

Grade Grade 1 Term 1, Week 9 LESSON PLAN	
N a m e o f L e s s o n	Kalinisan sa Katawan para sa Masiglang Buhay
L e a r n i n g A r e a / s	GMRC
D e	Deped libre

s i g n e d b y T e a c h e r / s	
D e s i g n e d f o r w h i c h G r a	Grade 1

d e L e v e l a n d S e c t i o n						
	N o . o f S e s s i o n s	S e s s i o n 1	S e s s i o n 2	S e s s i o n 3	S e s s i o n 4	S e s s i o n 5
	R e f e r	• Dep Ed MA TAT AG				

e n c e s (b o o k s , w e b s i t e s , t o o l k i t s , e t c .)	GM RC Tea cher 's Gui de para sa Una ng Bait ang, Qua rter 1, Lin ggo 9. • Dep Ed Lea rnin g Acti vity She ets (LA S) tun gko l sa 'Kal inis an sa
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	Kat awa n'. • Vid eo Clip mul a sa Dep Ed TV: 'Wa ston g Pag lilin is ng Kat awa n'. • Lar awa n ng 7 Hak ban g sa Pag huh uga s ng Ka may mul a sa Dep
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	art men t of Hea lth (D OH). • Ku wen ton g Pa mba ta: 'Si Bib o, ang Bat ang Mal inis' (Lo cali zed Mat eria ls).
D e c l a r a	Artificial Intelligence (AI) tools were used to assist in the preparation

t i o n o f A I u s e C i t e h o w A I w a s u s e d i n t h e o r m u l a t i o n o f t h	of this lesson plan, particularly in generating ideas, improving clarity of instructions, and organizing learning activities aligned with the MELCs. All AI-assisted outputs were carefully reviewed, validated, and contextualized by the teacher to ensure accuracy, appropriateness, and alignment with DepEd standards.
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e l e s s o n p l a n . S e e D O 3 , 2 0 2 6 A n n e x A . 	
I Meaningful n learning t experiences e are n anchored in t how we i frame them. o Start by n deciding s what you . want learners to master by the end of	

	the lesson - keep it clear and simple. Remember: Understanding your learners' evolving context and designing around it help ensure that your lessons connect with and are relevant to them.
L e a r n i n g C o m p e t e n c	Naipakikita ang kalinisan sa pamamagitan ng palagiang pagsunod sa mga alituntunin sa paglilinis ng katawan ayon sa gabay ng pamilya, tagapangalaga, o nakatatanda.

y : W r i t e t h e c o m p e t e n c y / i e s f r o m t h e c u r r i c u l u m t h a t w e a r e	
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t a r g e t i n g , a n d t h e c o n t e n t o r p e r f o r m a n c e s t a n d a r d s a p p l i c	
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a b l e t o t h e s e s s i o n .					
L e a r n i n g O b j e c t i v e s : W r i t e t	N a i r s - i s a n g i b a ' t i b a n g p	N a t u l k a s a n g i t p a l i w	N a i l a p a t a g a m a g p a r a g	N a i p k i a n a n g w a s o n g p a o	N a g a w a i n s a n g p a o

h e s m a l l e r k n o w l e d g e , s k i l l s , o r t a s k s f r o m t h e c o m p e t e n c y t	a r a a n a t g a m i t s a p a g l i l i o n i s n g k a t a s w a n s a r	a n a g a n g m b u t t i n g e p e k t o n g a l i s p i l y o	n n g p a n g h u h u g s n n o g k a y a l p a g s i i p i k a l y o	k a k a s u n o d s n u n p o d s a l i g a l i t u n t u n i n g	c o m i t m e n t n a s s u n d s a l i g a l i t u n i n g
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h a t t h e l e a r n e r s w i l l w o r k o n a n d b e a b l e t o s h o w b y t h e e n d o f t h	t u t h a n m u l t i l y a .	i l i n g k a l u s g a n .	n s a n g a b a y n g u n a k a t a t a n d a .	a h a n n g a p a s u g u p o t n g m a t i n i s n a d a m i t .	p a m i l y a s p a g a p a n a t i l i n g k a l i n i s a n .
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e s e s s i o n s .						
W r i t e y o u r o b s e r v a t i o	L e a r n e r C o n t e x t :	Ang mga mag-aaral sa Unang Baitang (Grade 1) ay nasa yugto ng pagbuo ng mga pangunahin g gawi sa kalinisan. Sila ay nangangaila ngan pa ng direktang gabay at paalala mula sa kanilang mga magulang o tagapangala ga upang masiguro ang tamang pagsasagaw a ng mga				

