

# 2025

## Parent Handy Book

The Parent Handbook of Otsego County Community Resources



Brought to you by the  
Otsego Committee on Child Abuse & Neglect  
PO BOX 911 Cooperstown NY 13326  
PRODUCED IN COOPERATION WITH  
Bassett Healthcare and  
Otsego County Department of Social Services  
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[tinyurl.com/OtsegoOCCAN](http://tinyurl.com/OtsegoOCCAN)

[Click or Scan here for an online version](#)



# EMERGENCIES

Call: 9-1-1

SUICIDE Emergency: Call: 9-8-8

|                                           |                |
|-------------------------------------------|----------------|
| ALCOHOLICS ANONYMOUS                      | 1-888-227-6237 |
| CHILD ABUSE REPORTING                     | 1-800-342-3720 |
| CRISIS INTERVENTION SERVICE (Psychiatric) | 1-877-369-6699 |
| DOMESTIC VIOLENCE Hotline                 | 607- 432-4855  |
| <b>FIRE EMERGENCY</b>                     | <b>911</b>     |
| <b>MEDICAL EMERGENCY</b>                  | <b>911</b>     |
| MOBILE CRISIS ASSESSMENT TEAM (MCAT)      | 877-369-6699   |

## NATIONAL HOTLINES

|                              |                            |
|------------------------------|----------------------------|
| MISSING & EXPLOITED CHILDREN | 1-800-843-5678             |
| RUNAWAY YOUTH                | 1-800-621-4000             |
| SUICIDE PREVENTION           | 1-800-784-2433             |
| VETERANS' CRISIS LINE        | 1-800-273 - 8255 – Press 1 |

## OTHER

|                                  |                |
|----------------------------------|----------------|
| AO FOX HOSPITAL's ER             | 607-431-5000   |
| BASSETT MEDICAL CENTER's ER      | 607-547-3355   |
| NYSEG EMERGENCY                  | 1-800-572-1111 |
| POISON CONTROL                   | 1-800-222-1222 |
| State Police (Oneonta)           | 607-432-3211   |
| State Police (Richfield Springs) | 315-858-1122   |
| Domestic Violence or Rape Crisis | 607-432-4855   |

Otsego Committee on Child Abuse & Neglect  
PO Box 911  
Cooperstown, NY 13326

Dear Friends and Families:

We are again pleased to be able to provide the latest edition of the Parent Handy Book, a resource guide to services for parents and professionals in the Otsego County area. Copies of this book are available in print at area libraries and local agencies, and online at [www.otsegocounty.com/dept/dss](http://www.otsegocounty.com/dept/dss) and [www.ofoinc.org](http://www.ofoinc.org)

The Otsego Committee on Child Abuse and Neglect (OCCAN) hopes that knowing where to turn for help will make a difference in dealing with the ordinary and extraordinary stresses of family life. OCCAN, since its origin in 1978, has focused on child abuse/neglect prevention through public awareness and professional development. This is OCCAN's 36<sup>th</sup> year of presenting local conferences. OCCAN is a local affiliate of Prevent Child Abuse – New York [www.preventchildabuseny.org](http://www.preventchildabuseny.org)

We are again grateful to Bassett Healthcare's Printing Services for print production, and Otsego County's Information Technology Service for digital posting

While we have listed many services and organizations, you must make your own judgment about whether the service will work for you and your family. We know that there may be resources we haven't listed, but which may be useful to include in future editions. Please let us know your suggestions at the PO Box, above.

Sincerely,

Members of OCCAN:

Robert Horan – Otsego County Department of Social Services  
Bill Hayes – LCSW, Retired  
Debra Ann Miller – Sanguine Family Counseling and Consultation Services  
Sarah Purdy – Otsego County Child Advocacy Center  
Treena Halstead – Opportunities for Otsego, Inc./ Building Healthy Families  
Aaron Sorensen – Catskill Regional Teacher Center  
Kimberly Ahearn – Catholic Charities of Delaware, Otsego, Schoharie  
Kelsey VanAlstyne - Opportunities for Otsego, Inc./ Violence Intervention Program

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# **SECTION 1 COUNSELING, LISTENING, REFERRAL**

## **AIDS Services**

**Albany – NYS Dept. of Health HIV and STD helpline:** **1-800-962-5065**

Hours: Monday-Friday: 8AM-4:30PM

HIV Information, Testing & Counseling referrals (Anonymous, Free)

**Family Planning of South Central NY** **607-432-2250 or 1-800-230-PLAN**

37 Dietz St.

Oneonta, NY 13820

HIV & STD testing and counseling (confidential, anonymous, free);



**Southern Tier AIDS Program** **607-798-1706**

22 Riverside Drive

Binghamton NY 13905

M-F 9AM - 5PM

Serves eight counties. Accurate information, risk reduction strategies, help locating resources, and case management. All services are free.



**National AIDs Information** **1- 800-CDC-INFO**

General information M-F 9AM-5PM. or go to [www.hivrisk.cdc.gov](http://www.hivrisk.cdc.gov).

## **Alcohol, Substance Use & Addiction Disorders/Family Supports**

**LEAF Council on Addictions** **607-432-0090**

189 Main St. Suite 101

Oneonta, NY 13820

Monday – Friday 8:30am – 4:30 pm

Information, referral, and educational services on alcoholism, drug addictions, gambling addiction, and associated problems for community, family individuals; speakers to groups and schools.



**Addiction Recovery Services** **Adult services: 607- 431-1030**

242 Main Street 2<sup>nd</sup> Floor

Oneonta NY 13820

Clinic Oneonta: Mon – Fri 8:30am -4:30pm (closed noon-1 for lunch)



Satellite office:

140 County Hwy 33W, Suite 1

Cooperstown, NY 13326

Adult Services: 607-431-1030

Cooperstown: Mon-Wed; Fri 8:30am – 4:30pm (closed noon-1 for lunch)

Adult Services: **607-431-1030**

Confidential counseling services for those with alcohol and substance use disorders, other addictions, and for their significant others. Individual and group counseling, outpatient resources and referrals and referrals made to in-patient services or other facilities. Accepts crisis appointments and referrals from healthcare providers.

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## [Alcoholic Anonymous \(AA\)](#)

**1-888-227-6237 (2 B SOBER)**

Self-help for alcoholics. Regular support group meetings. For information on AA in your geographic area, call the number above. No charge.



## [Al-Anon-Otsego:](#)

Support for family and friends of alcoholics. Meetings are held in Oneonta, Andes, Sidney and Delhi. For locations and times, go to the website and click on a map region.



## [Nar-Anon:](#)

Strength and hope support group meetings for friends and families of those with substance use disorders. Meetings in Delhi, Herkimer, Sidney, and Walton. For locations and times, visit the website, scroll to "upstate New York tabbed Meeting Search" click on and scroll to the city. Click on the city for meeting information.



## [Narcotics Anonymous \(NA\):](#)

Self-help for substance use disorders. Regular support group meetings. For information on NA in your geographic area, visit: NA.org

## [Friends of Recovery of Delaware and Otsego Counties](#)

**607- 267-4435**



## [The Turning Point](#)

Addiction recovery community for individuals and families in recovery from addictive disorders: peer-led support groups, recovery coaching; linkage to/assistance with a variety of needed services, such as housing, employment, classes and workshops in life skills, health and wellness, education and career planning, free social/recreational activities, family centered events, leisure interest development, sport team events and more.

22 Elm Street

Oneonta, NY 13820

M,T,F 9AM- 5PM W,Th 9AM-7PM. Saturday: 9AM-Noon

Delhi NY, 13753

84 Main Street

M-W 9AM- 5PM Th-F 9AM -7PM

Saturday: 9AM-12PM

**607-746-3570**



## Mental Health and Wellness

### Bassett Healthcare / Bassett Medical Center

1-800-BASSETT / 1-800-227-7388

1 Atwell Rd.  
Cooperstown, NY 13326



### Bassett Psychiatry

607-547-3500

Psychiatric outpatient services for adults, adolescents and children. Adult (18+) inpatient unit for short term services. Medicaid, Medicare, and other insurance and managed care plans. Call for specific information.

### Bassett School Based Health Clinics

1-844-ALL-SBHC

Mental health care for enrolled students at each school, K-12. Counseling by licensed social workers. No cost to families after insurance billing. Some summer hours available.

[www.bassett.org](http://www.bassett.org)



### Social Work Services

Primary care: 607-547-3183

Department-specific counseling and support for those dealing with health issues:

Adult Primary Care

607-547-3183

Cancer Treatment Institute

607-547-4963

Dialysis

607-547-3873/433-6468

Women's Health

518-369-2735

Inpatient psychiatry

607-547-3586

Pediatrics

607-547-3870

### SUNY Oneonta Student Counseling Center

607-436-3368

State University College at Oneonta  
Oneonta, NY 13820

Mon – Fri 8-Noon and 1- 4PM

FREE counseling for SUCO students to improve emotional, social, academic and vocational coping. Referral to longer term local services as needed.



### NAMI of Delaware and Otsego Counties:

607-326-4797

The local affiliate of the National Alliance on Mental Illness provides a monthly support meeting for family members coping with a loved one's struggle with mental illness. Email

[namidelawareco@gmail.com](mailto:namidelawareco@gmail.com)



### Otsego County Mental Health Services

607-433-2343 (Adults age 18+)

242 Main Street 3<sup>rd</sup> Floor

607-433-2334 (children age 3 – 17)

Oneonta, NY 13820

[www.otsegocounty.com/depts/mh](http://www.otsegocounty.com/depts/mh)

Mon. – Fri 8:30 am – 5:00 pm

Individual, family, children (ages 3 – 17) and adult (age 18 and older) counseling. MD and PNP prescribers available. Sliding fee scale, Medicaid, Medicare, and other medical insurance payments accepted;

serves all Otsego County residents.



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## Bereavement Support

### **Helios Care (formerly Catskill Area Hospice)**

**607-432-5525**

297 River St. Service Rd.  
Oneonta, NY 13820

<https://helioscare.org/>



Support groups, (ages 18 and over) meet once a month to serve those who have lost loved ones.

In-person meetings are held in Cobleskill, Delhi, Cooperstown and Oneonta. For (school-aged) children and teens, call for more information about age appropriate “coping kits” to be used with a caring adult.

### **Compassionate Friends**

**607-746-7396**

[www.tcfoneonta.org](http://www.tcfoneonta.org)

Local chapter of a national network of support groups for parents, families or friends of families who have experienced the death of a child. Meets the third Thursday of the month at 7:00 p.m. Call or check the website for meeting location and updates.



## Other Community Support Groups and Services

### **Catholic Charities**

**607-432-0061**

Dispute Resolution Chenango/Delaware/Otsego Counties  
176 Main Street  
Oneonta, NY 13820



Voluntary and confidential assistance with discussion or conciliation of disputed topics that can result in agreement and potential submission to court. Includes custody/visitation, divorce, landlord/tenant, small claims, special education and agricultural. Virtual Services available.

