

PHARMACY GOVERNING COUNCIL

Rutgers, the State University of New Jersey
Ernest Mario School of Pharmacy
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GENERAL MEETING – 11/08/22 – 7:20 PM (PH-130)

Guest Speakers: Midyear and Residency Presentation

Dr. Eric Maroyka and Dr. Gabby Pierce, ASHP

Email:

How to maximize your time at midyear

- ASHP 101
 - ASHP is a member driven organization that serves its members as their collective voice on issues related to medication use and patient safety
 - Mission: to help people achieve optimal health outcomes
 - Vision: Medication use will be optimal, safe, and effective for all people all of the time
 - Membership: 60,000 pharmacists, student pharmacists, pharmacy technicians from all types of settings
 - Career transition resources available online for members only
- MCM 101
 - Midyear overview
 - Largest annual gathering of pharmacists and student pharmacists in the world
 - Longest running clinical meeting in the world
 - This year is in-person!
 - Registration and housing special rates available for student members at specific hotels
 - Professional Development
 - Recruitment event available
 - Residency showcase
 - 3 different sessions
 - No additional registration fee and don't need to schedule interviews
 - Catered to PGY-1
 - 70% of successful PGY-1 residents attended the residency showcase
 - Personnel Placement Services (PPS)
 - Additional registration fee and need to schedule an interview with employers
 - More catered to companies and PGY-2 programs
 - Student Programming
 - CV development
 - Interview tips
 - Financial management
 - Many more sessions that are available for students including CE for pharmacists
 - Networking!
 - Networking sessions
 - Roundtable tips for success
 - No additional fee
 - Tips for success
 - Great interview practice and practice beforehand
 - Do your research on the organization and residency programs

- Great opportunity to ask any questions you may have
 - Order business cards
 - Prepare your CV and cover letter
 - Seek out letters of recommendation
 - Plan which events you want to attend
- Q&A
 - For those attending midyear 2022 for the first time, do you have any specific tips and tricks?
 - Plan!
 - Can you explain the timeline and residency application process?
 - Each program has their own deadlines (some in December some in January)
 - Interviews: February
 - Phase 1 match day: March
 - Phase 2 match day: April
 - How do I navigate the residency directory?
 - Available online
 - Many different search fields based on personal preference
 - Location
 - Type of program
 - Interests
 - Start your own list on the programs that you are interested in
 - When should I reach out to professors/mentors for letters of recommendation?
 - Start now!
 - What does the match process entail?
 - When you hear back you get an email hearing if you matched or not
 - Is it possible to take a gap year before residency?
 - Yes, but you won't be able to match and take a gap year. Taking a gap year in between probably won't put you at a disadvantage either, but you will probably have to discuss your reasoning. It's all a personal decision.
 - Is having research experience or presenting at midyear necessary for applying to residency?
 - Each program is looking for different things but it's not necessary

PGC Officer Reports

- Kasja Dymek, *President*
 - Starting next semester we will be making a monthly newsletter to send to faculty to keep them updated on what is going on in EMSOP
 - Vote in the NJPIRG Referendum!
- Sungjae Lee, *Vice President Internal*
 - Mini-Open Forum
 - Via Google Form
 - Anonymously submit any concerns, questions, and/or comments
 - Regarding EMSOP, curriculum, pharmacy organizations, etc
 - The form will be open at any time, not just during PGC meetings
 - Link: <https://forms.gle/aUPvMzYLFxhsXhvk9>
 - Canvas tab for internship/work
 - Open for suggestions
 - EMSOP Logo
 - Send ideas to Sungjae Lee
 - sjl208@scarletmail.rutger.sedu
- Omer Abdel-Wahab, *Vice President External*
 - Clothing / shoe drive
 - Awaiting Dean Nancy's approval, will keep orgs updated when it begins.
 - Next bus and transportation meeting within the next few weeks
 - Email me at oma46@scarletmail.rutgers.edu should there be issues with the bus system that you want me to bring up.
- Christopher Wang, *Treasurer*
 - Midyear and Convention reimbursements
 - Please refer to PGC resources page for reimbursement guidelines for conventions (<https://sites.rutgers.edu/pgc/resources/>)
 - Midyear reimbursement guidelines will be updated shortly
 - Important: Rutgers Travel https://procurementservices.rutgers.edu/travel_and_expense/booking_travel
 - New process for the school year that replaced travel approval forms



