

ROLE PLAYER CARD		MEDICINE
SETTING	Suburban General Practice	
PATIENT	You have brought your two-year-old son to see the doctor. He is your only child. His general health has been good and he has had no significant illnesses previously.	
TASK	• When asked, explain that your child's appetite has been poor, he never finishes his plate of food, and he dislikes many foods. He drinks plenty of milk and sweet, sugary drinks. Find out why your child is eating so poorly. You are worried about his weight. • Ask if he needs tests to determine the nature of the problem. • Find out if there's anything you can do to improve his appetite. You don't want to decrease the amount of milk and sweet, sugary drinks he consumes as you are worried that then he won't eat anything. • Don't be easily reassured. • Accept the doctor's advice.	

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DOCTOR	This concerned parent has brought his/her two-year-old son to see you.	
TASK	● Find out about the child's behaviour and any relevant dietary information (food behaviour e.g. picky eater, dietary information e.g. fruit, vegetables, meat, drinks) ● Explain that the child appears perfectly healthy and is a normal weight and height for his age. (reassure) ● Explain that food refusal is quite common at this age, and the amount of food required is less when the child is not in a phase of rapid growth. ● Discuss the amount of milk and sugary drinks the child is drinking and suggest decreasing this intake (e.g. sugary drinks can negatively affect the child's health, can cause tooth decay, obesity, heart disease, diabetes, and reduce appetite) ● Offer to review the child and re-measure him in four weeks.	