



Spirit Academy Warrior Athletics

2020 Football Program

Welcome to the Warriors Football team! We are very excited to offer this sport for you and are looking forward to an excellent season. The football program is open to boys 13 and up. We are part of CCIF. Unlike our other homeschool sports programs, football players may attend private school, public school, or be homeschooled. Players are evaluated by our football coaches to determine best fit.

Football season begins with strength training at a local gym. Practice is located at Portola Park, Santa Ana. Practices are Tue, Thur, Sat from 5:0-6:30 PM. Health Screening Form must be completed before every practice and game. [Health Screening Form](#)

All players will be expected to provide their own equipment. The details of the equipment will be on a separate page. If you do not have your own equipment, it is available for rent from Spirit Academy for \$100 for the season.

All players MUST have a completed physical prior to contact. The Pre Participation form may be found on our website under 'Forms.' Schedule an appointment with your doctor or one of the clinics that specialize in pre-season sports physicals. The forms must be signed by an MD and uploaded into your account on the registration portal. All players and parents must sign and submit the [Covid 19 Waiver](#):

The game schedule is not yet available. The schedule will be posted on the website calendar. There are no games on Sundays.

Cost for the regular season: \$400. There is a \$100 non-refundable registration fee. We offer multi-player 'family' discounts with the second player from a family getting \$25 off, the third player \$50 off, and 4 or more players are free! Payments may be made online with a credit card at www.clubs.bluesombrero.com/spiritacademyath. We cannot accept cash or checks. There is an optional \$70 fee for a team gear package. The bulk of the fees pay for gym rentals and officials. The balance pays for equipment and uniforms.

A note about our fees: Our fees are designed to pay our expenses and we work to keep them as low as possible. If cost becomes an issue, please contact us for different options. We are here to support our families!

All fall season fees need to be paid in full by November 7, 2020.

Head Coach: Alex Hellman (714) 470-8225 alexhellman13@yahoo.com

Warriors Football
Required Equipment List

The following is the list of required equipment. We provide the highlighted equipment. All other equipment is the responsibility of the player. If you decide to provide your own helmet, it must be certified within the past two years and match in color to the rest of the team.

Football Helmet

Face Mask

Shoulder Pads

5-Piece Protective Girdle

Knee Pad

Belt

Mouth Piece

Player Equipment Bag (optional, but HIGHLY recommended)

In addition to the above items, the player will need to provide a protective cup to fit into the girdle as well as cleats that are appropriate for their position on the team.

Team volunteer positions needed

The following is a partial list of the volunteer positions that we need filled in order to have a great experience for everyone.

Assistant Coaches

Equipment Manager

Team Mom

Fundraising Coordinator

The following are needed for **EVERY HOME GAME:**

Linesman (3) (Adult Males only)

Medical support staff (RN, PA or MD)

Concessions Crew (buy, setup, sell and tear down)

Ticket booth crew

Expectations for Players and Parents

Thank you for participating in our sports program. We ask that all players and parents read through the expectations, and agree to abide by them for the entire season.

Dress Code

The following Dress Code is applicable at all Spirit Academy Athletics Functions and Events including, but not limited, to practices, games, ceremonies, meetings, etc. We appreciate your respect for Spirit Academy Athletics, and adherence to these rules.

1. Modest attire at all times, please.
2. Athletic attire is required at all practices, including proper shoes. The coach has the final say.

Practice and Games: Commit to being at all scheduled practices and games.

Show up on time for every practice. Every minute of practice time is planned and valuable to the individual player and the team as a whole. We cannot stress enough the impact on the player and the team continuity that happens when a player misses practice. Plays and drills are taught at each practice and if a player misses practice, they generally have a gap in their understanding of what is going on. Plan your time properly to be there. Academics are paramount, but the character trait of keeping your commitments is just as important. Please DO NOT schedule doctors or other appointments during practice times. Practice times are fixed for the season so you should be able to work those other appointments around the practices.

Please be prompt to pick up your player. Practices and games end promptly at the fixed time. for safety reasons, we cannot leave the premises until all the players have been picked up. Life happens and there are times when you will need to miss a practice/game due to illness or some other valid reason. Please inform your coach (es) when you will be missing a practice or game. Coaches generally do not answer their cell phone or respond to texts during practices or games. Please be sure to contact them outside of the practice/game times if possible.

Be sure to clear your schedules for the games. You will be given a skeleton schedule as soon as the dates are finalized for the season. Please make every effort to be at all games as mentioned above, life happens and if you know you will be missing a game, be sure to give your coach at least a few days notice (preferably a week) as game preparations generally involve resetting line-ups and game strategy based on the personnel available. Parents are needed to help provide various non-coaching duties necessary at a game. You will be receiving an email asking for specific volunteers for the games.