n s o f y o u r l e a r n e r s , a n d h o w t h e y h a v e b e e n p e r f o r m i n g o r r e s p	ritwal sa kalusugan.
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o n d i n g t o l e a r n i n g e x p e r i e n c e s r e c e n t l y . I n c l u d e s t r e n g t h	
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s , i n t e r e s t s , a n d p o s s i b l e b a r r i e r s t o l e a r n i n g .	
L e a r n	A learning experience is like a thoughtfully designed

P r e - L e s s o n : D e s	i n g E x p e r i e n c e .				
	journey. Each activity and interaction builds towards meaningful understandi ng and growth. Identify activities and interactions to help learners gain knowledge, skills, or understandi ng in a purposeful way.				
	P a g e h a h a n d a n g '	P a g e h l i a i n s a n	P a g e h a h a n d a n g m	P a g e h a h a n d a n g m	P a g e h a h a n d a n g m

c r i b e h o w y o u w i l l h e l p t h e l e a r n e r s g e t r e a d y f o r t h e l e s s o n .	M y s t e r y B o x ' n e a n t a g l a l a m o c n i g m g a n t a g k t w a l n a s a g	g m a i k l i n g k w e n t o o v a i d e m o n i p t g u n t a g k o l s a i s a	g a l a r a w a n o p o s t e m o n s t o c h a r i t y a n g p l s t e p s	a p r o p a s a c k e m o n s t o c h a r i t y a n g p l s t e p s	a n l i n e s C h e c k l i s t ' o c h a r i t y a n g p l s t e p s
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	a	n	n	a	m
	m	g	g	n	g
	i	b	p	a	a
	t	a	a	,	b
	p	t	g	t	a
	a	a	h	u	t
	n	n	u	b	a
	l	g	h	i	p
	i	m	u	g	a
	n	a	g	,	r
	i	l	a	t	a
	s	u	s	u	s
	g	s	n	w	a
	a	o	g	a	k
	y	g	k	l	a
	a	d	a	y	n
	n	a	m	a	i
	g	h	a	,	l
	s	i	y	a	a
	a	l	a	t	n
	b	s	t	m	g
	o	a	t	g	l
	n	k	a	a	i
	,	a	m	h	n
	s	l	a	a	g
	h	i	n	l	g
	a	n	g	i	u
	m	i	d	m	h
	p	s	i	b	a
	o	a	r	a	n
	o	n	e	w	g
	,	(	k	a	m
	s	h	s	n	o
	i	a	y	g	n
	p	l	o	m	i
	i	.	n	a	t
	l	S	n	l	o

	y o , a t s u k l a y p a r a s a u n a n g s e s y o n .	i B i b o , a n g B a t a n .	g p a g s i s i p i l t o .	i n i s n a d a m h a y .	r i n g s a b a h a y .
F l o w : D e s	S e s y o n 1	S e s y o n 2	S e s y o n 3	S e s y o n 4	S e s y o n 5