- Per SABO, flights and hotels must be booked through Rutgers Travel for any reimbursement for those costs
 - Currently waiting to hear from Dean Nancy for specific details
- Sinduja Sivakumar, *Corresponding Secretary*
 - Happy November everyone!
 - General Reminders:
 - Submit events 2 weeks in advance.
 - Check the PGC calendar– please space out events by 30 minutes!
 - For orgs: 1 event open to the public/EMSOP student population per week, only exception is 1 public event + 1 fundraising event.
 - You can have closed member events during the same week, please specify on the Google Form.
 - If you go back and edit your existing response, I don't get notified that you've changed it. Please fill out the form again and check off the box that says "Changing details of an existing event submission".
 - If you submit a fundraising/pickup event, it won't show up in the regular PGC event calendar– check the pickup calendar please!
 - Good luck with exams, and a friendly reminder to make time for self-care :)
- Hannah Seo, *Recording Secretary*
 - When filling out the attendance form please fill out your e-board position title
 - Example: Recording Secretary
- Omar Abuattieh, *University Senator*
 - Looking into the RBHS parking permit
- Selin Kang, *RUSA Rep*
 - Student Debt Relief Application is live!
 - Free Narcan training sessions by RWJMS
 - Sessions will be over zoom (~1 - 1.5 hrs)
 - Will receive one Narcan kit after completion of training!
 - Registration: Refer to last meeting's slide deck
 - Zoom link will be sent by RWJMS 24 hours prior to session
 - Professional Headshots by Rutgers Photography Club
 - Sunday, 11/13 from 12pm - 4pm @ Scott Hall Room 120
 - \$10 for 2 retouched images
 - Free menstrual hygiene products
 - Aunt Flow - Pilot project set to launch Spring 2023
 - SVE Tabling Event - Wednesday, 11/9 from 1pm - 4pm @ CASC
 - Free tampons, pads, condoms, pregnancy tests, etc.
- Simra Arshad, *Public Relations*
 - Follow the PGC instagram page @rutgersemsop
- Seena Samuel, *Webmaster*
 - Thank you everyone that got back to me since last meeting :)
 - Still working on updates
 - [Pollev](#) replaces the suggestions/concerns google form on Canvas

November

1. Fri 11/4 @ 12:30pm
2. Weds 11/9 @ 5:00pm
3. Thurs 11/10 @ 11:00am
4. Mon 11/28 @ 12:30pm
5. Tues 11/29 @ 12:30pm

PGC Rep Reports

- AAPP, American Association of Psychiatric Pharmacists, *PGC Rep: Andrea Mosquera*
 - Psychiatric Pharmacy Journal Club
 - November 10th 6-7 PM via Zoom
 - Mental Health Conditions in International Media
 - November 15th 8-9PM via Zoom
 - Stay tuned for AAPP buddy program assignments. We'll be having game nights and challenges so that you can bond with your buddy
 - Follow us for upcoming events and updates!
- ACCP, American College of Clinical Pharmacy, *PGC Rep: Taerim Kim*
 - Midyear Fright Night with NJSHIP, SNPhA, IPhO, DIA
 - 11/17 6:30-8:30PM in PH-288
 - Pharmacy Residency Panel with DIA
 - 11/9 8pm via zoom
 - ACCP Now by the Policy Committee
 - Stay tuned for our weekly updates on our socials!
- AMCP, Academy of Managed Care Pharmacy, *PGC Rep: Rohit Kanduri*

