

FOREST Flagship Program Information

<p>Program Director:</p> <p>Terance MacKenzie forest@wholeearth.org</p> <p>Whole Earth office, M-F: (541) 937-5437</p> <p>Contact on Outing Days: (541) 937-5001</p>	<p>Instructors:</p> <p>Meadow Scott meadow@wholeearth.org</p> <p>Tim tim@wholeearth.org</p>
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<p>Day Trip Gear List:</p> <ul style="list-style-type: none">• bagged lunch• a full belly (a breakfast high in protein/fat helps sustain our substantial activity level)• knife• Learning Pathways passport• large water bottle or two• weather appropriate clothing• hiking shoes• backpack to carry stuff• money for store stop (optional) <p>Overnight Trip Gear Lists:</p> <p>Shelter Overnight Gear List</p> <p>Dunes Trip Gear List</p> <p><i>Need gear? Just ask, we have loaner gear!</i></p> <p>A Note on Outings Communication:</p> <p>Many of our outings are outside of cell range, so you may not be able to reach us. However, we do carry a Satellite Communicator so that we are able to contact emergency services or families if needed.</p>	<p>Learning Resources</p> <p>Books and Field Guides</p> <ul style="list-style-type: none">• Coyote's Guide to Connecting with Nature• Pojar, Plants of the Pacific Northwest• Kloos, Pacific Northwest Medicinal Plants• Kallas, Edible Wild Plants: Foraging the Pacific Northwest• Trees to Know in Oregon• Moskowitz, Wildlife of the Pacific Northwest• Sheldon, Animal Tracks of WA and OR• Birds of the Willamette Valley• Peterson's Field Guide to Western Birds <p>Apps and Internet Resources</p> <ul style="list-style-type: none">• Oregon Wildflowers App• oregonflora.org• iBird or Merlin Apps• Birds - birds.cornell.edu• iTracks App
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