



**Meath Athletics
Outdoor Track Field
Booklet 2026**





**Meath Athletics
Outdoor Track Field
Booklet 2026**

Fixtures

19th April – Meath Track & Field League
Round 1

21st June – Meath Track & Field League
Round 2

19st July – Meath Track & Field League Round
3

1st May – Day 1 - Meath Hammer & WFD cs

3rd May – Day 2 – Meath Track & Field cs

10th May – Day 3 – Meath Track & Field cs

13th May – Day 4 – Meath, Javelin, Discus,
High Jump cs

17th May – Day 5 – Meath Relay cs



Meath Athletics Outdoor Track Field Booklet 2026

Meath Track & Field League Fixtures

Date	Start Time	Age Category	Venue
Hosted by Cushinstown AC			
Sunday 19 th April	11am	U9, U12,U15	Cushinstown AC
Hosted by Dunboyne AC			
Sunday 21 ST June	11am	U10,U13,U16	Dunboyne AC
Hosted by Fr. Murphy's AC			
Sunday 19 th July	11am	U11, U14, Junior, Senior, Master	Fr. Murphy's AC

Entries:

Juvenile, Junior, Senior & Masters

There are no pre-entries required for the league.

Athletes go straight to the event if competing.

There are no numbers for competitors – club names will be taken at the event.



Meath Athletics Outdoor Track Field Booklet 2026

Meath Track & Field Championship Fixtures

Date	Start Time	Age Category	Venue
Hosted by Fr. Murphy's AC			
Friday 1 st May	6pm	U13 – Masters	Athboy
Hosted by Meath Athletics			
Sunday 3 rd May	10am	U9 – Master	Navan
Hosted by Meath Athletics			
Sunday 10 th May	10am	U9 - Master	Navan
Hosted by Cushinstown AC			
Wednesday 13 th May	6pm	U14, U18, Junior, Senior, Master	Cushinstown
Hosted by Meath Athletics			
Sunday 17 th May	11am	U9 -Master	Navan

Entries:

All entries must come directly from club secretaries/ club competition officers. Athletes must contact their clubs if they wish to compete, individual athlete entries will not be accepted.

Numbers must be collected on the morning by a representative of the club once club volunteers have signed in.

If there is no number for an athlete, please let a County Board official know.



**Meath Athletics
Outdoor Track Field
Booklet 2026**



Meath Athletics Outdoor Track Field Booklet 2026

Meath Track & Field League Rules

- Juveniles can only compete in their age group.
- Max. 2 events per athlete.
- Club's best 20 scores to count from each leg. 20 points for 1st, 19 points for 2nd, 18 points for 3rd etc.
- First 3 Clubs to medal in Section A, next 3 to medal in Section B, and so on in Sections C, D, E etc. until all Clubs classified.
- High Jump events will also double as Meath 2026 T&F Championship events.
- No numbers required – athletes club name will be taken at finish line / field event area.



Meath Athletics Outdoor Track Field Booklet 2026

Championship Competition Rules:

- All entrants must be registered with a Meath Athletics affiliated club in the year of competition.
- Club singlet must be worn. If no singlet is available – a plain white t-shirt is permitted.
- Only athletes who have a valid race number are permitted to run. Race numbers must be worn at all times during a race. If there is a change to an athlete running please inform officials before the race.
- Athletes are not permitted to carry or use electronic recording or transmission equipment during competition.
- Athletes must be technically competent in the events they are competing in. If athletes are unable to complete an event, they may be asked to leave the competition. Please do not enter them in events they are not familiar with.

- Competition numbers will only be released to clubs once club officials have checked in.
- U17 and U18 athletes compete as U18's except in the U17 Girl's hammer.
- U19 and U20 athletes compete as Juniors.:
- U9s-U11s **can only** compete in 2 events per day
- U12s –U18s **can only** compete in 3 events per day.
- Masters throwing events are decided by using age-graded tables.
- In track competition, an athlete competes in their declared category in the case of junior, senior, and masters competition. **In the event of age categories being amalgamated with the Senior category, the best 3 performances will be deemed to receive the 1st, 2nd, and 3rd place Senior medals respectively.**
- There shall be 6 throws in hammer and discus (3 Throws and the top 8 get a further 3 throws) for all ages except masters who shall only have a total of 4 throws.
- There shall be only 2 trials in the U9, 10 & 11 long jumps.
- Athletes are confined to events in their own age group, except for the relay where they may move up one age group. Juvenile athletes may not move up an age group to compete in Under 9 competition
- **Only** competing athletes and officials will be allowed inside the arena. All athletes must leave the arena after their event.
-



Meath Athletics Outdoor Track Field Booklet 2026

2026 Age Groups

- Age categories calculated from the 31st December in the year of competition.
- No athlete may obtain a birthday in the year of competition and compete in that age, with the exception of master athletes.
- Age categories for 2026 applies to all Meath Athletics competitions.
- For U9 to U19, all athletes may compete in their own age group and one age group up (e.g. an U10 can also compete at U11 but not U12).
- Under 20 athletes must be aged 16 years and under 20 years on the 31st December in year of competition.
- Senior athletes must be aged 18 years and over on the 31st December in the year of competition.