- Past Events:
 - Novo Nordisk Fellowship Info session 10/6
 - Fertility Treatment Costs and Barriers 11/2
- P&T Competition
 - Check in meeting is 11/18 virtually
- Speed Networking Event
 - If you know any professionals who would like to attend, please reach out!
- Fundraisers
 - Breast cancer apparel sale order pick-up date: 11/11 in the atrium (12-3pm)
 - Padfolio and business card sale with APhA
 - Sale closed, but we ordered extra padfolios for any students who still want to purchase!
- Upcoming Events
 - Edison High School Outreach Event w/ SNPhA 11/18 @ EHS
 - HIV/AIDs Event w/ SNPhA 12/07 8pm in PH-249
- **APhA-ASP, American Pharmacist's Association - Academy of Student Pharmacists**; *PGC Rep: Riya Nayini*
 - Past Events:
 - Northeastern University Fellowship Informational 9/30
 - Blood Pressure & Blood Glucose Training 10/26
 - Upcoming Events:
 - Co-Sponsoring the Sports Pharmacy Seminar hosted by LKS
 - 11/22 at 8pm on Zoom
 - MyGOAL Fall Festival 2022 Volunteering
 - 11/20 from 1pm-4pm @ Livingston Student Center
 - Provides food and activities to special needs children & their families
 - https://docs.google.com/forms/d/e/1FAIpQLSfFGWBo2ydLW4xQqyKsVJIyqzhNqNZhPHeDaUmse-UTrHvHeg/viewform?usp=sf_link&usp=embed_facebook
- **XAE, Chi Alpha Epsilon**; *PGC Rep: Sarah Mostafa*
 - EMSOP Urban Health Outreach: A Day in the Life of a Pharmacy Student
 - Friday, 11/11/22 10AM-2PM in PH-249
 - Adopt-a-family Thanksgiving Food Donations
 - Collecting food items to provide a Thanksgiving meal to a family in need.
 - Room 278A until Thursday, November 17th.
- **DIA, Drug Information Association**; *PGC Rep: Priya Patel*
 - DIA Residency Panel
 - What: Join our panel of speakers to further your knowledge about residency programs, responsibilities, and opportunities
 - When: TOMORROW, November 9th, at 8-9 PM
 - Where: Zoom (link is in DIA's Instagram bio)
- **EMSOP Chronicles**; *PGC Rep: Riya Mankad*
 - If you submitted an article for the Fall 2022 Issue, please keep a lookout at your emails for editing updates!
- **IPhO, Industry Pharmacists Organization**; *PGC Rep: Sunaina Mukherjee*
 - Upcoming Events
 - Clinical Development Panel Event: 11/10 @7:30-8:30PM (PH-249)
 - Midyear Fright Night in collaboration with SNPhA, ACCP, NJSHP, and DIA: 11/17 @6:30-8:30PM (PH-288)
 - Ongoing Initiatives
 - On Demand Resume/CV Review
 - Internship Catalog (Rutgers and National IPhO) → email sent out to members
 - Fellow Mentorship Program
 - Scholarly Activities Research with RPIF fellows
 - Functional Area Newsletter
- **ISPOR, International Society of Pharmacoeconomics and Outcomes Research**; *PGC Rep: Haydn Gock*
 - Patagonia sale is live! Check out our socials for more info.
- **LKS, Lambda Kappa Sigma**; *PGC Rep: Gianna Castro*
 - Are you interested in Sports Pharmacy? Join LKS, APhA, NCPA, and SNPhA to learn about the important aspects of Sports Pharmacy. We will be joined by Dr. Ashley Anderson and Dr. Athena Cannon, who will share their experiences in this niche field. The event will take place on Zoom on Tuesday, November 22nd at 8pm
- **NCPA, National Community Pharmacists Association**; *PGC Rep: Jae June Lee*
 - Apparel+Mug sale until 11/14
- **NJSHP, New Jersey Society of Health-System Pharmacists**; *PGC Rep: Vidhi Patel*