c r i b e t h e a c t i v i t i e s t h a t y o u c a n i m p l e m e n t i n l o r m o r e s e s s i	: M a g s i s i m u l a a n g k l a s e s t a p a n - a w i t n g ' I t o a	: B a l i k - a r u l l s a a m y g a n g a m h a n d e n i s m o k e n P a s t a s a	: T u t u o n a n g s e s y o n q s a e p h a c e s d s - o n d e n i s m o k e n P a s t r a t i	: G a g a m i t n g m g w a k e a p n a c s a s a r d s a h i n g k a n g l a h p a	: B a i l a n g p a n g w a k e a p n a c s a s a r d s a h i n g k a n g l a h p a
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o n s t o m e e t t h e l e a r n i n g o b j e c t i v e s · A p p l y t h e L e a r n i n g D e s i	n g P a r a t a n ' (s a h i m i g n g M u l t i b e r y B u m s h) · M a g p	n g k w e n t o n g ' S i M a l i n i s a g t s i M a b a n g i ' n a a g p	o n · I p a k i t a n g a g u r o a p a n g 7 h a k a b a n g n g t a m a n	n g i p a k i t a n g a m a p a n g k m a b a n g i s a n g ' K	n g n a t u h a n · G a a w a n g m a g a b a n g i s a n g ' K
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g n P r i n c i p l e s . .	a p a k i t a a n g g u r o n g i s a n g ' M y s t e r y B o x ' a t p a	a p a k i t a a n g p a g k a a k i y b a n g b a i n , m a n g s u a w b o n , k o) A k	p a g h u h u g a s n g k a a m a y (b a s w a n , b a n s l a s a b t u n , k o) .	g p a l i n i s a n B (b u g h e ' k o p o s t e r a n a n a g s a b i n g ' A k
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	h	a	k	T	o
	u	g	u	a	a
	h	a	s	t	y
	u	b	i	a	M
	l	a	n	a	a
	a	y	a	a	l
	n	n	a	k	i
	s	g	g	a	n
	a	m	l	i	s
	m	g	k	n	'
	g	u	d	i	.
	a	l	d	i	M
	b	a	,	n	a
	a	n	p	a	g
	t	g	a	n	k
	a	a	g	k	a
	a	t	i	k	k
	n	h	t	a	a
	g	i	a	h	r
	m	n	n	a	o
	g	d	n	l	o
	a	i	g	a	n
	g	.	d	g	n
	a	I	a	a	g
	m	t	l	h	i
	i	a	i	a	s
	t	t	r	n	a
	p	a	i	n	n
	a	n	,	g	g
	n	o	k	p	'
	l	n	u	a	C
	i	g	k	g	l
	n	n	o	s	e
	i	g	,	u	a
	s	g	a	s	n
	s	u	t	u	l

	a	r	b	o	i
	l	o	a	t	n
	o	:	n	n	e
	b	'	l	g	s
	n	B	a	m	s
	i	k	w	a	O
	t	i	a	l	a
	o	t	n	i	t
	.	h	)	n	h
	I	i	.	i	'
	s	n	G	s	k
	a	d	a	n	u
	-	i	a	d	g
	i	n	w	a	s
	s	a	i	m	a
	a	g	n	i	a
	n	k	i	t	n
	g	a	t	p	b
	i	k	o	a	i
	l	a	n	g	b
	a	s	g	k	i
	l	a	m	a	g
	a	k	g	t	k
	b	i	a	a	a
	a	t	b	p	s
	s	s	a	o	i
	a	i	t	s	n
	n	M	a	m	n
	g	a	n	a	g
	s	l	a	l	m
	a	i	n	i	g
	b	n	g	g	a
	o	i	s	a	b
	n	s	a	p	a
	,	?	b	a	t
	s	'	a	r	a

	h a m p o o , a t i b a p a h a b a n g t i n a r t a m i n o n g a n g m g a b	a t' A n o a n g m a i m a a n n i M a r y w a i t e r .S u s u n a d	y - s a b a y g a m t a d s m n i i h a n m o s a t u a g k i N a n o y o n a d	a h i n d i a g a o , s u d s o d a k m o s a t u a g n i N a n o y o n a t	: ' P a n g a k o , s u d s o d a k m o s a t u a g n i N a n o y o n a t
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	a	y	a	'	a
	t	n	y	S	y
	a	a	a	o	n
	:	n	r	a	m
	'	g	t	i	a
	S	a	t	a	n
	i	t	m	g	i
	n	?	a	G	n
	o	'	n	a	g
	s	.	g	m	m
	a	I	p	e	'
	i	p	a	'	k
	n	a	g	k	i
	y	o	p	s	u
	o	a	a	i	n
	a	n	l	s	g
	n	g	i	i	s
	g	t	w	p	a
	i	n	n	l	n
	u	a	y	p	-
	r	g	o	i	a
	u	n	(	p	r
	a	a	c	i	a
	n	n	i	l	w
	g	g	r	i	.
	n	k	u	n	'
	a	a	l	g	a
	n	l	a	m	g
	a	i	r	g	b
	y	n	m	a	i
	o	i	o	b	b
	t	s	t	a	i
	a	a	i	t	g
	t	n	o	a	a