Game Etiquette

During the games, please be sure to keep your cheering 'encouraging' to all players, coaches and officials. Passions do rise during the heat of competition. However, please remember that we represent Christ, and we strive to be a good example for players, fans, and officials. Do not harass the game officials or make negative comments about them. They are human and are subject to making mistakes and not seeing things.

Let the coaches coach, the players play, and the parents cheer. Our coaches are amazing and they have dedicated hundreds of hours to learn their craft and build team strategy. They have poured into your player and know the strengths and weaknesses of each player on their team. They also know the role of each player and what is best for the entire team. Please refrain from any instruction or 'coaching' from the stands as it will only serve to distract and confuse them as they need to be listening to their coach. "Nice Hit!" "Great Hustle!" "Great Defense!" "Nice Pass!" "Way to Go!" are great encouraging phrases.

Encourage players and parents from the opposing team. If you bring guests to a game, please be sure that they abide by the guidelines listed above. Above all else, please remember that this is a game and everyone should be having fun participating in the activities.

Should you need to discuss with the coach items related to your player, please do so outside of the context of a practice or game. Coaches generally have many things going on during the practices and games and need a clear mind to hear what you are saying and respond properly. Please go to your coach directly first with any concerns and if you do not get resolution there, then you can come to the Athletic Director.

Code of Conduct:

Spirit Academy Athletics has a NO TOLERANCE policy regarding the consumption of alcohol, illegal drugs, or any other 'controlled substance.' Players that are found to have participated in activities where these substances were used or consumed are subject to disciplinary actions that can range up to immediate and permanent dismissal from the team. Any players who are disciplined for these actions will not have any portion of their season fees refunded.

Besides character, academics are the highest priority for us. As such, players must maintain a minimum 2.5 GPA and not be failing any individual class in order to have academic eligibility for Spirit Academy Athletics. Students who are not academically eligible will not be able to participate in any practices or games until they have brought their GPA up to at least 2.5 and are no longer failing any individual class. Parents may be asked to provide evidence of academic eligibility.

Spirit Academy Athletics has a NO TOLERANCE policy regarding sexual harassment. Players that are found to have engaged in sexual harassment activities are subject to disciplinary actions that can range up to immediate and permanent dismissal from the team. Any players who are disciplined for these actions will not have any portion of their season fees refunded.

I have read all the expectations for players and parents and agree to abide by them.

INFORMED CONSENT FORM FOR FOOTBALL

We accept and understand that the sport of football involves certain inherent risks, dangers and hazards that may cause serious personal injury, including death, severe paralysis or brain injury necessitating long term care and significantly impairing enjoyment of life or life activities. We accept and understand that the above-described injuries and other injuries, including but not limited to: concussions; serious neck and spinal injuries potentially resulting in complete or partial paralysis; brain damage; blindness; serious injury to all internal organs; serious injury to all bones, joints, ligaments, muscles and tendons; contusions; dislocations; sprains; strains; and fractures, may occur as a result of participating in this sport. We accept and understand that certain activities such as the act of tackling carry with them a greater inherent risk of injury.

We understand that the inherent risks of this sport cannot be eliminated without jeopardizing the essential qualities of the sport. We have reviewed all of these risks and we understand and appreciate them and still desire to participate in the activity. ____

We certify that player has no medical or physical conditions which could interfere with or compromise his safety in participating in this activity.

In the event it becomes necessary for *Spirit Academy* staff to obtain emergency medical care for a player, we understand that neither the staff member nor *Spirit Academy* assumes financial liability for the expenses incurred because of the accident, injury, illness and/or unforeseen circumstances.

I certify that my household has sufficient medical insurance to facilitate any necessary medical care or resultant care for any injury that may be sustained by the above-named student.

HAVING READ AND INITIALED THE STATEMENTS ABOVE, I ACKNOWLEDGE THAT I HAVE READ THIS DOCUMENT AND FULLY UNDERSTAND THE RISKS ASSOCIATED WITH PARTICIPATING IN THIS VOLUNTARY ATHLETIC PROGRAM. BY SIGNING BELOW, I CERTIFY THAT I HAVE READ THE ABOVE, UNDERSTAND ITS CONTENT AND WISH TO PARTICIPATE.

"Signed Electronically"

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"Signed Electronically"

Portola Park Practice Facility

While the park is located off Santa Clara, the best parking is actually in the parking lot of Muir Elementary that is on Mabury Street. While the given address of 2191 Mabury St, Santa Ana, CA 92705 technically does not exist, it is the closest approximation to the field that a GPS will take you to. The practice field is the outfield of the softball field. The residents around the park are VERY particular about people parking in their neighborhood, so I have a map below detailing out where you can and cannot park for the practice:

