

Metro Athletic Conference

Track and Field Meet Records

Girls Records

<u>Event</u>	<u>Name/School</u>	<u>Performance</u>	<u>Year</u>
100 m Dash	Ellen Merkley, Lincoln; Ella Termaat, Lincoln	12.25	2021/26
200m Dash	Megan Walker, Brandon Valley	24.77	2021
400m Dash	Krista Bickley, Brandon Valley	56.47	2017
800m Run	Brianna Reilly, Harrisburg	2:15.11	2025
1600m Run	Brianna Reilly, Harrisburg	4:49.92	2025
3200m Run	Brianna Reilly, Harrisburg	10:53.34	2026
100m Hurdles	Brielle Dixon, Brandon Valley	14.72	2021
300m Hurdles	Kenya Harris, Lincoln	44.43	2025
Shot Put	Lexi Brady, O’Gorman	44’ 1”	2021
Discus Throw	Kyra Knudtson, Lincoln	130’ 5”	2022
High Jump	Jayanna, Stroh, Brandon Valley, Nyariek Kur, Washington	5’ 5”	2022/24
Long Jump	Nyariek Kur, Washington	19’ 1.25”	2024
Triple Jump	Kenya Harris, Lincoln	39’ 8.5”	2025
Pole Vault	Rylee Punt & Charlotte Lang, Lincoln	11’ 6”	2025/26
Javelin	Baya Carlson, Jefferson; Jersey Tryon, Harrisburg	131’ 0”	2024
4x100m Relay	Lincoln Lauren Merkley, Elizabeth Jerstad, Linnea Nesheim, Ellen Merkley	48.60	2021
4x200m Relay	Brandon Valley Brooklyn Goetzinger, Maya Matthies, Audriana Schmidt, Kyra Weiss	1:43.93	2025
4x400m Relay	Brandon Valley Addison Scholton, Sarah VandeBerg, Shelby Bergan, Kyra Weiss	3:52.38	2025
4x800m Relay	Harrisburg Taylor Syverson, Jenna Gillhooly, Addison Reilly, Bria Miller	9:30.39	2025
Medley Relay	O’ Gorman Lola Schoenwald, Moxie Barch, Julia Eggert, Libby Castelli	4:06.08	2025

Boys Records

<u>Event</u>	<u>Name/School</u>	<u>Performance</u>	<u>Year</u>
100 m Dash	Griffin Fischer, Lincoln	10.57	2024
200m Dash	Griffin Fischer, Lincoln	21.52	2025
400m Dash	Griffin Fischer, Lincoln	48.60	2025
800m Run	Cole Reilly, Washington	1:55.17	2026
1600m Run	Cole Reilly, Washington	4:14.92	2026
3200m Run	Will Lauer, Lincoln	9:25.30	2015
110m Hurdles	Asher Hauert, Harrisburg	14.72	2026
300m Hurdles	Miles Hunt, Brandon	39.37	2025
Shot Put	Jack Lembcke, Roosevelt	61’ 5”	2014
Discus Throw	Jack Lembcke, Roosevelt	198’ 3”	2014
High Jump	Zach Matos, Lincoln	6’ 8”	2026
Long Jump	Eli Yoway, Harrisburg	23’ 3”	2026
Triple Jump	Riem Riem, Lincoln	46’ 9”	2026
Pole Vault	Maddox Mueller, Brandon	15’ 2”	2026
Javelin	Lucas Honner, Lincoln	189’ 11”	2026
4x100m Relay	Lincoln Mikey Roche, Josh Myers, Brody Schafer, Javon Haukaas	42.36	2025
4x200m Relay	Lincoln High School Cooper Hicks, Evan Abild, Zyan Conrad, Isaac Herrboldt	1:26.71	2026
4x400m Relay	Roosevelt Josh Goehring, Tyler Slaba, Kyle Hess, Mayuen Akok	3:23.52	2015
4x800m Relay	Jefferson Eli Johnson, Jensen Hyronimus, Jack Wagoner, Kieran Weigelt	8:06.48	2023
Medley Relay	Lincoln O’Dell Davis, Roque Voll, Teddy Krueger, Tyrus Needles	3:38.97	2026

hand held times in tenths and FAT in hundredths.