### **Family Resource Network**

**607-432-0001**

46 Oneida Street Oneonta, NY 13820

Information and referrals regarding children with special needs. Advocacy Program available via phone or email. Families Together Support Group meetings, Teen Scene, Dragon Dates, group events and activities available for youth.



### **Rehabilitation Support Services**

**607-433-1714**

9 River Street  
Oneonta, NY 13820

Resource assistance for people with mental health challenges: vocational services, housing assistance, recreational opportunities, guide to local resources.



**Warm Line** Peer Support: (not a crisis hotline)  
Every day (365!) Noon- 10 PM.

**800 377-3281**

FREE Confidential peer support, referrals to community services, and alternative means for growth and health; Serves Otsego, Delaware, Schoharie and Chenango, and beyond.

## **BIANYS of NYS**

**607-283-2163**

Brain Injury Support Group zoom meetings held on the 4<sup>th</sup> Monday of the Month 1PM. Caregivers Support Group zoom meetings are held on the 2<sup>nd</sup> Tuesday afternoons and 1<sup>st</sup> Thursday evenings 4PM.

Email: khindes@bianys.or



## **Salvation Army**

**607-432-5960**

25 River St.  
Oneonta, NY 13820  
[www.salvationarmy.org](http://www.salvationarmy.org)



Mon. – Fri. 9AM-3PM

FREE assistance for families concerned with children's problems, bringing family together to address concerns.

## **SPOA (Single Point of Access)**

**607-547-1621**

140 County Hwy. 33W,  
Cooperstown NY



A clinical coordinator helps with adult and child mental health issues, locating and helping with referrals to –and navigation of– human services systems.

## **Veteran's Services**

### **Otsego County Veterans Services**

**607-547-4224**

Meadows Office Complex  
140 County Hwy. 33W,  
Cooperstown, NY



### **NY State Division of Veterans Services**

**607-432-4190 or 888-838-7697**

242 Main St.  
Oneonta NY 13820  
[www.veterans.ny.gov](http://www.veterans.ny.gov)

Veterans crisis line: 1-800-273-8255



Information for veterans and their dependents on benefits and services available to them.

### **Violence Intervention Program, Opportunities for Otsego**

**607-433-8038**

3 West Broadway  
Oneonta, NY 13820  
Mon-Fri 8-5PM , and 24 hr on call help.

Hotline: (607) 432-4855 (collect calls accepted)



Free, confidential services to victims of sexual assault, rape, date rape, incest, intimate partner violence, family violence, or crime. 24-hour crisis hotline, staffed safe house and transitional housing, individual and group counseling, legal advocacy and court accompaniment, crime victim board compensation assistance, domestic violence and sexual assault prevention education for schools and community organizations.

## **SECTION 2: CRISIS INTERVENTION /SAFETY NET SERVICES**

### **American Red Cross**

#### **Central & Northern New York – Utica Office**

**315-733-4666**

125 Business Park Drive, Suite 110  
Utica, NY 13502



### **Northeastern New York**

**518- 458-8111**

33 Everett Road  
Albany, NY 12205  
Monday-Friday, 8:30AM-4:30PM

FREE! disaster aid services to families and individuals including food, clothing, and shelter. Classes in first aid, CPR and Water Safety. Minimal charge for classes. Services and information for families in the military.

### **Catholic Charities**

**607-432-0061**

Caring Connections  
176 Main Street Oneonta, NY 13820  
M, T, W, F, 8:30 AM – 4:00 PM Th- 8:30 AM - 6 PM



Support with emergency needs through advocacy, direct services, and education.

### **Family Service Association of Oneonta**

**607-432-2870**

277 Chestnut Street  
Oneonta, NY 13820



Clothing, furniture, household goods, assistance with costs of transportation, prescriptions, holiday needs.

### **Mobile Crisis Assessment Team (MCAT):**

**1-844-732-6228**

Assistance during a mental health crisis for children and adults in Oneida, Herkimer, Schoharie, Otsego, Delaware and Chenango Counties, de-escalating, preventing possible harm, keeping the problem outside of the legal system, and avoiding hospitalization when appropriate. MCAT works with the individual, family and community agencies.



### **New York State Child Abuse/Maltreatment Registry**

24 hour Hotline: 1-800-342-3720  
NYS Department of Social Services  
40 North Pearl Street Albany, NY 12243

### **Opportunities for Otsego**

**607-433-8000 or 1-800-986-5463**

3 West Broadway  
Oneonta, NY 13820



**Violence Intervention Hotline (sexual assault, domestic violence)**

**607.432.4855**

**Homeless Hotline Stop In: 10-20 Depew Street, Oneonta**

**607.433.8318**

**Otsego County Department of Social Services (DSS)**

**1-800-422-2512**

140 County Highway 33W Cooperstown, NY 13326

**607-547-1700**

Monday – Friday, 8:30 AM – 4:30 PM (September through June)

Monday – Friday, 9:00 – 4:00 PM (July and August Only)



Basic life support services to all citizens of Otsego County. No appointment is required to apply for SNAP (Food Stamps), Temporary Assistance, Safety Net Assistance or Emergency Services. No new clients after 3:00 PM except for crisis or emergencies.

**You must have an appointment to apply for medical assistance.**

Bring the following documentation: Birth certificates for all family members, Social Security numbers for all family members, health insurance card, rent/mortgage receipt, fuel/utility bills, phone bill, marriage certificate or divorce papers, custody papers, disability notice, unemployment book, proof of any income, life insurance, current savings/checking account statement.

**To learn about eligibility, visit: [mybenefits.ny.gov](https://mybenefits.ny.gov)**



Medicaid - assists with medical costs, including prenatal care

Emergency & Temporary Assistance - cash benefit for necessities, assistance with the cost of housing

Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps) – assists with food costs

Home Energy Assistance Program (HEAP) – assists with the cost of heating

Child Care Subsidy – assists with cost of childcare

## **SECTION 3 EDUCATION, EMPLOYMENT & JOB SKILL DEVELOPMENT**

### **CDO Workforce**

**607-432-4800 ext 109**

12 Dietz Street  
Oneonta, NY 13820



Education and training resources for employed and unemployed residents of Chenango, Delaware, and Otsego Counties.

### **Literacy Volunteers of Otsego and Delaware Counties**

**607-287-0036**

31 Maple Street  
Oneonta, NY 13820  
Hours: Tuesday & Thursday 11 AM - 4 PM



For adults seeking free, voluntary, and confidential tutoring services in basic literacy, English for speakers of other languages, and basic math.

### **Clark Foundation Scholarship**

**607-547-9927**

9 Main Street  
Cooperstown, NY 13326



Assists students and qualifying adults to attain education beyond high school. May include post-secondary programs at accredited institutions of higher learning. Serves students in the following school districts: Cooperstown, Cherry Valley-Springfield, Edmeston, Gilbertsville-Mount Upton, Laurens, Milford, Morris, Mount Markham, Owen D. Young, Richfield Springs, Schenevus, Worcester, and Otsego Area BOCES.

### **Cornell Cooperative Extension of Schoharie & Otsego Counties**

**607-547-2536**

123 Lake St.  
Cooperstown, NY 13326  
Fax: (607) 547-5180  
[otsego@cornell.edu](mailto:otsego@cornell.edu)



### **Schoharie County Extension Center:**

**518-234-4303**

173 South Grand St, Ste 1  
Cobleskill, NY 12043  
[schoharie-otsego@cornell.edu](mailto:schoharie-otsego@cornell.edu)



### **Oneonta Outreach Site**

**607-433-2521**

31 Maple St.  
Oneonta, NY 13820



Provides informal education for all ages: classes, workshops and tours, informational and educational brochures; services include: Health and Nutrition, 4-H/Youth Development, Agriculture and Master Gardener Programs.

## [Access and Opportunities Program-SUNY Oneonta](#)

607- 436-2407 or 2496

110 Netzer Administration Building  
State University of NY at Oneonta  
Oneonta, NY 13820  
E-mail: [eop.ace@oneonta.edu](mailto:eop.ace@oneonta.edu)



Access & Opportunity Programs houses 4 different programs that support multiple students. The ASPIRE Oneonta program is for first-generation students, the Educational Opportunity Program (EOP) is for historically disadvantaged and academically in need, the College Assistance Migrant Program (CAMP) is for farming students whose parent or student does agricultural work and has a financial and academic need, and the SUNY Oneonta Heritage Language Institute (SOHLI) for International and English Language Learners that require academic support. ASPIRE, EOP, and CAMP all provide counselors/advisors, tutoring, study hours, and mentors to assist students throughout college. All received scholarships, textbook support, and school supplies. As well as working with students all four years while they are at school. SOHLI is an academic need, no scholarships but provide tutoring and support from the office. All of the access & opportunity programs are for different types of students who want to attend SUNY Oneonta.

## [ARC Otsego](#)

607-432-8595

35 Academy Street  
Oneonta, NY



Assists individuals with intellectual and developmental disabilities prepare for, find, and maintain community employment.

## **High School Equivalency and Adult Education Information**

### [Afton Adult/ Continuing Education Program](#)

607-639-2811

29 Academy Street  
PO Box 5  
Afton, NY 13730



Free adult basic education and high school equivalency preparation classes throughout Delaware and Chenango Counties. There are 2 home study programs: GRASP is for adults aged 21; additionally SMART is for adults with low level reading and math skills. Join anytime, work at your own pace and return assignments every 2 weeks.

### [SUNY Empire at Binghamton](#)

607-203-8710

Business Building, 2nd Floor, RM 211  
324 N College Dr.  
Binghamton, NY 13905  
**BY APPOINTMENT ONLY**



Earn your undergraduate degree online, onsite or through a combination of both. Or pursue your master's degree online and supplement your courses with regional meetings and weekend residencies.

## **Herkimer-Fulton-Hamilton-Otsego BOCES**

**315-867-2000**

352 Gros Boulevard  
Herkimer, NY 13350  
Monday-Friday 8:30 a.m. to 2:30 p.m.  
Evening and weekend hours can be arranged.



For students at least 18 years of age and out of school. Individual and small group instruction in grammar, math, reading, science, social studies and writing. Program is on-going and you may begin at any time during the year.

## **DCMO BOCES**

**607-335-1200**

|                                                            |                                                                             |
|------------------------------------------------------------|-----------------------------------------------------------------------------|
| Alan Pole Campus<br>678 County Rd. 32<br>Norwich, NY 13815 | Harold Campus<br>270 BOCES Drive<br>Sidney Center, NY 13839<br>607-865-2500 |
|------------------------------------------------------------|-----------------------------------------------------------------------------|



DCMO BOCES offers a broad selection of adult education programs that fulfill technical, leisure and general education needs of working aged adults in our region. From looking for a new career to needing to train your dog, DCMO has a program just for you!.

