meet Sundays 8:00-10:00_{AM}. Our ongoing theme is discovering the nature and meaning of "being created in the image of God." To stimulate spiritual growth over the summer months, we invite you to read the following recommended resources:

- 1) *God: A Biography* by Jack Miles. Winner of the Pulitzer Prize, The New York Times calls this text "a tour de force." Published by Vintage Books, Random House Publishing, New York, 1996
- 2) Jung's Thoughts on God: Religious Depths of the Psyche by Donald Dyer, Ph.D. Published by Nicholas Hays, 2000 P.O. Box 2039, York Beach, ME 03910. "It is only through the psyche that we can establish that God acts upon you."
- 3) Jung's Map of the Soul: An Introduction and In Support of Jung's Extensive and Intensive Thought by Murray Stein. Published by Open Court Publishing Co., P.O. Box 300, Peru, Illinois 61354. To order call (800) 815-2280.

Access your Realm profile: The Cathedral's online database, Realm, is a useful tool for parishioners to manage their contact and pledging information. Realm helps our community by improving our record keeping in a more streamlined fashion. When joining Realm you can sign-up to be a part of the online directory. To activate your Realm profile, please contact Nina Andersen, financial administrator <nandersen@cathedralofstluke.org>. Nina will assist you with the few steps necessary to access your profile.

COMMUNITY NOTES

New Solar Panels Positively Impacting St. Luke's Efforts to be Eco-Friendly & Cost Effective:

The cathedral financial team received our first CMP bill with an amount due of \$0 thanks to our 171 solar panels via NexAmp. Based on the info provided by CMP our next several bills will also be zero.

While we will still owe Nexamp 85% of the credit generated from the solar bills (A net savings of 15%), we will also be able to carry forward any balance on the CMP bill to the next bill cycle. Go solar energy and going green! With any questions please contact Tim Wilkins kwilkins@cathedralofstluke.org

Canon Clough Away: Christian M. Clough, St. Luke's Canon for Liturgy & Music, is currently in Louisville, KY, representing Maine's Episcopalians as one of four Lay Deputies—along with St. Luke's parishioner John Hennessy—at the 81st General Convention of the Episcopal Church, where he will join thousands of other Episcopalians as part of, and swirling around, the largest democratic governing body in the world. The General Convention gathers every three years to pray, discuss, debate, and legislate the direction of our denomination. You can learn more about the General Convention on its official website <generalconvention.org>.

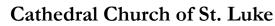
Before, during and after GC 81, you can follow developments via the Church's official Episcopal News Service <episcopalnewsservice.org> as well as through our own diocese's communications at <episcopalmaine.org/newsletter/>. Christian will be back on Sunday 30 June.

The parish prayer list will renew this upcoming week: Next Sunday, June 30th, the parish prayer list will renew. Names remain on the prayer list for 3 consecutive weeks unless otherwise requested. If you wish for a name to be added, contact Avery Schott, Parish Administrator <office@cathedralofstluke.org>.

To reserve space for a group, meeting or event, fill out a space usage form, and check with the cathedral calendar first! Thanks! Contact: Avery Schott (207) 772-5434 or <office@cathedralofstluke.org>

Contribute to St. Luke's summer music ministry: The Cathedral Choir will be in recess from 9 June through Labor Day, and summer is a great time to make a musical contribution to our worship as a singer or instrumentalist. Help us to keep our music well-supported with your offerings. Contact: Christian Clough, Canon for Liturgy & Music <cclough@cathedralofstluke.org>

Thank you in advance for your offering today. You can donate to St. Luke's through our new and secure "Give and Text" feature. Please text "TEXTCSL" to 73256. Our 2024 Pledge Campaign is ongoing. Pledge materials and information are available at www.stlukesportland.org.



143 State Street, Portland, Maine 04101 (street address) (207) 772-5434

mailing address: P.O. Box 4141, Portland, ME 04101-0341

website: stlukesportland.org e-mail: office@cathedralofstluke.org

Leadership

Staff

Bishop of Maine
The Rt. Rev. Thomas J. Brown

Interim Dean

The Rev. George Stevens < GStevens@cathedralofstluke.org>

Parish Administrator & Communications Specialist

Avery Levesque-Schott <office@cathedralofstluke.org>

Canon for Liturgy & Music

Christian M. Clough < CClough@cathedralofstluke.org >

Associate Priest

The Rev. Suzanne Roberts, M.D. <suz@maine.rr.com>

Deacon

The Rev. Rebecca Grant < RGrant@cathedralofstluke.org>

Finance Administrator and Bookkeeping
Nina Andersen < NAndersen@cathedralofstluke.org>

St. Luke's Food Pantry Executive Director

Mary Brighthaupt <mbr/>brighthaupt@cathedralofstluke.org

Sexton Curtis Maurand

Housekeeping Donna Cirriello

Volunteer Clergy

The Rev. Christopher Worthley christopher.worthley@aya.yale.edu

Lesser Chapter

Wardens

Senior Warden Sam Allen (2025) Junior Warden Jamie Cough

> Treasurer Randi Hogan

Clerk

John Bancroft

Vestry Members

Class of 2025 Dan McDonald, Oscar Mokeme, Michael Thorne Class of 2026 Nancy Brain, Jamie Moore, Randi Hogan Class of 2027 Stanley Kuziel, Eleanor Roberts, Mary Linneman