Under 9 -born in 2018

Under 10 – born in 2017

Under 11 – born in 2016

Under 12 – born in 2015

Under 13 – born in 2014

Under 14 – born in 2013

Under 15 – born in 2012

Under 16 – born in 2011

Under 17 – born in 2010

Under 18 – born in 2009

Under 19 – born in 2008

Junior – 2007 -2010

Senior – 18 years and over

Masters – 35 years and over



Meath Athletics Outdoor Track Field Booklet 2026

Meath Athletics Appeals Procedure

Appeals

Any appeals, accompanied by a fee of €20.00 (refundable in the case of a successful appeal) must be submitted in writing within 20 minutes of the finish of the race to which they refer. Only Officers of the Club concerned may submit appeals.

All appeals will be dealt with on the day. The ruling of the Appeals Committee shall be final.

The Appeals Committee shall, in the first instance, be composed of 3 persons, to include the County Chairman, the County Secretary and a representative of the County Competition Committee, if present on the day. In the case of a conflict of interest on any particular matter an alternate shall replace the conflicted member for the determination of that issue. The alternate shall be either Martin J. Heery or Brendan Meade, as appropriate. In the event that any member of first instance is unavailable on the day of competition they shall be substituted by the Vice County Chairman, the County Treasurer or the County Registrar, as appropriate.



Meath Athletics Outdoor Track Field Booklet 2026

Meath Track and Field League

Date	Time (approx.)	Event	Venue
Sunday 19/04/2026	11am	Track & Field League Round 1	Cushinstown

Program: Day 1

Age	Track Event 1	Track Event 2	Field Event 1	Field Event 2	Born
U09	60m	250m	Long Jump	Turbo Jav	2018
U12	60m	600m	High Jump	Shot Putt	2015
U15	300m	1500m	High Jump	Shot Putt	2012

Entries

No pre-entries required. Clubs will get an invoice for the track & field league concluding the three rounds.

No numbers needed either – club name will be taken at the finish line.

Rules

Rules	
	1. Juveniles can only compete in their age group.
	2. Max. 2 events per athlete.
	3. Club's best 20 scores to count from each leg.
	4. First 3 Clubs to medal in Section A, next 3 to medal in Section B, and so on in Sections C, D, E etc. until all Clubs classified.



Meath Athletics Outdoor Track Field Booklet 2026

5. U12 & U15 High Jump also Meath 2026 T&F Championship events.

Meath Track and Field League

Date	Time (approx.)	Event	Venue
Sunday 21/06/2026	11am	Track & Field League Round 2	Dunboyne

Program: Day 2

Age	Track Event 1	Track Event 2	Field Event 1	Field Event 2	Born
U10	60m	300m	Long Jump	Turbo Jav	2017
U13	80m	600m		Shot Putt	2014
U16	400m	1500m		Shot Putt	2011

Entries

No pre-entries required. Clubs will get an invoice for the track & field league concluding the three rounds.

No numbers needed either – club name will be taken at the finish line.

Rules

Rule s:	1. Juveniles can only compete in their age group.
	2. Max. 2 events per athlete.
	3. Club's best 20 scores to count from each leg.
	4. First 3 Clubs to medal in Section A, next 3 to medal in Section B, and so on in Sections C, D, E etc. until all Clubs classified.



Meath Athletics Outdoor Track Field Booklet 2026

5. U13 & U16 High Jump also Meath 2026 T&F Championship events. **These have been moved to Day 4 of the championships in Cushinstown on Wednesday 13/May.**

Meath Track and Field League

Date	Time (approx.)	Event	Venue
Sunday 19/07/2026	11am	Track & Field League Round 3	Athboy

Program: Day 3

Age	Track Event 1	Track Event 2	Field Event 1	Field Event 2	Born
U11	60m	500m	Long Jump	Turbo Jav	2015
U14	300m	1500m	High Jump	Shot Putt	2012

Junior, Senior & Masters 100m and 1,500m - 12.00 pm, Turbo Jav & Discus at the end of program.

Entries

No pre-entries required. Clubs will get an invoice for the track & field league concluding the three rounds.

No numbers needed either – club name will be taken at the finish line.

Rules

Rules:	1. Juveniles can only compete in their age group.
	2. Max. 2 events per athlete.



Meath Athletics Outdoor Track Field Booklet 2026

	3. Club's best 20 scores to count from each leg.
	4. First 3 Clubs to medal in Section A, next 3 to medal in Section B, and so on in Sections C, D, E etc. until all Clubs classified.
	5. Maximum two attempts at each height in high jump.

Meath Track and Field Championships

Date	Time (approx.)	Event	Venue
Friday 01/05/2026	6pm	Day 1	Athboy

Programme

TBC



**Meath Athletics
Outdoor Track Field
Booklet 2026**

Meath Track and Field Championships

Date	Time (approx.)	Event	Venue
Sunday 03/05/2026	10	Day 2	Navan

Programme

TBC



**Meath Athletics
Outdoor Track Field
Booklet 2026**

Meath Track and Field Championships

Date	Time (approx.)	Event	Venue
Sunday 10/05/2026	10	Day 3	Navan

Programme

TBC



**Meath Athletics
Outdoor Track Field
Booklet 2026**

Meath Track and Field Championships

Date	Time (approx.)	Event	Venue
Wednesday 13/05/2026	7pm	Day 4	Cushinstown

Programme

TBC



**Meath Athletics
Outdoor Track Field
Booklet 2026**

Meath Track and Field Championships

Date	Time (approx.)	Event	Venue
Sunday 17/05/2026	11am	Day 5	Navan

Programme

TBC



**Meath Athletics
Outdoor Track Field
Booklet 2026**