## **DCMO Health Occupations Programs**

**607-335-1210**

Training Location:  
Health Occupations Center  
27 West Main St  
Norwich, NY 13815



The DCMO BOCES Health Occupations programs provide many opportunities to prepare you to enter the field of healthcare careers in the region. Comprehensive training and licensure offered for those looking to pursue careers in Licensed Practical Nursing, Certified Nursing Assistant, and Phlebotomy.

## **Local School Guidance Departments**

District numbers found on linked website/QR code

District addresses found  
on linked website/QR code



See your local school guidance counselor for information on classes for adults, continuing education courses and vocational programs; grants, scholarships and loans for full time educational programs may be available.

## Office of Continuing Education SUNY Oneonta

**607-436-2548**

SUNY Oneonta Campus Location  
215 Hunt Union  
Oneonta, NY 13820  
9 AM – 4:30 PM  
Email: [conted@oneonta.edu](mailto:conted@oneonta.edu)

Downtown Oneonta Location  
4 Dietz Street  
Oneonta, NY 13820  
9 AM - 5 PM  
607-436-2831



From high school students looking to get a head-start on college courses, to community members who want to get training for a new career or for personal enrichment, SUNY Oneonta's Extended and Community Learning Center is here for you. We offer a variety of in-person and online courses, and many new programs are being developed.

## Otsego Northern Catskills BOCES (ONC BOCES)

**607-286-7715**

Otsego Area Occupational Center  
1914 County Hwy 35  
Milford, NY 13807

Northern Catskills Occupational Center  
2020 Jump Brook Rd  
Grand Gorge, NY 12434  
607- 588-6291



ONC Boces provides a number of opportunities for highschool and adult aged students, including general education and career and technical education training. They support school districts in Otsego and the surrounding counties.

**\*\*\* HSE (GED) is on a temporary Hiatus as of 2/13/25\*\*\***

## Otsego Area School of Practical Nursing

**607-431-2562**

Office Address: ONC BOCES Adult Education  
31 Center St. 3rd floor  
Oneonta, NY 13820

Program Address: A.O. Fox Hospital  
1 Norton Ave  
Oneonta, NY 13820



The PN Program is a full-time, ten-month classroom/clinical instructional adult education certificate program that runs from September to June for students with a high school diploma or HSE/GED. The course consists of 30-35 hours per week. Upon completion of the program, the graduate will receive a diploma (certificate) in Practical Nursing and is eligible to sit for the NCLEX-PN (National Council Licensure Examination for Practical Nursing)

## **Employment**

## Catskill Center for Independence

**607-432-8000 VOICE & TTY**

6104 State Highway 23  
Oneonta NY, 13820



Provides a variety of employment services which empower people with disabilities to take control of the direction of their own lives.

## **CDO Workforce/Otsego County Office of Employment & Training**

**607-432-4800**

12 Dietz Street  
Suite 101  
Oneonta, NY 13820  
Monday – Friday 8:30am – 5:00pm



The Chenango-Delaware-Otsego Workforce is the agency to link employers with workers, and workers with the resources they need to develop their careers. CDO Workforce coordinates and focuses employment, training and education development resources across three counties, providing service to employed people, unemployed people and employers alike. Our goal is to improve the long-term growth and development of the work force.

## **Oneonta Job Corps Academy**

**800-733-5627**

21 Homer Folks Ave.  
Oneonta, NY 13820



Residential, educational, vocational and High School Equivalency education to eligible young adults (ages 16-24); offers auto body repair, auto mechanics, cement masonry, clinical medical assistant, electrician, facilities maintenance, health occupations/certified nurses' aide, medical office technology, and tile setting.

## **Rehabilitation Support Services**

**607-433-1714**

Rehabilitation Support Services  
9 River Street  
Oneonta, NY 13820



Supported Employment assists individuals to secure competitive employment in jobs best suited to their abilities and preferences. Ongoing staff and informal supports are available to help with job retention. Supported employment may include ACCESS VR -funded intensive services consisting of job development, placement, situational assessment, job coaching, and OMH-funded extended services.

## **The Arc Otsego**

**607-432-8595**

35 Academy Street  
Oneonta, NY 13820



The Arc Otsego provides supports, services and advocacy to assist individuals with intellectual and other developmental disabilities to live rich, fulfilling lives, including a variety of employment services.

# **SECTION 4 ENERGY & EMERGENCY ENERGY SERVICES**

Electric or Gas Emergency: Dial 911  
Shut-off of gas or electricity can be a life threatening situation.

**Do not ignore shut off notices or late bills.**

**You must contact NYSEG or National Grid first before emergency assistance can be arranged.**



If you are late or unable to pay your monthly energy bill, call the company:

NYSEG (NYS Electric and Gas):

National Grid: 1-800-NIAGARA

REA Otsego Electric Cooperative:

Talk to customer service representative to resolve your problem.

1-800-572-1111

1-800-642-4272

607-293-6622

For Financial Assistance:

Department of Social Services

607-547-1700

Turned down by all but still in a life threatening situation?

NYS Public Service Commission Hotline 1-800-342-3355 (recorded message).

## **Catholic Charities of Delaware, Otsego, and Schoharie Counties**



### **Delaware County**

**607-401-4071**

21 Liberty Street Sidney, NY 13838

M, T, W, F, 8:30 AM – 4:00 PM Th- 8:30 AM - 6 PM

### **Otsego County**

**607-432-0061**

176 Main Street Oneonta, NY 13820

M, T, W, F, 8:30 AM – 4:00 PM Th- 8:30 AM - 6 PM

### **Schoharie County**

**518-234-3581**

489 West Main Street Cobleskill, NY 12043

M, T, W, F, 8:30 AM – 4:00 PM Th- 8:30 AM - 6 PM

Assistance with utility emergencies including electric shut-offs, heating assistance, hot water, etc. All other resources and programs must be exhausted prior to receiving assistance from Catholic Charities.

## **Citizen Action Fuel Group**

**518-465-0336**

94 Central Avenue

Albany, NY 12206

1-800-559-4645

Leave a message. They return calls on Tues., Weds, and Thurs only

Email: [cafg@citizenactionny.org](mailto:cafg@citizenactionny.org)

Obtain membership in group purchasing power to lower fuel costs. No income eligibility.

Call for an application and information.



## **New York State Electric and Gas**

### **Energy Assistance Program**

Email: [NYSEGEnergyAssistanceProgramMailbox@nyseg.com](mailto:NYSEGEnergyAssistanceProgramMailbox@nyseg.com)

Assists eligible customers to gain control of their energy bills, pay off past due amounts owed and stay current with future bills. Download [application](#) from website: [nyseg.com](http://nyseg.com)



### **Project SHARE**

**1-800.599.4327**

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Assists income-eligible NYSEG customers with active disconnect notices in NYSEG service areas.

## **New York State Energy Office**

**1-866-NYSERDA**

17 Columbia Circle  
Albany, NY 12203-6399  
Email: [info@nyserda.ny.gov](mailto:info@nyserda.ny.gov)



Monday-Friday, 8:30AM-5:00PM

Energy conservation information, energy investment loans to businesses and zero interest loans for HEAP recipients.

## **Home Energy Assistance Program (HEAP):**

### **Otsego County Department of Social Services**

**607-547-1622**

140 Co Hwy 33W Cooperstown, NY 13326

**Hotline:**

**1-800-422-2512**

**Apply ONLINE:** [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)



Assists income-eligible individuals with fuel and utility assistance, emergency assistance and furnace repair and replacement. One-time benefit paid directly to fuel dealer. Must have vendor relationship for fuel oil, kerosene, electric, gas, wood, coal or rent and heat. Typically begins in November if funding is available. Public assistance and food stamps recipients are automatically eligible.

### **Emergency Aid to Families (EAF):**

Emergency needs for pregnant women and families with at least one child less than 18 years of age or under age 19 and regularly attending full time secondary school in specific circumstances. Call for more information. Must apply in person and bring shut off notice.  
For 60 years and older with no previous HEAP benefit and not receiving public assistance:

### **Otsego County Office for the Aging**

**607-547-4232**

## **Weatherization and Energy Services**

**1-855-547-4390**

### **Energy Services Opportunities for Otsego, Inc.**

**607-433-0444**

182 Roundhouse Road,  
Oneonta, NY 13820



Assistance to help make your home more energy efficient, warmer and safer. Some installation and repairs available to income eligible homeowners and renters.

### **Empower New York:**

No-cost energy efficiency assessments and solutions for income-eligible residents.



## Energy Opportunities

Fee for Service component for those looking for energy conservation services outside of program services.

### Otsego County Sheriff

**607-547-4271**

172 County Highway 33 West  
Cooperstown, NY 13326

607-547-4273

For emergency only: dial 911

Corrections Phone: 607-547-4252

Email: [SHERIFF@otsegocounty.com](mailto:SHERIFF@otsegocounty.com)

Open 24 hours a day, seven days a week.

Call for assistance in case of life threatening situations and in relevant emergencies. Will notify fire department, ambulance or DSS (Department of Social Services) in case of emergency. No charge.

### Project Share

**1-800-572-1111**

New York State Electric and Gas  
Oneonta, NY 13820

65 Country Club Rd,

Assists income-eligible and Veterans with active shut-off notices.

## **SECTION 5      FOOD AND NUTRITION SERVICES & CLOTHING**

[A. O. Fox Hospital Nutrition Consultation Services](#)

607-431-5181

### **Fox Care Center**

1 Foxcare Drive Suite 300

Oneonta, NY 13820,

Registered dietitian available for nutrition consultation to tailor a diet program that is right for you and your family. Must have a Nutrition Consultation Referral form from a physician.



### **Bassett Healthcare Outpatient Nutritional Counseling**

**607-547-5181**

To make an appointment

For Cooperstown:

607-547-3456

For Cobleskill:

518-254-3456

For Delhi:

607-746-0300

For Herkimer:

315-867-2700

For Little Falls:

315-823-1000

For Oneonta:

607-433-6300

Offers outpatient nutritional counseling. Call for information or appointment.

## **Breastfeeding Support**

### **Bassett Hospital Birthing Center**

**607-547-3535**

24-hour access to newborn breastfeeding support by nursing staff / Lactation specialists

### **Otsego County Public Health**

**607-547-4230**

### **Le Leche League**

**607-638-9058**

Local Contact: Text ONLY

Email: [otsegocountylll@gmail.com](mailto:otsegocountylll@gmail.com)

Facebook at La Leche League of Otsego County, NY, USA

Parent-to-parent breast/chest/human-milk feeding support, education, information, and encouragement



**1-877-4-LALECHE**

### **Mothers & Babies Perinatal Network**

**1-800-231-0744**

Assists in connecting to local Lactation Consultation



### **Opportunities for Otsego WIC Program**

Personalized breastfeeding support for income-eligible households



## Cornell Cooperative Extension of Schoharie and Otsego Counties



### **Cooperstown Office:**

123 Lake Street,  
Cooperstown, NY 13326  
Email: [otsego@cornell.edu](mailto:otsego@cornell.edu)  
Monday-Friday 8:30AM to 4:30PM

**607-547-2536**

### **Oneonta Office:**

31 Maple Street,  
Oneonta, NY 13820  
Wednesday & Friday 8:30AM to 4:30PM, Closed 12:30 to 1:30PM

**607-433-2521**

### **Cobleskill Office**

173 South Grand Street, Suite 1,  
Cobleskill, NY 12043  
E-mail: [schoharie@cornell.edu](mailto:schoharie@cornell.edu)  
Monday-Friday 8:30AM to 4:30PM

**518-234-4303**

**518-296-8310**

## **EFNEP-Expanded Food & Nutrition Education Program**

**607-547-2536**

518-234-4303

518-296-8310

A trained Nutrition Program Educator will meet individually or in a small group for interactive lessons focusing on meal planning, budgeting, preparing low cost, nutritional meals, and ways to increase physical activity. Eligibility is based on income and children in the household.

