



Communal Classroom Snack:

Our class will be having a communal snack program, which means that all students will eat the same snack each day. This snack model has worked very well for students because there are no problems with someone having a "better" snack than someone else. Parents also have been pleased with the ease of the snack program and this way of doing snack ensures the safety of students with food allergies. Families will start the year with sending in one box of snacks and then when we run out of snacks during the school year, I will ask families to send more in our Weekly Newsletter.

Peanut/Tree Nut Free Snack Suggestion List

Due to food allergies, our class will have peanut free snacks. When choosing a peanut free snack for your child's class, it is important to ALWAYS check the label on the package to make sure it is free of peanuts and nuts of all kinds. These are the items on labels to be aware of, this is only to serve as a resource. It is in no way complete.

PLEASE READ THE LABELS, each time you purchase. Do not purchase items with the allergy and ingredient alert such as: "May Contain Peanut or Tree Nuts" "Processed on shared equipment with Peanuts or Tree Nuts" "Manufactured in a plant with Peanut or Tree Nuts" "Contains Peanut or Tree Nut Ingredients"

Here are ideas for peanut free snacks:

NABISCO:

Cheese Nips

Teddy Grahams (Cinnamon, Chocolate Chip, Honey, Chocolate)

Nilla Wafers

Barnum Animal Cracker

Honey Maid Graham Cracker (Chocolate, Cinnamon, Honey)

Wheat Thins

Ritz Crackers (not Ritz Bits)

Ritz Chips (original, cheddar)

KEEBLER:

Vanilla Wafers (golden, mini)

Elf Grahams (honey, cinnamon)

Club Crackers

Scooby Doo Graham Crackers

Wheat

PEPPERIDGE FARM:

Goldfish Crackers (original,
colors, cheddar, pretzel, giant,
flavor blasted)

Town House Classic Crackers
Toasted (Wheat, Butter crisp)

ROLD GOLD:

Pretzels (rods, braided twists,
tiny twist, cheddar)

SUNSHINE:

Cheeze-its & Big Cheeze-it