	a	a	n	s	y
	y	y	a	a	a
	n	h	t	m	n
	a	u	p	g	g
	g	m	a	a	g
	a	a	g	l	u
	m	h	s	a	r
	i	a	i	r	o
	t	r	s	a	n
	i	a	i	w	g
	n	n	p	a	m
	i	g	i	n	u
	t	s	l	k	n
	o	a	y	u	t
	?	m	o	n	i
	'	g	n	g	n
	.	a	g	a	g
	T	'	d	l	c
	a	g	i	i	h
	t	e	l	n	e
	a	r	a	a	c
	l	m	)	n	k
	a	s	.	g	l
	k	'	B	m	i
	a	n	i	a	s
	y	a	b	i	t
	i	n	i	i	n
	a	g	y	i	d
	n	d	a	s	a
	g	u	n	n	d
	b	d	g	a	a
	a	u	-	d	l
	w	l	d	a	h
	a	o	i	m	i
	t	t	i	n	s
	g	n	n	t	s

	a	g	a	n	a
	m	l	n	a	b
	i	a	g	d	a
	t	g	p	a	h
	a	n	a	p	a
	t	a	a	a	y
	k	t	l	t	p
	u	a	a	i	a
	n	t	l	s	r
	g	u	a	u	a
	s	b	n	o	l
	a	o	g	t	a
	a	.	p	.	g
	n	M	a	M	y
	g	a	m	a	a
	b	g	i	g	n
	a	d	l	b	n
	h	o	y	a	g
	a	d	a	b	s
	g	r	n	a	t
	i	o	'	a	r
	n	w	m	g	s
	g	i	a	i	a
	k	n	g	a	t
	a	g	h	n	u
	t	a	u	g	l
	a	n	g	i	o
	w	m	a	l	n
	n	g	s	a	g
	i	a	b	n	n
	t	b	a	g	g
	o	a	g	b	m
	g	t	o	a	a
	i	a	a	t	g
	n	n	t	a	u
	a	g	p	n	l

	g a m i t . M a g t a t a p o s s a i s a n g l a r o k u n g s a a n i t	i s a n g m a s a y a n m i n g ' h a u p a n g i p a i l y o b a n g o p a k i u	a g k a t a p o s k a u i l m i n g ' a t m o a t g s i p i l y o b a n g o p a k i u	g p a o n g a n a g l a w n g m a g a w i s a k l i n i s a n g p a n g p	a n k a p a n a g a w n g m a g a w i s a k l i n i s a n g p a n g p
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a	r	l	a	
t	a	o	p	
a	m	g	a	
p	d	'	i	
n	a	.	n	
g	n		g	
b	g		d	
a	i		a	
t	s		m	
a	a		i	
n	n		t	
g	b		k	
a	a		a	
n	t		p	
g	a		a	
m	m		g	
i	a		p	
t	l		a	
s	i		w	
a	n		i	
t	s		s	
a	.		.	
m				
a				
n				
g				

	b a h a g i n g k a t a w a n .				
L e a r n i n g R e s o u r c e s : L i s	D e p E d M A T A G G M R C T e a c	D e p E d L e T A G G M R C T e a c	V i d e o C l i p m u n l a s a D e p E d	L a r w n t o n g P a m b a t a : ' S i	K u w e n g P a m b a t a : ' S i