## **Master Gardener Program**

**607-547-2536 (Ext. 221)**

Cornell trained volunteers answer questions and provide information about growing your own vegetables. Also visit Home Gardening <https://gardening.cals.cornell.edu/>



## **Food: Feeding Programs and Food Pantries**

### **Otsego County Hunger Coalition:**

<https://www.otsegohunger.com/>



A comprehensive and current list of community food pantries by township and Feeding Programs, including school back pack programs, senior meals, free public meals, and farmer's markets; addresses and contact information included.

## **SNAP BENEFITS (Supplemental Nutrition Assistance program):**

**Otsego County Dept. of Social Services** (607) 547-1700 Toll free: 1-800-422-2512

Meadows Office Complex  
Physical Address  
1410 County Hwy 33W



### **Cooperstown, NY 13326**

Mailing Address: 197 Main Street Cooperstown, NY 13326

Supplemental Food Assistance (Food Stamps) Apply to find out eligibility. Call for information or apply online at <https://mybenefits.ny.gov>

**Nutrition Outreach and Education Program (NOEP)** 607-386-3562

### **Catholic Charities Otsego County**

607 432-0061 ext 112

176 Main St Oneonta NY 13820



**New York State SNAP (Food Stamp) Hotline** 1-800-342-3009

If you are having trouble getting Food Stamps, call for information and help.

**Office of the Aging** 607-547-4232

Cooperstown Office

140 County Highway 33 West #5,

Cooperstown, NY 13326

Monday-Friday, 8:30AM-4:30PM

Oneonta Satellite Location available by appointment only.

Email Office for the Aging: [aginginfo@otsegocounty.com](mailto:aginginfo@otsegocounty.com)

Email NY Connects: [nyconnects@otsegocounty.com](mailto:nyconnects@otsegocounty.com)

**(WIC) Women, Infants and Children** 607-433-8071

Supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women and families with children under the age of 5 years old. Call for information and eligibility. Nutrition education and vouchers to purchase formula and nutritious food.



## Clothing and Thrift Stores

### **Audrey's Old and New**

**(607) 287-2786**

4255 US Hwy 20, Richfield Springs

Open Fri-Sat 10am-5pm

Call ahead to be sure it's open.

### **Back on the Rack**

**(315) 858-7225**

403 Earl Road, Richfield Springs

Open Mon-Sat 10am-5pm

### **Catholic Charities**

**607-432-0061**

176 Main Street  
Oneonta, NY 13820

### **Creekside Industries (a Division of ARC Otsego)**

**607-433-8447**

Pick up is at 102 Browne Street, Oneonta

Low cost diapers (infant and adult), personal and sanitizing wipes, household paper goods. Call and place an order.



### **Family Service Association Clothing Room**

**607-432-2870**

277 Chestnut Street  
Oneonta, NY 13820  
Monday-Thursday, 9AM-4PM

FREE! clothing, shoes, and bedding, baby clothing and diapers.



### **Helios Care (formerly Catskill Area Hospice) Thrift and Boutique**

**607-432-5335**

269 Main Street  
Oneonta, NY 13820  
Monday-Saturday 10am-4pm

Gently used clothing accessories, household goods, kitchenware at affordable prices.

### **Magic Closet**

**607-263-5927**

Episcopal Parish House  
162 Main Street  
Morris, NY 13808

Low cost clothing, toys, household appliances, kitchenware, books, videos, etc.

### **Milford Clothing Bank**

**607-263-5116**

First United Methodist Church

133 N Main Street Milford, NY 13807  
Saturday 9:30-11:30AM Free clothing, toys, household goods

## **My Neighbor's Closet**

Serves Cooperstown school district families: [www.angelnetworkofcooperstown.org](http://www.angelnetworkofcooperstown.org)  
Or Contact: Cooperstownangel@gmail.com



## **Salvation Army Thrift Shop**

**607-432-0952**

105 Main Street  
Oneonta, NY 13820

## **Shakedown Street**

**607-436-9776**

167 Main Street  
Oneonta, NY 13820  
New and Used low cost women's and men's clothing

## **Silks and Treasures Consignment Shop**

**607-432-0578**

11 Elm Street  
Oneonta

## **SPCA Better Exchange Thrift Shop**

**607-547-9462**

4841 State Hwy 28  
Cooperstown, NY  
Tuesday-Saturday, 10AM-4PM

## **The Storehouse Inc.**

**(607) 397-8226**

145 Main Street,  
Worcester, NY  
Open Thurs-Sat 10am- 4pm

## **Unadilla House of Consignment**

**607-369-2827**

214 Main Street  
Unadilla, NY  
Wednesday-Saturday 10am-4pm

### [Catholic Charities of Delaware, Otsego, and Schoharie Counties](#)

**607-432-0061**

176 Main Street  
Oneonta, NY 13820

Emergency connections to housing assistance services, including rental assistance when available.



### [City of Oneonta Code Enforcement](#)

**607-433-3435**

City Hall  
258 Main Street  
Oneonta, NY 13820  
Monday – Friday, 8:00 AM – 4:00 PM  
EMAIL: [codeenforcement@oneonta.ny.us](mailto:codeenforcement@oneonta.ny.us)

City Clerk at 432-6450  
FAX: (607)432-0945



Enforcement of all fire and safety codes for rental housing in the City of Oneonta. Call from tenants WELCOME. Confidentiality of informer protected. Renters do not lose housing. Daycare inspections. Call to schedule a visit.

### [City of Oneonta Housing Authority](#)

**607-432-0170**

2 Mitchell Street (Nader Towers – off River Street)  
Oneonta, NY 13820  
Monday – Friday, 8:00 AM – 4:00 PM

Information and applications for rental assistance for seniors and low income family housing in the City of Oneonta. You must file an application. Pick one up on site or call to have one mailed. Verification is required, and there is a WAITING LIST.



### [Habitat for Humanity of Otsego County](#)

**607-432-7874**

(Office Located at Elm Park United Methodist Church 401 Chestnut Street Oneonta)  
Mail: 403-B Chestnut St.  
Oneonta, NY 13820

**Email: [HabitatOtsego@gmail.com](mailto:HabitatOtsego@gmail.com)**

Not-for-profit organization that builds and renovates affordable housing. Approved applicants contribute “sweat equity”, and purchase homes financed with affordable, no-interest loans. [Applications](#) and information available on the website: <https://habitatotsego.org/homeowner-application/>



### [Low Income Household Water Assistance Program \(LIHWAP\)](#)

**1-800-342-3009**

Office of Temporary and Disability Assistance (OTDA)

Hotline: 1-833-690-0208

Assists low-income households with costs of water and sewer services, including past due bills.



## **Oneonta Single-Room Occupancy (SRO)**

**607-436-9250**

### **Catholic Charities Housing Office:**

52 Maple Street,  
Oneonta, NY 13820  
[www.cchoalbany.org](http://www.cchoalbany.org)



Affordable shared housing for single adults in need of stable, safe and affordable supported housing.

Income-eligibility with case management services available. [Application](#) required. Download, call or pick one up at Maple Street office or 176 Main Street Oneonta. Mail to: Oneonta SRO Housing Office, 52 Maple Street, #13, Oneonta 13820. Unable to assist with emergency housing.

## **Oneonta Water Treatment Facility**

**607-433-3470**

110 East Street  
Oneonta, NY 13820

(Laboratory directly) 607-433-3486

Tests drinking water for harmful bacteria. Drinking water test is \$35/sample. Pick up lab bottle and instructions from the water treatment plant. Call for further information.

## **Opportunities for Otsego, Inc.**

**office 607-433-8337**

### **Emergency Housing Assistance Program:**

hotline 607-433-8318

Emergency shelter and assistance for homeless and at-risk households. Case managers assist with the transition from temporary to permanent housing and with connections to community resources and safe, stable housing.

FREE to income-eligible households. Minimal fee for non-eligible households.



## **Housing Services**

**607-433-8000**

Opportunities for Otsego, Inc.  
3 West Broadway  
Oneonta, NY 13820

Information and resources for renters and prospective homeowners, including affordable housing options, education on credit, preparing for home ownership, maintaining a home, and budgeting.



## **Weatherization:**

**607-433-0444**

182 Roundhouse Road  
Oneonta, NY 13820

No cost assistance to income-eligible homeowners and tenants. Home energy conservation that makes homes more energy efficient, affordable, comfortable and safe. Owners of rental buildings renting to low-income tenants can access this service with a minimal contribution towards the cost of the Weatherization services.

## **Otsego County Code Enforcement**

**607- 547-4320**

140 County Highway 33W  
Suite 2  
Cooperstown, NY 13326

Hours: Monday – Friday, 8:30AM-4:30PM (9AM-4:00PM in July and August)

Email: [Otsegocounty.com](mailto:Otsegocounty.com)

Provides fire and safety inspections for rentals and other buildings; issues building permits; issues certificates of occupancy; orders removal and cleanup of garbage, refuse, junk vehicle parts; ANSWERS HOUSING COMPLAINTS; and completes home inspections for day care and adult homes. Call or stop in.

## **Otsego County Department of Social Services**

**607-547-1700**

The Meadows Complex (for Income Maintenance services)  
140 County Highway 33W  
Cooperstown, NY 13326  
Email: [Otsegocounty.com](mailto:Otsegocounty.com)

1-800-422-2512

Monday – Friday, 8:30AM – 4:30PM

Monday – Friday, 9:00 – 4:00 PM (July-August)



Assistance with temporary housing, referrals, assistance to locate housing and household items, security letter/deposit. Personal interview required. Call or email for documentation needed for assistance.

Rent Assistance Program: HUD Section 8 Rental Assistance

607-547-8839

Rent assistance for low-income renters.

## **Otsego Rural Housing Assistance, Inc.**

**607-286-7244**

Milford Commons  
50 West Main Street  
PO Box 189  
Milford, NY 13807  
Email: [ORHA@stny.rr.com](mailto:ORHA@stny.rr.com)

Monday – Friday, 9:00 AM – 5:00 PM

Rehabilitation and emergency repairs, home accessibility modifications, Modifications for Handicap Accessibility and Independent Living; Emergency Housing Repairs for Seniors; Mortgage Counseling; and Home-buyer Assistance.