- Midyear Fright Night - Thursday, November 17th
 - NJSHS is collaborating with SNPhA, ACCP, IPHO, and DIA for dinner on Thursday, November 17th from 6:30-8:30PM at EMSOP. Speak with residents and fellows to debunk your myths!
 - Mental Health Awareness Instagram Campaign
 - Stay tuned to and engage with our Instagram stories and page in the coming weeks to learn more about mental health awareness and enter to win a gift card and some other prizes!
- **PDC, Phi Delta Chi, PGC Rep: Racheal Ezomo**
 - Banana Pudding Sale & Pick Up
 - 11/9 | The Atrium | 2pm - 4pm
 - Succulent Sale
 - 11/11 | Livingston Student Center | 12pm - 6pm
 - All proceeds will go towards St. Jude Children's Research Hospital!
- **PLS, Phi Lambda Sigma, PGC Rep: Pooja Agrawal**
 - Meet and Greet
 - 11/9 from 7:30-9:30 in room 249
 - Join us for a relaxing night with pizza and some fun games!
- **PPA, Pediatric Pharmacy Association, PGC Rep: Evelyn Liang**
 - Diaper Drive Contest
 - Extended until 11/23
 - Located in the Atrium under the stairs
 - We are still accepting donations to our Diaper Drive Contest! Get your chance to win a \$50 gift card of your choice for your pharmacy organization
 - Storytime and Wellness
 - 11/17 4:30-6:30pm Piscataway Library
 - PPA is teaching children K-4th grade the importance of personal hygiene and poison prevention
 - Careers in Pediatrics Panel
 - 11/28 7:30pm over Zoom
 - PPA is collaborating with APhA's Project Pediatrics to explore the field of pediatric pharmacy
 - MyGoal Festival
 - 11/20 1-4pm Livingston Student Center
 - PPA will be hosting a "Medical Mystery Box" table at the MyGOAL Autism Special Needs Fall Festival
- **Rho Chi, PGC Rep: David Moawad**
 - How to Study Event- November 9th, 6-7pm
 - Come see how different students break down classwork with their personal study methods and explanations of how they approach pharmacy classes in general. Unlike our How to Survive events, we will focus more on general study methods and strategies that have worked for us. Our event will also have time for in-person breakout sessions for follow up questions with our P3 speakers. Pizza will be provided!
 - Dine to Donate- November 10th
 - Dine to donate with SNPhA at Honeygrow all day 11/10! Use promocode GIVE110 online or in store to support the Women Aware shelter!
- **SNPhA, Student National Pharmaceutical Association, PGC Rep: Angel Thomas**
 - Upcoming Events
 - Dine to Donate - this Thursday, November 10th @ Honeygrow
 - Join SNPhA & Rho Chi to raise money for Women Aware - The Women's Domestic Violence Shelter in New Brunswick, NJ.
 - Use Code: "GIVE110"
 - World Kindness Day: Wednesday, 11/16 from 10 AM to 12 PM
 - Join our Mental Health committee as they celebrate World Kindness Day on 11/16 in the pharmacy school atrium! Stop by for some treats and much-needed motivation!
 - APhA's annual MyGOAL Autism Fall Festival: Sunday, 11/20 from 1pm-4pm in LSC
 - SNPhA is collaborating to interact with the kids and their families! We hope all of our members get the chance to work with the community: sign-up here as soon as possible if you are free and excited to volunteer on behalf of SNPhA!
- **Class of 2024**
 - Congrats to our Pharma-ween contest winners
 - Rutgers EMSOP Winter Sale
 - Fleece Quarter and Full Zips
 - Looking for ernestomeme
- **Class of 2025**

- No updates
 - **Class of 2026**
 - No updates
 - **Class of 2027**
 - Transition period to slack as our main communication platform. Invitation emails were sent out to 2027 members and Non-class of 2027 students can use the following QR code to join :)
 - As always, please feel free to DM us @emsop27 for reposts!
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- - **Alumni Association**
 - EMSOP Alumni Association Conference Scholarship
 - Link: https://docs.google.com/forms/d/e/1FAIpQLSfPO_FLhBCQdZRBj1z1YgePYosH-qWjjopKJb94lf_YgGPGIA/viewform
 - Social Media Request Form
 - Link: <https://docs.google.com/forms/d/e/1FAIpQLSfx9Hsvhm9WVmyMmMeJ2K3vFBuzS4rFtI74J0Pm79tBs4WSPg/viewform>
 - Please refrain from emailing the alumni association about social media requests from now on. Use the above link for requests!!

PGC Rep News

- Phi Delta Chi Movement for Women's Health Awareness
 - Osteoporosis Awareness: scan the QR code for the presentation
 - Follow us on insta @movementforwomenshealth!



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