t d o w n t h e l e a r n i n g r e s o u r c e s t h a t w i l l h e l p y o u r e a c h y o u r o b	h e r ' s G u i d e p a r t u n a n g B a i t a n g , Q u a r t e r l	y S h e e t s (L A S) t u n g k o l n s a ' K a l i n i s a n ' . K a t	T V : ' W a s t o n g P a u g l i n i s n g K a t a w e n t o f H e a	a g h u g a s n g K a m a y m i n i s ' D e p a r t m e n t o f H e a	B i b o , a n g B a n g M a l i n i s ' (L o c a l i z e d M a t e r
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j e c t i v e s . E n s u r e t h a t t h e y a r e a v a i l a b l e a n d i n c l u s i v e .	, L i n g o 9 .	w a n ' .		l t h (D O H) .	i a l s) .
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O	P	P	P	I	I
p	a	a	a	n	n
p	r	r	r	t	t
o	a	a	a	e	e
r	s	s	s	g	g
t	a	a	a	r	r
u	m	m	m	a	a
n	g	g	g	t	t
i	a	k	a	i	i
t	i	i	a	n	n
i	s	n	h	n	n
e	u	e	i	g	g
s	a	s	h	N	A
f	l	t	i	u	r
o	r	h	r	m	t
r	e	e	a	e	s
i	a	t	p	a	:
n	r	i	a	a	P
t	e	n	c	y	a
e	g	e	s	:	g
r	r	r	a	P	k
a	s	a	p	a	u
t	:	r	a	g	k
i	a	e	b	b	u
o	g	r	a	b	a
n	a	s	b	a	y
:	a	A	a	i	n
W	m	k	a	s	g
r	i	t	:P	a	a
i	t	w	a	n	m
t	n	g	l	g	a
e	g	m	a	2	a
d	a	a		0	
o	n				
w	a				
n	n				
a	n				
n	y				
y	p				

o s s i b i l i t i e s t o m e a n i n g f u l l y a n c h o r l e a r n i n g a r e a s ' s p e c i	a l a k i a t m a k u k u l a y n d a f l a s h c a r d s n g m g a k a g a	p a g s a s a g a w n g h a n d w a s h i n g t e c h n i m q u e s t i o n s	m i t n g m a i c o n n a t e m j i s s a h a l p n a m y . h a b a	s e g n d o h t u a a n g g a w i s a k a l i n i s	w a n n a n g p a k i n g h t a n g a n g a s a k a l i n i s
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a l t o p i c , o r t e c h n o l o g y .W r i t e N / A i f f n o n e .	m i t a n g s a k a l i n i s a b n .	i t a n g t u b a i g a m t s a b n s a l a b a s n g s i l i d - a r a l a	n g s a l i t a s a m g a p a g s a s a n a y .		a n .
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Assessment s reveal s what e learners s have gained s and what m they still e need help n with. These t are helpful . in providing you with information to guide your future instruction.					
For r m a t i v e A s s e s s m e t	1 . A n o a i n g g i h n a l g a m i t	1 . B a i n g a h n a l g a m i n g	1 . I a i n g e d u c a t i o n a l	1 . G o n g a d a p t a t i o n a l	1 . A n o n g k e d g e d p l a n n g

n	s	m	t	o	g
t	a	a	a	d	a
:	p	g	m	a	w
C	a	i	a	p	i
r	a	n	n	a	n
e	g	g	t	m	s
a	l	m	a	a	m
t	i	a	l	i	a
a	n	i	n	g	a
s	i	n	o	a	p
k	s	s	g	y	a
,	n	s	p	o	y
a	g	a	a	n	g
c	n	k	h	s	i
t	g	a	u	a	y
i	i	t	a	h	o
v	p	w	u	a	n
i	i	a	g	b	g
t	n	? A	n	a	m
y	? A	? A	s	y	a
,	S	. S	n	n	g
o	a	b	g	g	u
r	b	P	k	p	a
q	o	a	a	a	m
u	n	r	m	a	i
e	B	a	a	l	t
s	. S	m	y	? A	u
t	i	a	? A	. ? A	n
i	p	p	a	. 2	g
o	i	l	g	o	k
n	y	o	d	s	o
	o	B	e	e	l
			g	a	a
				r	n