## **Rehabilitation Support Services Housing**

**1-800-377-32819**

River Street,  
Oneonta NY 13820

Hours: Saturday-Sunday 4:30PM-10:30PM

NYS Office of Mental Health (OMH) residential group homes, licensed and supported apartment living, care coordination and case management, supported employment and agency-run businesses, wellness centers, personalized recovery-oriented services, and a wide array of related support programs. The division office for Chenango County is located in Otsego county.

## **Soldier On**

**1-866-406-8449**

Veteran Outreach

1-413-200-3013

Provides in-home case management, referral services, and temporary financial assistance for housing to veterans facing homelessness.



## **USDA, Rural Development (for Otsego County)**

**607-334-3814**

8 Dietz Street  
Oneonta, NY 13820

Single Family Housing Programs give families and individuals the opportunity to buy, build, repair, or refinance affordable homes located in rural America. Eligibility for these loans, loan guarantees, and grants is based on income.

Visit the website to locate [apartments to rent](https://www.rd.usda.gov/apartments-to-rent) for low-income renters in Otsego County: [rd.usda.gov](https://www.rd.usda.gov)



## **SECTION 7: LEGAL AND CONSUMER SERVICES**

### **Catholic Charities**

**607-432-0061**

176 Main Street  
Oneonta, NY 13820

M, T, W, F, 8:30 AM – 4:00 PM Th- 8:30 AM - 6 PM . Evening and weekend hours by appointment

Dispute Resolution Center of Delaware, Chenango and Otsego Counties

Provides mediation services to residents of Otsego County to assist in resolving community conflict and personal disputes outside of court. Conducts conflict management workshops.

Victim Impact Panels

607-432-0061 ext. 102

Meets court ordered requirements for people who have committed crimes involving driving under the influence of drugs or alcohol that demonstrates the impact of these crimes on the community toward reducing recidivism. Must register to attend a Panel, and there is a fee. Call to schedule a Panel presentation for school or group event.

Alternatives to Incarceration

Offers eligible individuals who have been charged with crimes and violations in certain categories the opportunity to complete community service assignments in lieu of spending time incarcerated. Provides restitution to the community.

### **Legal Services of Central New York**

**1-877-777-6152**

Oneonta  
189 Main St., Ste 301  
Oneonta, NY 13820



Also at Catholic Charities certain times:

176 Main Street Oneonta

Monday-Friday 9:00am-5:00pm

General: [\(607\) 766-8118](tel:6077668118)

Legal HelpLine: [\(877\) 777-6152](tel:8777776152)

FREE! Legal services to help people overcome obstacles, achieve goals, and pursue justice. Obstacles may include poverty, criminal record, renting, health care access, and the following populations as listed.

Call or visit an office for assistance.

Continued on next page....

### Rights of New Americans

Assists immigrants, refugees, asylum seekers and other new Americans with civil legal issues that create barriers to immigration status and/or where a client's immigration status prevents access to housing, income, employment, or other fundamental needs.

### Mental Health & Homelessness Advocacy

Addresses discrimination in housing, employment, and public accommodations; discontinuance of benefits or services; maintaining a least restrictive environment; financial exploitation; and homelessness prevention for people with mental health needs.

### Employment & Workers' Rights

Assists people with employment discrimination, wage and hour, equal pay, wrongful termination, reentry, and family and medical leave.

## **New York State Bar Association**

**800 342-3661**

Hours: 9-noon, M-F

Assists with finding a lawyer in the local community and provides guidelines for deciding when and how to hire a lawyer. Contact <https://www.lawhelp.org/> to find legal help if you can't afford it.



## **New York State Division of Human Rights**

**607 721-8467**

State Office Building

44 Hawley Street, Room # 603

Binghamton, NY

Email: [InfoBinghamton@dhr.ny.gov](mailto:InfoBinghamton@dhr.ny.gov)

Investigates complaints of discrimination because of sex, race, religion, color and/or ethnic origin in employment, credit, housing, disability or public accommodation.

## **Otsego County Family Court**

**607 322-3130**

32 Chestnut Street,

Cooperstown NY 13326

Email: [OtsegoFamilyCourt@nycourts.gov](mailto:OtsegoFamilyCourt@nycourts.gov)

Monday-Friday: 8:30AM-4:30PM; closed Noon-1PM

Original jurisdiction for all cases involving child maltreatment, child care; child support, custody; juvenile delinquency, family offense, orders of protection, adoption proceedings; status review of foster children.

## **Otsego County Probation**

**607 547-4216**

197 Main Street #3

Cooperstown, NY 13326

Email: [probation@otsegocounty.com](mailto:probation@otsegocounty.com)

**Monday – Friday, 9:00 AM – 5:00 PM (9:00AM – 4:00PM July & August)**

Assists parents of children under age 18 who need extra supervision (PINS Program). Call for appointment.

## Surrogate Court

607 322-3150

197 Main Street

Cooperstown, NY 13326

Email: [OtsegoSurrogate@nycourts.gov](mailto:OtsegoSurrogate@nycourts.gov)

Monday – Friday, 8:30 AM – 4:30 PM

Processes and records all petitions (administration of estates, adoptions, etc.). Holds genealogical records.

Minimal charge for copies. No charge for information.

## Otsego County Treatment Court

607 322-3146

Otsego County Treatment Court Coordinator's Office

197 Main Street

Cooperstown, NY 13326

Provides comprehensive and integrated services to address the multifaceted needs of individuals with a chemical dependence/substance use disorder and their families.

## Otsego County Department of Social Services Fair Hearing

1 (800) 342-3334

Office of Temporary and Disability Assistance

Office of Administrative Hearings

PO BOX 1930

Contact or complete a [Fair Hearing Request Form](#) to tell a Judge why you think a decision about your case made by a local social services agency is wrong. A written decision will be offered



## Otsego County Department of Veterans Services

607 547-4245

140 County Highway 33W

Cooperstown, NY 13326

M-F 8:30-4:30

Provides information on eligibility for benefits and services based on military service. Advisors assist with navigating veterans' service systems.

## American Cancer Society

1-800-227-2345 (National Info Line)

Information on cancer-related service organizations, support groups, lodging, and insurance problems.



## Hospitals in the Bassett Healthcare Network

**607-547-3456 or 1-800-BASSETT**

|                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b><u>A. O. Fox Hospital and FoxCare Services</u></b><br/> <b>607-432-2000</b><br/> <b>1 Norton Ave.</b><br/> <b>Oneonta, NY 13820</b><br/> Switchboard/Information: <b>607-432-2000</b><br/> Emergency Room: <b>607-431-5000</b></p>                                                                                                                                  | <p><b>Bassett Birthing Center</b><br/> <b>607-547-3535 or 1-800-BASSETT</b><br/> 1 Atwell Road<br/> Cooperstown, NY 13326</p>                                                                                                                                                                                                                                                                                                            |
| <p><b><u>Bassett Medical Center</u></b><br/> <b>607-547-3456 or 1-800-BASSETT</b><br/> 1 Atwell Road<br/> Cooperstown, NY 13326<br/> <br/> Emergency Room: <b>607-547-3355</b></p>                                                                                                      | <p><b><u>Cobleskill Regional Hospital</u></b><br/> <b>518-254-3456</b><br/> 178 Grandview Drive<br/> Cobleskill, NY 12043<br/> Emergency room, inpatient adult care including medical rehabilitation services and specialty clinics. Medicaid accepted.<br/> </p>                                                                                     |
| <p><b><u>Little Falls Hospital</u></b><br/> <b>315-823-1000</b><br/> 140 Burwell Street<br/> <br/> Emergency room, inpatient adult care including medical rehabilitation. Outpatient day surgery, radiology, laboratories, outpatient dialysis and Physical / Occupational Therapy</p> | <p><b><u>O'Connor Hospital</u></b><br/> <b>607-746-0300</b><br/> 460 Andes Road<br/> Delhi, NY 13753<br/> Emergency Department: <b>607-746-0300</b><br/> Emergency room, inpatient adult care including medical rehabilitation services, specialty clinics, pharmacy, outpatient primary care for adults and children 6 months and older.<br/> </p> |
| <p><b>A O Fox Tri-Town Regional Hospital Campus</b><br/> <b>607-563-7080</b><br/> 43 Pearl Street<br/> Sidney, NY 13838<br/> Emergency room. No inpatient services. Outpatient laboratories radiology (CT, ultrasound, X Rays, mammograms)<br/>  and</p>                               |                                                                                                                                                                                                                                                                                                                                                                                                                                          |

## Outpatient and Primary Care

### Bassett Healthcare Network

Listed are clinics within Otsego County. For a list of Bassett or AO Fox clinics outside Otsego County contact Bassett Healthcare at (607) 547-3456 or 1-800- BASSETT and A.O. Fox at (607) 432-2000

#### Cherry Valley

**607-264-3036**

Community Health Center  
2 Main Street  
Cherry Valley, NY 13320  
Monday, Tuesday, Thursday, Friday, 8:30 AM – 5:00 PM  
Wednesday, 1:00 PM – 9:00 PM

A private, primary care, health facility for the whole family. Medical exams/services, immunizations, referrals. Medicaid accepted.

#### Cooperstown

**607-547-3456 or 1-800-BASSETT**

1 Atwell Road  
Cooperstown, NY 13326

#### Medical and Specialty Clinics

**607-547-3456**

#### Pediatric Clinic

**607-547-3290**

Full medical services for children. Pediatric specialties: hearing, speech, orthopedics, physical and occupational therapy, and cardiology. Medicaid accepted.

#### Psychiatry Clinic

**607-547- 3500**

#### Women's Health Clinic:

**607-547- 3160**

Reproductive, maternity and follow-up care by certified nurse- midwives and doctors. Introductory class on prenatal care, nutrition, nurse midwifery; for newly pregnant first-time moms. Childbirth classes offered third trimester of pregnancy.

#### Edmeston- Burlington

**607-965-8900**

15 Turner Lane  
Edmeston, NY 13335  
Monday – Friday, 7:00 AM – 5:00 PM. Family Practice: all ages

#### Hartwick Seminary Specialty Services

**607-547-7646**

4580 State Hwy. 28  
Milford, NY 13807  
Monday – Friday, 8:00 AM – 5:00 PM  
Plastic surgery, cosmetic services and advanced skin care; dermatology; interventional pain management and wound care.

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## Oneonta

### **Bassett Health Center** **607-433-1790**

125 Main Street  
Oneonta, NY 13820  
Monday: 8:00 AM – 7PM Tuesday-Friday, 8:00 AM – 3:30 PM; Saturday, 8:00 AM – Noon  
Pediatrics, obstetrics and adult primary care.

### **Bassett Health Center Oneonta Pediatrics** **607-433-1792**

### **Child and Adolescent Health Care of Oneonta** **607-432-5600**

1 FoxCare Center Route 7,  
Suite 213  
Oneonta, NY 13820  
Hours: Monday – Thursday, 8:00 AM – 6:00 PM; Friday, 8:00 AM – 4:00 PM  
Full medical services for children. Medicaid accepted.

