

Email 5

Subject Line:

Welcome to the best part of your day!

Body Copy:

Have you found a class you love? One that truly feels like the best part of your day? Is your KBC BINGO card filling up? Have you connected with other members of our community? We hope the answers to these questions are **yes**. But, if not, there's still plenty of time.

Below are some tips to keep moving forward from wherever you are.

- Attend another new class. The formats and possibilities of our classes seem endless but just show up one at a time. Have you tried *Inergy Circuit Express*? This indoor class only takes 45 minutes. No excuses! Click [here](#) to see which time works for you.
- Have you been scrolling through our [Facebook Community Group](#)? It's time to make a post. Share your monthly fitness goal with us. It doesn't have to be complicated. Maybe it's to attend 3 classes per week. Maybe it's to get more sleep. Maybe you just want to feel calmer. We'd love to hear from you!
- Inbody Testing is an analysis of muscle, fat, and water composition of your body. It's a great tool! Schedule your first Inbody Testing along with an initial Coaching Session. Use this [link](#) to request information.
- Here's an easy BINGO win. Confirm that you're receiving our email newsletters. As we wrap up your new member emails, we want to make sure you're getting the most up-to-date information about our events and community happenings. You should be receiving these emails every week on either Sunday or Monday. If not, please let us know.

The KBC Community is what you make of it. We're so glad you're here and that you're one of us. Our [team](#) is looking forward to seeing you at your next class. Let's Go!