i n g a n d p r o v i d e e d b a c k . (S t r i c t l y 5 M C Q s p e r s e s s i o n) .	C . S u k l a y D . T u w a l y a 2 . S a . n d a r p a t i l a g a y a n g	. P a r a h i n d i m g k a s a k i t C . P n d a r a m a k l a p a g l a r o	u n d o B . 5 s e g u n d o C . 2 0 s e g u n d o D . 1 o r a s 2 . K a i	n s a n s a i s s a n ? A . H u g o B . A g r a w - a r a w C . K a p a g u	a k a l i s s a n ? A . H u g o B . A g r a w - a r a w C . K a p a g u
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	s	s	l	s	a
	h	a	a	t	g
	a	p	n	o	i
	m	u	d	l	C
	p	t	a	a	.
	o	i	p	n	I
	o	k	a	g	i
	?	D	t	D	y
	A	.	m	.	a
	S	a	g	T	k
	a	r	h	w	D
	p	a	u	i	.
	a	m	g	n	t
	a	a	a	g	a
	B	b	s	S	g
	.	i	n	a	o
	S	l	g	b	2
	a	i	k	a	.
	k	s	a	d	P
	a	t	m	o	a
	m	u	a	l	a
	a	m	y	a	n
	y	a	?	n	o
	C	k	A	g	m
	.	b	.	2	o
	S	o	P	.	m
	a	2	a	A	a
	b	.	g	n	i
	u	A	k	o	p
	h	n	a	a	a
	o	t	a	n	k
	k	a	a	g	i
	D	n	p	i	k
	.	g	o	s	i
	S	m	s	i	t
	a	a	m	n	a

	k u k o 3 . S i n o a n g d a p a t n a t i n g p a k i n g g a n s a t a	n g y a y a r i k o u n g h d i n d i t a t t n a y o i m a g h u h u g a s n g k a m a	a t u l o g B .B a t a p s m a l i n g o ? A .B a a i n g C a K a p a g	u s u o t p a g k a t a n g o p n g m a l i n g i s ? A .S a p a m a d a m g i t B .n	n a i k a w a y b a t a n g m a l i n g i s ? A .S a p a m a d a m g i t B .n
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	m	y	n	M	n
	a	?	a	a	g
	n	A	n	l	p
	g	.	n	i	a
	p	M	n	n	g
	a	a	o	i	h
	g	g	o	s	u
	l	i	d	n	h
	i	g	n	a	u
	l	i	g	d	g
	i	n	T	a	a
	n	g	V	m	s
	i	m	D	i	n
	s	a	.	t	g
	n	l	H	C	k
	g	a	a	.	a
	k	k	b	D	m
	a	a	a	a	a
	t	s	n	m	y
	a	B	g	i	B
	w	.	n	t	.
	a	K	a	n	S
	n	a	g	a	h
	?	k	l	h	h
	A	a	a	i	i
	.	p	l	n	n
	K	i	a	u	d
	a	t	k	b	i
	l	a	a	a	p
	a	n	d	d	a
	r	g	3	n	g
	o	m	.	a	s
	B	g	A	D	u
	.	a	n	.	s
	P	g	o	K	u
	a	e	a	u	k
	m	r	n	m	l

	i	m	g	o	a
	l	s	u	t	y
	y	C	n	3	C
	a	.	a	.	.
	a	P	n	A	S
	t	u	g	n	a
	n	p	d	o	p
	a	u	a	a	a
	k	t	p	n	g
	a	i	a	g	t
	t	a	t	g	a
	a	n	g	a	t
	t	g	a	g	a
	a	k	w	a	g
	n	a	i	w	o
	d	m	n	i	n
	a	a	s	n	g
	C	y	a	s	s
	.	D	p	a	b
	T	.	a	b	b
	e	M	g	u	o
	l	a	s	h	n
	e	g	i	o	D
	b	i	s	k	.
	i	g	i	h	S
	s	i	p	a	a
	y	n	i	b	p
	o	g	l	a	a
	n	m	y	n	g
	D	a	o	g	d
	.	t	?	n	u
	W	a	A	a	d
	a	l	.	l	u
	l	i	M	i	m
	a	n	a	l	i
	4	o	g	i	s
	.	3	m	g	a

	A	.	u	o	d
n	n	A	m	? A	m
o	n	o	o	. S	i
a	n	a	B	a	t
n	g	n	. L	b	3
g	g	e	a	u	. K
i	n	p	g	n	u
a	g	e	y	i	n
g	k	a	n	B	i
a	t	n	. L	a	k
m	n	g	t	w	
i	t	g	t	a	w
t	s	p	o	y	y
s	a	a	o	y	y
a	p	l	t	a	t
p	a	i	h	n	a
a	g	l	p	n	p
p	i	a	s	s	s
a	g	s	s	s	s
p	o	t	h	n	a
a	a	e	a	a	m
t	r	a	m	m	
u	a	n	p	a	
y	w	g	o	g	
o	-	s	o	l	
n	a	i	C	a	
g	r	p	. r		
k	a	w	H	o	
a	w	l	u	s	
t	? A	y	w	a	
a	. C	o	a	l	
w	P	b	a	b	
a	a	M	a	a	
n	a				