### **Oneonta convenient care** **607-433-6400**

One Associate Drive (off River Street)  
Oneonta NY 13820  
Monday- Friday 8AM- 6 PM Saturday-Sunday: 9AM- 4PM

By appointment only, for same or next day assessment and treatment of minor illnesses and injuries.

### **Oneonta Family Practice** **607-432-1163**

1 FoxCare Drive - Route 7  
Suite 308 Oneonta, NY 13820  
(General Information) Hours: Monday – Friday, 8:00 AM – 5:00 PM.

### **Oneonta Specialty Services** **607-433-6300**

One Associate Drive  
Oneonta, NY 13820  
Mon. – Fri., 8 AM – 5 PM  
Multi-specialty services including urgent care, outpatient surgery, dialysis, eye care, orthopedics, sports medicine, physical therapy and other specialties. Call for details.

### **Oneonta Family Medicine:** **607-431-1015**

Hannaford Plaza (near Dollar Tree)  
739 State Highway 28  
Oneonta NY 13820  
Mon-Fri 8AM - 5PM

**Susquehanna Family Practice and gender wellness center: 607-431-5757**

1 FoxCare Drive,  
Suite 103  
Oneonta, NY 13820  
Monday – Friday, 8:00 AM – 5:00 PM.  
Primary health care.

**Richfield Springs 315-858-0040**

8550 State Highway 28  
Richfield Springs, NY 13439  
Monday – Friday, 8AM – 5PM  
Primary health for children and adults.

**Bassett Health Center 607-561-2021**

39 Pearl Street  
Sidney, NY 13838  
Hours: Monday - Friday, 7:30 AM– 5:00 PM

**Sidney Primary Care/Fox 607-563-8022**

59 River Street  
Sidney NY13838

**West Winfield 315-822-6348**

544 East Main Street  
West Winfield, NY 13491  
Monday - Friday, 8:00 AM – 5:00 PM

**School Based Health Centers (SBCH)–Bassett Healthcare**

Health centers located in various area schools that provide diagnosis and treatment for acute and chronic illness, reproductive health services, and mental health services. Preventive dental is available in some locations. Call for more information **844-255-7242**. No out-of-pocket charge after billing to insurance or Medicaid.

|                                                                                                  |                                                          |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Cooperstown SBHC<br><b>607-547-5069</b> 8:00am – 10:30am<br><b>607-547-1105</b> 11:00am – 4:00pm | Delaware Academy and Central School- <b>607-746-7454</b> |
| Edmeston Healthzone– <b>607-965-6930</b>                                                         | Gilbertsville Mt. Upton- <b>607-783-2250</b>             |
| Laurens Healthzone – <b>607-432-2050 ext-1300</b>                                                | Milford SBHC – <b>607-286-7909</b>                       |
| Morris Health zone – <b>607-263-2619</b>                                                         | Richfield Springs Central School- <b>315-858-0610</b>    |
| Schenevus SBHC – <b>607-638-5402</b>                                                             | Sidney Elementary & Middle School- <b>607-561-7795</b>   |
| South Kortright Central School- <b>607-538-1932</b>                                              | Stamford Central School- <b>607-652-2065</b>             |
| Unadilla Valley SBHC <b>607-847-6050</b>                                                         | Worcester SBHC – <b>607-397-1013</b>                     |

## **Helios Care (Formerly hospice)**

**607-432-5525**

297 River Street  
Service Road, Suite 1,  
Oneonta, NY 1382



### **24 hour on-call service**

Provides medical and emotional support for individuals and families coping with life-limiting illness. May be cared for at home, hospital or nursing home. Bereavement counseling, support groups and “Forget Me Not” for grieving children and teens. Serves Otsego, Delaware and Schoharie Counties.

## **Health Insurance**

### **New York State Health Marketplace**

Coverage available for children and adults based upon income. One application per household. Proof of income, residency, birth certificate required.

**Mothers and Babies Perinatal Network** for assistance from a Navigator: **607-772-0517**

Monday - Friday, 8:30 AM - 4:30 PM

**1-800-231-0744**

Website: <http://www.mothersandbabies.org/enrollment.asp>



### **Bassett Healthcare Health Insurance Specialists**

**607-433-4040**

125 Main St.  
Oneonta NY 13820

Free personal assistance with the completion and filing of applications for Medicaid and other insurance programs. May arrange to meet at a School-Based Health Center (SBHC) or at a Bassett Network Facility.



## Dentists

### American Mobile Dental

8 Grand St.  
Oneonta, NY 13820  
**1-877-248-6684 or 607-432-1010**

### **Dr. Paul Caruso Orthodontist**

29 Pioneer St  
Cooperstown, NY  
**607-547-2121**

Dinosaur Dental  
1700 Monroe St  
Endicott, NY  
**607-955-4445** (<5 years old)

Ninel Wendover  
6411 State Hwy 28  
Fly Creek, NY 13337  
**607-547-1291**

### J A Dental Care

53 Chestnut Street  
Oneonta, NY 13820  
**607-432-4621**

Dr. Alexander Knox  
429 Main Street  
Oneonta, NY 13820  
**607-433-2037**

### Otsego Dental

32 Main St  
Oneonta, NY 13820  
**607-441-3200** (sees patients <5 years old)

Dr. Gerald Pondolfino  
39 Dietz St.  
Oneonta, NY 13820  
**607-432-2867**

### Northern Catskill Dental Associates

6 Double Day Court  
Cooperstown, NY 13326  
**607-547-2313**

Scott Benjamin  
60 Union St,  
Sidney, NY 13838  
**607-563-3927**

Dr. Prasperk Bonsi  
482 Main Street  
Oneonta, NY 13820  
**607-433-1472**

Dr. David Dugan — Oral Surgeon  
39 Country Club Rd.  
Oneonta, NY 13820  
**607-432-8808**

Dr. Michelle Gifford  
10 Whitney Way  
Bainbridge, NY  
**607-967-8200**

Dr. Kathy Knox  
374 Main St.  
Otego, NY 13825  
**607-988-6555**



[www.otegofamilydentalpc.com/](http://www.otegofamilydentalpc.com/)

Fox Care Dental One  
FoxCare Drive, Suite 304  
Oneonta, NY 13820  
**607-433-1778**

Dr. Robert Pondolfino  
39 Dietz St.  
Oneonta, NY 13820  
**607-432-4681**

Dr. Paul Weber  
5920 State Hwy 28  
Cooperstown, NY 13326  
**607-544-1336** (<5;M

## **At Home Care – Bassett Healthcare**

**607-432-7924**

25 Elm Street

Oneonta, NY 13820

Monday — Friday, 8:00 AM — 5:00 PM.

**1-800-783-0613**



With physician referral, provides intermittent skilled health care services Nursing, OT/PT dietician, Speech, Home Health Aides, and Medication Management to individuals in their homes. May be covered by Medicare, Medicaid and private insurers. Sliding scale for out-of-pocket payments.

## **Otsego County Department of Health**

**607-547-4230**

140 County Highway 33 West, Suite 3

Cooperstown, NY 13326

Immunizations for adults and children; general health and wellness education, screening, referral, information/education on lead, chronic disease, injury prevention, rabies, investigation and follow up for animal bites, maternal and child home visiting, car seat program; and public health emergency preparedness and response; COVID information

**urgent after hours: 607-547- 1697**



## **Family Planning of South Central NY**

**607-432-2250**

37 Dietz St.

Oneonta, NY 13820

M 8-4:30, T 9-6 W-F 8-5. Some Saturday hours

Information and medical services related to reproduction, family planning, sexually transmitted disease, and women's health. All services are confidential. Medicaid accepted, also sliding fee scale. No one refused care. Prevention programs and education for schools, groups, and youth.



## **Bassett Healthcare Childbirth Classes**

**607-547-3535**

Prenatal childbirth instructionClasses cover breathing techniques, pain management, anatomy, coach's role, newborn care, and many other topics. [Register online](#) :

[www.bassett.org/form/cooperstown-childbirth-classes-](http://www.bassett.org/form/cooperstown-childbirth-classes-)



## **Smoking Cessation**

### **New York State Smokers' Quitline**

**1-866-697-8487**

Provides information, coaching, support, and referral. Free starter nicotine replacement therapy (NRT) in patch or gum form. Visit the [website](#) for online community support group:<https://www.nysmokefree.com/>



### **Smoking Cessation for Pregnant Women**

**1-800-231-0744**

Mothers and Babies Perinatal Network of South Central NY

457 State Street

Binghamton, NY 13901

[quitkit@mothersandbabies.org](mailto:quitkit@mothersandbabies.org)

Free individual counseling and quit kit to pregnant women and their families who would like to stop smoking.



## **SECTION 9: PARENTING AND FAMILY SUPPORT SERVICES**

### **Bugbee Children's Center SUNY Oneonta**

**607-436-2484**

Bugbee Hall, SUNY Oneonta  
19 State Street (Mail address 108 Ravine Parkway)  
Oneonta, NY 13820



[www.suny.oneonta.edu/bugbee-childrens-center](http://www.suny.oneonta.edu/bugbee-childrens-center)

Monday - Friday 7 AM.

Safe, healthy and developmentally engaging care for children aged 8 weeks to 5 years. Children of SUNY students, staff, and NYS employees have priority.

### **Catholic Charities Childcare Services**

**607-432-0061**

176 Main Street  
Oneonta, NY 13820



### **Caring Connections**

**607-432-0061**

176 Main Street  
Oneonta, NY 13820

Assistance for individuals and families struggling to meet basic needs, including listening, referrals, budgeting assistance, advocacy, and when needed, material goods and financial assistance. All other means for meeting financial and material assistance must be exhausted first. Apply in person



### **Community Maternity Services (CMS)**

**518-621-3120**

FREE! outreach site of Community Maternity Services of Schoharie County serves pregnant and parenting teens in Otsego County. Home visits help to prepare young parents for the challenges of child rearing with information about child development, family budgets, operating a home and balancing work, school and parenting. Court ordered parenting education programs provided.



### **Child Care Resource and Referral**

**607-432-0061**

Referrals to NYS registered and/or licensed child care providers and tips on choosing an appropriate provider. Recruiting, training and technical assistance for local child care providers and programs. Sponsor of the Child and Adult Care Food Program (CACFP).



### **Family Resource Network (FRN)**

**607-432-0001 or 1-800-305-8814**

46 Oneida Street  
Oneonta, NY 13820

Email: [familyrn@gmail.com](mailto:familyrn@gmail.com) Website: [www.familyrn.org](http://www.familyrn.org)



Parent-run organization serving families of children with special needs. Provides information, parent and youth peer and group supports and advocacy services to families who have children with developmental, health care, and mental health needs.

