

Comprehensive Gender Care Panel Further Learning Resources

University of Minnesota, Medical School Dean's Lecture Series | December 2020
Hosted by the Center for Women in Medicine and Science (CWIMS)



Terminology and Core Concepts

Becoming familiar with terms used by lesbian, gay, bisexual, transgender, queer, intersex, asexual, and other sexual and gender minorities (LGBTQIA+) can help you provide patients with the highest quality care.

- In [this glossary](#), you will find terms relevant to the health care and identities of LGBTQIA+ people.
- *Non-Binary Gender Identities* - [This fact sheet](#) provides basic information for psychologists, psychology students, and others who are interested in understanding non-binary gender identities.
- *Trans 101: Transgender People in Everyday Work and Life!* - [This online course](#) has seven interactive, multi-media modules covering core concepts related to transgender people and communities.

Tools for Providers:

- [*This short video from the AAMC](#) shows a first-hand perspective of what it can be like to seek healthcare as an individual who identifies as transgender; both the challenges and ways to improve this experience!*
- [This brief online course](#) helps clinic staff and providers create a welcoming environment for transgender people
- UCSF's extensive [Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People](#)
- The National LGBTQIA+ Health Education Center provides [a ton of educational courses](#), such as:
 - [Medical Care of Trans and Gender Diverse Adults](#)
 - [Clinical Care for Transgender and Gender Non-conforming Patients](#)
 - [Healthcare Experiences of Transgender and Gender Non-binary People of Color Panel](#)
 - [Trauma-Informed Care for Trans and Gender-Diverse Individuals](#)
 - [What Providers Need to Know about Trans Legal Issues](#)
 - [Reproductive Care and Obstetrics Beyond the Binary](#)
 - [Intersex Healthcare Experiences Panel](#)

Transgender Health and Gender Care:

- UMN's Program in Human Sexuality has compiled this [resource list for transgender health](#), including a wealth of resources for medical, mental wellness, health insurance, housing, legal, and identity information
- Visit M Health Fairview's [Gender Care Website](#) to learn more about their integrated approach to gender care
- Out2Enroll's state-specific [Transgender Health Insurance Guides](#)

Campus Resources:

- M Health Fairview's [Gender Care Website](#)
- UMN's Boynton Health's [Transgender Health Website](#)
- UMN [Gender and Sexuality Center for Queer and Trans Life](#)

Community Resources:

- [JustUs Health's](#) mission is to work for equitable health care access and outcomes for people who experience injustice at the intersection of health status and identity. They center individuals and communities at risk of and living with HIV or facing barriers to equitable health care access and outcomes because of their identity as gender, sexual and/ or racial minorities.
- The [Minnesota Transgender Health Coalition](#) is committed to improving health care access and the quality of health care received by trans and gender non-conforming people through education, resources, and advocacy.
- [OutFront Minnesota's](#) mission is to create a state where lesbian, gay, bisexual, transgender, and queer people are free to be who they are, love who they love, and live without fear of violence, harassment or discrimination. Focus areas include:
 - Community Organizing & Coalition Building
 - Public Policy
 - Anti-Violence
 - Law
 - Education & Training
 - Youth and Schools Gender Sexuality Alliance (GSA) Network
- [RECLAIM](#) works to increase access to mental health support so that queer and trans youth* may reclaim their lives from oppression in all its forms. Reclaim partners with youth ages 13 – 25 who are marginalized because of their gender identity, gender expression and/or sexual orientation. In addition to providing excellent care for youth, our vision is to change the landscape of access to care for queer and trans youth. We do this through deep practitioner development, training, education and outreach, and community partnerships at the intersection of gender and racial justice.
- [Family Tree Clinic's](#) mission is to cultivate a healthy community through comprehensive sexual health care and education.

Please note: This resource document is not intended to be a comprehensive list, but a starting point from which to build off of.