	p	n	a	s	s
	a	g	g	a	,
	g	a	p	i	a
	k	n	u	n	n
	a	g	n	D	o
	t	a	a	.	a
	a	t	s	G	n
	p	i	n	u	g
	o	B	g	p	d
	s	.	m	i	a
	m	M	u	t	p
	a	a	k	i	a
	l	b	h	n	t
	i	a	a	4	m
	g	n	D	.	o
	o	g	.	B	n
	?	o	M	a	g
	A	n	a	k	a
	.	g	t	i	w
	K	a	u	t	k
	u	m	l	k	i
	m	o	o	a	n
	o	y	g	i	?
	t	a	4	l	A
	B	t	.	a	.
	.	g	P	n	K
	T	u	a	a	m
	w	h	n	n	a
	a	a	o	g	i
	l	w	a	m	n
	y	a	n	a	a
	a	C	g	g	a
	C	.	t	p	a
	.	P	a	d	B
	D	a	m	l	B
	a	g	a	i	.

	m	k	n	t	M
	i	a	g	n	a
	t	h	p	g	g
	D	i	a	d	h
	.	l	g	a	u
	P	o	g	m	g
	a	D	a	i	a
	p	.	l	t	s
	e	P	a	k	n
	l	g	w	a	g
	5	k	n	p	k
	.	a	g	a	a
	A	s	g	m	
	l	p	i	p	a
	i	a	p	i	y
	n	g	i	n	a
	s	o	l	a	t
	a	d	y	w	p
	m	4	o	i	a
	g	.	s	a	C
	a	A	a	n	.
	i	l	n	n	M
	t	i	g	?	A
	o	n	i	A	t
	a	a	p	.	P
	n	n	i	n	u
	g	g	n	a	l
	p	m	?	r	o
	a	a	A	h	g
	r	l	.	s	a
	a	u	M	i	a
	a	s	a	n	s
	n	o	b	d	o
	n	g	i	f	a
	g	n	l	s	i
	p	a	i	p	D
	a	g	s	p	.

	g l i l i n i s ? A . P a g t u l o g B . P a g l a l a r o C . P a g l i	a w i ? A . H i n d i p a g s i o p i l r c o B . P r a g s t i o n C o t n P a t n g m	n a m a b i l i s B . P a i k o t c i r c l a m k o u l a y C . P a r a	u n i n o m r o u l i t 4 . A n o r a n g a m k o m p a r C a s p a y o	M a n l a r o u l i t 4 . A n o r a n g a m k o m p a r C a s p a y o
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	l i g o D . P a g k a i n	a d u m g i n s u d l o m i t C . P a g h u h u g a s n g k a m a y b a g o k u	r o n g i - s u l o n g W a l a 5 . A n n o a n g d i n a g a m i	m a k i t a a n g l a n g a n g i n g d i m a k a t u	n g k a l u s u g a n ? A . M a g p a d u m r i l a g i B . M a g l i l
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		m	t	l	i
		a	k	o	n
		i	a	g	i
		n	s	5	s
		D	a	.	n
		.	m	S	g
		P	a	i	k
		a	n	n	a
		g	g	o	t
		k	t	a	a
		a	u	n	w
		g	b	g	a
		a	i	t	n
		t	g	u	a
		n	s	m	r
		g	a	u	a
		k	p	t	w
		u	a	u	-
		k	g	l	a
		o	h	o	r
		5	u	n	a
		.	h	g	w
		A	u	s	C
		n	g	a	.
		o	a	i	H
		a	s	y	i
		n	n	o	n
		g	g	p	d
		t	k	a	i
		a	a	r	i
		w	m	a	i
		a	a	m	n
		g	y	a	o
		s	?	s	m
		a	A	i	n
		m	.	g	g
		a	M	u	t