## **Family Service Association of Oneonta, Inc.**

**607-432-2870**

277 Chestnut Street  
Oneonta, NY 13820

Monday–Thursday 9AM-4PM, Fri. by appointment

FREE information, advocacy, and referral services for individuals and families in need: parenting resources and classes, clothing, emergency services for Otsego County residents (limited funds for medications, transportation, housing), school supplies, hygiene/cleaning supplies and household goods, Thanksgiving and Holiday food baskets and assistance.



## **Parenting Classes**

**607-432-2870**

[www.fsaoneontany.org](http://www.fsaoneontany.org)

FREE! Programs designed for parents around personal growth, parenting skills, problem solving and sharing. Films, discussion, and resources are available. Check website for dates/locations:

[www.fsaoneontany.org](http://www.fsaoneontany.org)



## **New York State Kinship Navigator**

**1-877-454-6463**

87 North Clinton Avenue  
Rochester, NY 14604

TTY: New York Relay 711 or 1-800-421-1220 Email: [navigator@nysnavigator.org](mailto:navigator@nysnavigator.org)

Monday – Friday: 10 AM – 4 PM

Information and resources for kinship caregivers (grandparents, aunts/uncles, etc.) across all of New York State. Advice on custody and visitation, guardianship and decision-making authority, access to official records, eligibility for public assistance, foster care, tax credits, childcare and respite.



## **Noah's World**

**607-432-PLAY**

144 Roundhouse Road  
Oneonta, NY 13820

Admission fee is required for this safe place that has equipment and toys that are educational and skill-building for children under 10 years old of all abilities. Sensory cave, ball pit, jungle gym, group and party reservations and classes available.



## **Opportunities for Otsego**

**607-433-8000**

3 West Broadway  
Oneonta, NY 13820

1-800-986-5463



# **Family and Child Development Support Services**

## **Building Healthy Families**

**607-433-0444**

FREE! Individualized in-home support during pregnancy and beyond that increases parenting knowledge, enjoyment, and confidence while reducing stress associated with parenting challenges. Fosters resiliency, bonding and child social-emotional health to last a lifetime. Enroll while pregnant and up to 3 months after birth. No application necessary. Call or complete a [survey](#), and we'll call you!



## Early Head Start

**607-433-8055**

FREE! Community-based program for low-income families with infants and toddlers and pregnant women. The program promotes healthy prenatal outcomes, child development, and healthy family functioning. Services offered until a child enters Head Start. Eligibility is based on Federal Income Guidelines. Call or complete an [application](#).

**607-433-8063**



## Early Head Start Toddler Room

**607-432-5313**

256 River Street Oneonta, NY 13820

**607-433-8063, ext. 104**

Year-round classroom that provides developmentally appropriate educational services to children ages 18 months to 3 years. Hours of operation are 8am-2pm, Monday – Friday. FREE! for income-eligible families.

## FACE

**(607) -724-2111**

135 East Frederick Street, Binghamton, NY 13904

The South Early Childhood and School Age Family and Community Engagement (FACE) Centers support meaningful engagement between early childhood programs, community agencies, school and families of children with disabilities between the ages from birth-21 years old. We are funded by the New York State Education Department and located at the Southern Tier Independence Center. We provide information and trainings to 12 counties in New York State.



## Head Start

**607-433-8055**

**607-433-8063**

FREE! Comprehensive preschool program that assists children from income-eligible families develop the early reading and math skills they need to be successful in school. The program promotes school readiness by enhancing the social and cognitive development of children ages 3 through 5. Locations throughout Otsego County. Eligibility is based on Federal Income Guidelines. Call or complete an [application](#).



## Universal Pre-Kindergarten (UPK)

FREE! High quality educational program in collaboration with [Oneonta City School District](#) for children who turn four by December 1<sup>st</sup> and reside in the Oneonta District. Complete BOTH [registration form](#) and [Head Start application](#).



## WIC (Women, Infants, and Children)

**607-433-8071**

Email: [wic@ofoinc.org](mailto:wic@ofoinc.org)

Supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five.

Income eligibility is 185% of the Federal Poverty Level. People that have SNAP or TANF or Medicaid are automatically income eligible.



## **Otsego County Department of Social Services (DSS)**

Meadows Office Complex  
140 Co Hwy 33W  
Cooperstown, NY 13326

[www.otsegocounty.com](http://www.otsegocounty.com)

Monday – Friday, 8:30 AM – 4:30 PM (September through June)

Monday – Friday, 9:00 – 4:00 PM (July and August Only)



### **Financial Assistance:**

**607-547-1700**

- Public Assistance: Financial assistance for basic needs.
- Temporary Assistance (TANF) – Financial assistance for children and families for basic needs
- Safety Net Assistance – Financial assistance for single adults or households without children
- Emergency Assistance for Adults (EAA) – for SSI recipients for needs not met by SSI monthly check
- Emergency Assistance to Families (EAF) – temporary emergency needs of families with children under 21
- Medicaid: medical care costs, including pregnancy-APPOINTMENT NEEDED
- Home Energy Assistance Program (HEAP)
- SNAP (Food Stamps): monthly benefits to buy needed food
- Medicaid Transportation
- Child Care Subsidy: child care cost assistance for parents in full time school, job training, or full-time work
- Homeless Services: assistance with temporary emergency housing

No appointment required to apply for SNAP (Food Stamps), Temporary Assistance, Safety Net Assistance or Emergency Services. No new clients after 3:00 PM except for crisis or emergencies. Call or visit [website](#) to find out documentation needed to apply.

### **Family Support and Child Welfare Services:**

**607-547-4355**

197 Main Street  
Cooperstown, NY 13326

Satellite Office (Physical Address ONLY)  
242 Main St.  
Oneonta, NY 13820

- Child Welfare Services and Income Maintenance application intake only.
- Child Preventive Services:  
Parent-requested services to prevent disruption of family life and placement of children in foster care.
- Foster Care Training and Certification:  
Information, training, and resources to become a certified foster parent.

### **Protective Services for Adults**

**607-547-1700**

Investigates reports of possible abuse/neglect of adults and works with adults who have protective needs.

## **Otsego County Office for the Aging**

**607-547-4232**

The Meadows Complex  
140 County Highway 33W #5  
Cooperstown, NY 13326  
Monday-Friday, 8:30AM-4:30PM

Link to: [NY Connects Resource Directory](#)



Resources, information, and services for those aged 60 years and older that promote quality of life, safety, and independence. Call for information, assistance and eligibility requirements.

## **OWL(Oneonta World of Learning)**

**607-431-8543 (Voicemail Only)**

167 Youngs Road  
Oneonta, NY 13820

Admission is by donation to this children's museum. Children with their grown ups are encouraged to engage in open play with Rig-a-ma-jigs and big blue blocks. Crafts and directed activities are sometimes provided. Children can also explore Fortin Park using the outdoor world of learning education buckets



## **Prevention Information Resource Center (PIRC)** **1-800-CHILDREN 1-800-445-1273**

Prevent Child Abuse New York  
1 Steuben Street Suite 120,  
Albany, NY 12207  
Available 24 hour/day, 7 days a week in English & Spanish

[www.preventchildabuseny.org](http://www.preventchildabuseny.org)

Information, resources, and referrals for parents, child care professionals and child abuse prevention advocacy.



## **Religion/Communities of Faith**

|                                                                                                                                                                                                   |                                                                                                                                                                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">Burlington Flats Baptist Church</a><br>101 Arnold Road<br>Burlington Flats, NY 13315<br><a href="http://www.Bflatsbaptist.com">www.Bflatsbaptist.com</a><br>607-965-8914              | <a href="#">Christ Church Episcopal</a><br>46 River Street (Parish-69 Fair St)<br>Cooperstown, NY 13326<br><a href="http://www.ceccoop.net/">www.ceccoop.net/</a><br>607-547-9555       |
| Garrattsville United Presbyterian Church<br>947 County Hwy 16<br>Burlington Flats, NY 13315<br>607-722-4210                                                                                       | <a href="#">Community Bible Chapel</a><br>577 Greenough Road<br>Cooperstown, NY 13326<br><a href="http://www.communitybiblechapel.com">www.communitybiblechapel.com</a><br>607-547-9371 |
| St. John Lutheran Church<br>2546 State Hwy 80<br>W. Burlington, NY 13482                                                                                                                          | <a href="#">Jail Ministry of Otsego Cty (JMOC)</a><br>PO Box 1023<br>Cooperstown, NY 13326-4950<br><a href="http://www.jmoconline.org/">www.jmoconline.org/</a>                         |
| St. Thomas the Apostle Roman Catholic Church<br>PO Box 246 (1 Church St)<br>Cherry Valley, NY 13320<br><a href="http://www.turnpikecatholics.com/">www.turnpikecatholics.com/</a><br>607-264-3779 | <a href="#">First Presbyterian Church</a><br>25 Church Street<br>Cooperstown, NY 13326<br><a href="http://www.cooppres.org/">www.cooppres.org/</a><br>607-547-8401                      |

|                                                                                                                                                                                                                                                  |                                                                                                                                                                                                             |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Quakers Worship Group<br/>25 Church Street<br/>Cooperstown, NY 13326<br/><a href="http://www.fgcquaker.org/find-a-meeting/">www.fgcquaker.org/find-a-meeting/</a><br/>607-435-9951</p>                                                        | <p><a href="#"><u>St. Mary's Our Lady of the Lake Roman Catholic Church</u></a><br/>31 Elm Street<br/>Cooperstown, NY 13326<br/><a href="http://stmaryscoop.org/">stmaryscoop.org/</a><br/>607-547-2213</p> |
| <p><a href="#"><u>Rangjung Yeshe Gomde</u></a><br/>Tibetan Meditation Center (Buddhist)<br/>412 Glimmerglen Road<br/>Cooperstown, NY 13326<br/><a href="http://gomdecooperstown.org/about/">gomdecooperstown.org/about/</a><br/>607-547-5051</p> | <p><a href="#"><u>United Methodist Church</u></a><br/>66 Chestnut Street<br/>Cooperstown, NY 13326<br/><a href="http://www.cooperstownumc.org">www.cooperstownumc.org</a><br/>607-547-9540</p>              |
| <p>St. Albans Anglican Church<br/>34 North Street<br/>Edmeston, NY 13335<br/>315-527-1531</p>                                                                                                                                                    | <p>Second Baptist Church<br/>7 North Street<br/>Edmeston, NY 13335<br/>607-965-8540</p>                                                                                                                     |
| <p>United Methodist Church<br/>3 North Street / PO Box 331<br/>Edmeston, NY 13335<br/><a href="http://www.unyumc.org/">www.unyumc.org/</a><br/>607-965-804</p>                                                                                   | <p>First Baptist Church<br/>134 West Edmeston Road<br/>West Edmeston, NY 13485<br/>315-855-7540</p>                                                                                                         |
| <p><a href="#"><u>Fly Creek United Methodist Church</u></a><br/>852 County Hwy 26 / PO Box 128<br/>Fly Creek, NY 13337<br/><a href="http://flycreekumc.org/">http://flycreekumc.org/</a><br/>607-547-9946</p>                                    | <p>First Presbyterian<br/>113 Marion Avenue / PO Box 314<br/>Gilbertsville, NY 13776<br/>607-783-2867</p>                                                                                                   |
| <p>Gilbertsville Baptist<br/>Elm &amp; Commercial St / PO Box 216<br/>Gilbertsville, NY 13776<br/>607-783-2993</p>                                                                                                                               | <p>Christ Church Episcopal<br/>166 Marion Avenue / PO Box 345<br/>Gilbertsville, NY 13776<br/>607-783-2267</p>                                                                                              |
| <p>Congregation Philadelphia<br/>2580 Route 11<br/>Hartwick, NY 13348<br/>607-293-6189</p>                                                                                                                                                       | <p><a href="#"><u>Cooperstown Assembly of God</u></a><br/>4354 State Hwy 80<br/>Hartwick, NY 13348<br/><a href="http://www.ourconnectchurch.org/">www.ourconnectchurch.org/</a><br/>607-547-2833</p>        |
| <p>First Baptist Church<br/>300 Main Street / PO Box 276<br/>Hartwick, NY 13348<br/>607-293-8168</p>                                                                                                                                             | <p>Hartwick Christian Church<br/>West Main Street / PO Box 65<br/>Hartwick, NY 13348<br/>607-293-7548</p>                                                                                                   |
| <p>Evangelical Lutheran Church<br/>4636 State Hwy 28<br/>Hartwick Seminary, NY 13349<br/>607-547-9613 / 607-432-6852</p>                                                                                                                         | <p>Laurens Presbyterian<br/>3 Main Street<br/>Laurens, NY 13796<br/>607-432-3738</p>                                                                                                                        |

