

Unit Update
April 28, 2023



Jeans Day for Kateri Native Ministry and Waupoos Family Farm

Thank you to all those that wore jeans Wednesday to support our two charities this year. It is not too late to make a donation directly at [Kateri Native Ministry](#) or [Waupoos Foundation](#)! These organizations are so grateful for our support!



KATERI NATIVE MINISTRY

National Day of Mourning

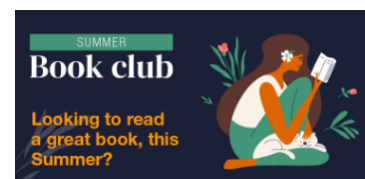
Today, April 28th is the National Day of Mourning dedicated to workers who suffered injury or illness, who have lost their lives on the job, or experienced a work-related tragedy. Today is the labour movement's most solemn day, but also one to refocus our commitment to preventing future workplace injuries and deaths.



Summer Book Club!

Book Club participants will meet once for the book launch, and once for the book talk. [Registration](#) is now open, and space is limited.

[Love Lives Here: A Story of Thriving in a Transgender Family](#) by Amada Jetté Knox and/or [Scarborough](#) by Catherine Hernandez



Join a OECTA Provincial Committee

Provincial Committees provide opportunities for teachers to contribute their expertise, be creative, and develop new interests, while serving the needs of members. Getting involved can be an opportunity for you to bring forward your ideas and concerns, and get the Association working for you. Click [here](#) to learn more about the committees and complete the application by May 1st.

Wellness Check - Starling Minds



Build
Resilient
Minds.

DID YOU KNOW? There is a free add-on to your OTIP benefits! If you feel like you might need to strengthen your resilience, Starling Minds is a **100% anonymous and free** mental health and wellness platform. Sign up for [Starling Minds](#) with access code OECTAMEMBER!

Trivia Night



Thank you to everyone who came out to test their knowledge at the Ottawa Catholic Teachers Trivia Night held at The Prescott on Thursday, April 27. Congratulations to the winning team, "The Hot Flashes," and to all the door prize winners. A big thank you to the Social Committee for organizing another successful event!

Happy Catholic Education Week!
Michele Pierce, President, Ottawa Catholic Teachers