		l	a	r	u
		i	n	o	b
		l	t	n	i
		i	i	g	g
		i	k	m	D
		t	a	a	.
		n	B	l	H
		a	.	i	i
		d	S	n	d
		u	a	s	i
		m	b	a	m
		i	o	n	a
		n	n	n	k
		a	C	g	i
		n	.	i	i
		a	J	y	k
		g	u	o	n
		d	i	n	n
		a	c	e	d
		d	D	a	k
		a	.	m	a
		l	L	i	y
		a	a	t	N
		n	p	? A	a
		g	i	s	a
		s	s	.	y
		a	P	u	5
		k	s	a	.
		i	a	B	A
		t	B	.	o
		? A	i	T	a
		.	t	a	n
		B	u	g	g
		i	a	p	p
		t			
		u			

		i n B . G e r m s C . S a b o n D . T u b i g		p a n g a l a g a o n m g a i g s u l a n b g a C . L a r u a n D . U n a d n	a k i r a d a m o n g s a b a t a n g u u m u n o d s a g a b a
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					y n g n a k a t a t a n d a ? A . M a l u n g k o t B . L a g i n g m a y
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					s a k i t C . M a s a y a a t m a l u s o g D . G a l i t
W a y s F o r	Meaningful learning can also happen beyond the classroom - for both the learners and				

w a r d .	the teacher. Pause and reflect on what happened today.				
	E x t e n d e d l e a r n i n g o p p o r t u n i t i e s :	G u m w a t n u g l i o s a g n s a m i a l g m p l e n g H a m i g i e n e K	M a g d a n u l o n i s a n g a l a w n o d m a r w a h a	M a g d a n u l o n i s a n g a l a w n o d m a r w a h a	I k e n a o a a m g g a a p a i n g ' I n s p e c t a t i o n ' s a

S u g g e s t o t h e r l e a r n i n g e x p e r i e n c e s o u t s i d e t h e c l a s s r o o m /	i t ' s a b a g n a n a g l a s m a l e n n g p a r n y o , a l c o h o l , a	n a n g ' C l e a n l i n e s C a l e n d a r ' t u w i n g a s u b i b a	g i y o n g p a b o r i t o n g a m e i t p a n l i s s a s u b n o	a t u n g p a n g 7 h a k o b a n g s a y p g h a n u m h u a n g s n a g g a p a n y .	s a r i l i n g k u o s a b a h a y k a s a m a n g t a g a p a n g a
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c l a s s h o u r s t h a t l e a r n e r s m a y w a n t t o a c c e s s t o r e i n f o r c e w h a	t s u k l a y .	g o m a t u l o g .	d n a k l a s e .		l a g a a t m a g p a t u l o n g s a p a g g u p i t k u n g m a h a b a
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t t h e y h a v e l e a r n e d . . .					n a i t o .
R e f l e c t i o n s : T h i n k a b o u t w h a t	(T o b e f i l l e d o u t a f t e r t h e l e s s o	(T o b e f i l l e d o u t a f t e r t h e l e s s o	(T o b e f i l l e d o u t a f t e r t h e l e s s o	(T o b e f i l l e d o u t a f t e r t h e l e s s o	(T o b e f i l l e d o u t a f t e r t h e l e s s o

y o u n e e d t o c h a n g e f o r t h e n e x t s e s s i o n b a s e d o n w h a t h a p p e n e d	n) R e f f l e c t i o n P r o m p t : D i d t h e l e a r n e r s e a s i l y g r a s p	n) R e f f l e c t i o n P r o m p t : D i d t h e g u i d e d p r a c t i c e f f e c	n) R e f f l e c t i o n P r o m p t : W h i c h p a r t o f t h e c o l l a b o r a t i	n) R e f f l e c t i o n P r o m p t : H o w w e l l d i d t h e f o r m a t i v e a s s	n) R e f f l e c t i o n P r o m p t : W h a t p e r c e n t a g e o f t h e c l a s s
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t o d a y .	t h e c o r r e c t i o n s p e c t i n g t o d a y ?	t h e c o r r e c t i o n s p e c t i n g t o d a y ?	v e t a s k c h a n g e d t h e s t u d e n t s h e m o o t i v e s ?	e s s e n t i a l e l e m e n t s o f t h e c u r r e n t w e e k ?	e a c h p r o f i c i e n c y b y t h e e n d o f t h e w e e k ?
Prepared by:		Checked by:			

Depend libre Teacher	Juan Dela Cruz Principal / Head
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