|                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>St. Matthew Lutheran<br/>125 Main Street<br/>Laurens, NY 13796<br/>607-432-9120</p>                                                                                                                                                       | <p>Cooperstown Junction United Methodist Church<br/>6367 State Hwy 7<br/>Maryland 12116<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-286-9948</p>                                                            |
| <p><a href="#">Word of Faith Christian Family</a><br/>6568 State Hwy 7<br/>Maryland, NY 12116<br/><a href="http://www.wofcfc.org">www.wofcfc.org</a><br/>607-432-4287</p>                                                                    | <p>Milford United Methodist<br/>113 North Main Street / PO Box 127<br/>Milford, NY 13807<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-286-7762</p>                                                           |
| <p>First Baptist<br/>50 Broad Street / PO Box 96<br/>Morris, NY 13808<br/>607-263-5147</p>                                                                                                                                                   | <p>Light Waters Baptist Church<br/>193 County Hwy 49<br/>Morris, NY 13808<br/>607-263-2353</p>                                                                                                                                 |
| <p>Holy Cross Roman Catholic Church<br/>98 Main Street, Box 118<br/>Morris, NY 13808<br/><a href="http://www.rcda.org">www.rcda.org</a><br/>607-263-5143</p>                                                                                 | <p>Zion Episcopal Church<br/>158 Main Street / PO Box 56<br/>Morris, NY 13808<br/>607-263-5927</p>                                                                                                                             |
| <p>Morris United Methodist<br/>17 Church Street / PO Box 246<br/>Morris, NY 13808<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-285-4031</p>                                                                                | <p>St. Andrews' Episcopal Church<br/>42 South Main Street<br/>New Berlin, NY 13411<br/>607-334-8801</p>                                                                                                                        |
| <p>First United Methodist Church<br/>51 South Main Street / PO Box 430<br/>New Berlin, NY 13411<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-847-6350</p>                                                                  | <p>Assembly of God<br/>Back River Road / 1667 Cty Hwy 48<br/>Oneonta, NY 13820<br/>607-432-4863</p>                                                                                                                            |
| <p>Atonement Lutheran Church<br/>One Center Street<br/>Oneonta, NY 13820<br/>607-432-6852</p>                                                                                                                                                | <p>Baha'i<br/>Rowe House / 31 Maple Street<br/>Oneonta, NY 13820</p>                                                                                                                                                           |
| <p><a href="#">Buddhist - The Three Treasures Zen</a><br/>Center at Unitarian Universalist Society<br/>12 Ford Ave<br/>Oneonta, NY 13820<br/><a href="http://www.thethreetreasures.org/">www.thethreetreasures.org/</a><br/>607-988-7966</p> | <p><a href="#">Butternuts Friends Meeting (Quakers)</a><br/>381 Main Street / PO Box 242<br/>Oneonta, NY 13820<br/><a href="http://oneonta3d.com/butternut-quakers/">oneonta3d.com/butternut-quakers/</a><br/>607-435-9951</p> |

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| <p>ChurchNtheHood - Movement<br/>PO Box 63<br/>Oneonta, NY 13820<br/>803-403-3763</p>                                                                                                                                   | <p><a href="#">Community Gospel</a><br/>12 Grove Street<br/>Oneonta, NY 13820<br/><a href="http://www.cgconeonta.org">www.cgconeonta.org</a><br/>607-432-203</p>                                                                                               |
| <p><a href="#">Christian Science Society</a><br/>381 Main Street / PO Box 602<br/>Oneonta, NY 13820-0602<br/><a href="http://oneonta3d.com/christian-science-society/">oneonta3d.com/christian-science-society/</a></p> | <p><a href="#">Elm Park United Methodist Church</a><br/>401 Chestnut Street<br/>Oneonta, NY 13820<br/><a href="http://www.elmparkumconeonta.org">www.elmparkumconeonta.org</a> 607-432-6552</p>                                                                |
| <p>Emmons United Methodist Church<br/>5702 State Hwy 7<br/>Oneonta, NY 13820<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-547-8003</p>                                                                | <p>First Presbyterian Church<br/>296 Main Street<br/>Oneonta, NY 13820<br/>607-432-4286</p>                                                                                                                                                                    |
| <p><a href="#">First United Methodist Church</a><br/>66 Chestnut Street<br/>Oneonta, NY 13820<br/><a href="http://www.firstumc-oneonta.org">www.firstumc-oneonta.org</a><br/>607-432-4102</p>                           | <p><a href="#">First United Presbyterian Church</a><br/>2 Walling Avenue (at 381 Main St.)<br/>Oneonta, NY 13820<br/><a href="http://oneonta3d.com/first-united-presbyterian-church/">oneonta3d.com/first-united-presbyterian-church/</a><br/>607-432-7520</p> |
| <p>Hill City Church<br/>Back River Road / 1796 Cty Hwy 48<br/>Oneonta, NY 13820<br/>607-432-8523</p>                                                                                                                    | <p><a href="#">Institute for Spiritual Development</a><br/>PO Box 1266<br/>Oneonta, NY 13820<br/><a href="http://www.isdoneonta.org">www.isdoneonta.org</a><br/>607-433-2089</p>                                                                               |
| <p>Living Water Faith Fellowship<br/>7 Lewis Street<br/>Oneonta, NY 13820<br/>607-433-2234</p>                                                                                                                          | <p><a href="#">Main Street Baptist Church</a><br/>333 Main Street<br/>Oneonta, NY 13820<br/><a href="http://www.msbchurch.org/">www.msbchurch.org/</a><br/>607-432-5712</p>                                                                                    |
| <p><a href="#">Milford Center Community Bible</a><br/>2582 State Hwy 28<br/><a href="http://www.mccbchurch.org/">www.mccbchurch.org/</a><br/>Oneonta, NY 13820<br/>607-432-2973</p>                                     | <p>Oneonta Reformed Presbyterian<br/>381 Main Street<br/>Oneonta, NY 13820<br/>607-865-6481</p>                                                                                                                                                                |
| <p><a href="#">River Street Baptist</a><br/>133 River Street<br/>Oneonta, NY 13820<br/><a href="http://riverstreetbaptistchurch.weebly.com">riverstreetbaptistchurch.weebly.com</a><br/>607-432-8285</p>                | <p>The Salvation Army Church<br/>25 River Street<br/>Oneonta, NY 13820<br/>607-432-5960</p>                                                                                                                                                                    |

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| <p>Seventh Day Adventist<br/>634 State Hwy 205<br/>Oneonta, NY 13820<br/><a href="http://www.oneontaadventist.org/contact">www.oneontaadventist.org/contact</a><br/>607-432-8354</p>                                                                       | <p>Southside Wesleyan<br/>5308 State Hwy 23<br/>Oneonta, NY 13820<br/><a href="http://www.southsidewesleyanny.org">www.southsidewesleyanny.org</a><br/>607-432-1083</p>                                                                                    |
| <p><a href="http://www.stinnocentmission.org/">St. Innocent Orthodox Mission</a><br/>305 Main St / PO Box 1237<br/>Oneonta, NY 13820<br/><a href="http://www.stinnocentmission.org/">www.stinnocentmission.org/</a><br/>607-644-2055</p>                   | <p><a href="http://stjamesoneonta.org">St. James' Episcopal Church</a><br/>305 Main Street<br/>Oneonta, NY 13820<br/><a href="http://stjamesoneonta.org">http://stjamesoneonta.org</a><br/>607-432-1458</p>                                                |
| <p><a href="http://www.smcconeonta.org">St. Mary's Catholic Church</a><br/>39 Walnut Street<br/>Oneonta, NY 13820<br/><a href="http://www.smcconeonta.org">www.smcconeonta.org</a><br/>607-432-3920</p>                                                    | <p><a href="http://www.templebetheloneonta.org">Temple Beth El</a><br/>83 Chestnut Street / PO Box 383<br/>Oneonta, New York 13820<br/><a href="http://www.templebetheloneonta.org">www.templebetheloneonta.org</a><br/>607-432-5522</p>                   |
| <p><a href="http://www.twelvetribes.com">Twelve Tribes</a><br/>81 Chestnut Street<br/>Oneonta, NY 13820<br/><a href="http://www.twelvetribes.com">www.twelvetribes.com</a><br/>607-267-4062</p>                                                            | <p><a href="http://www.uuso.org">Unitarian Universalist Society of Oneonta</a><br/>12 Ford Avenue<br/>Oneonta, NY 13820<br/><a href="http://www.uuso.org">www.uuso.org</a><br/>607-432-3491</p>                                                            |
| <p><a href="http://www.unatego.org">Unatego Community Church</a><br/>290 Main Street / PO Box 306<br/>Otego 13825 / Unadilla 13849<br/>607-369-7425</p>                                                                                                    | <p><a href="http://firstchristianchurchofotego.weebly.com">First Christian Church</a><br/>704 County Hwy 6<br/>Otego, NY 13825<br/><a href="http://firstchristianchurchofotego.weebly.com">firstchristianchurchofotego.weebly.com</a><br/>607-988-7144</p> |
| <p><a href="http://www.holymyrrhbearers.com">Orthodox Church in America</a><br/>Holy Myrrhbearers Monastery<br/>144 Bert Washburn Road<br/>Otego, NY 13825<br/><a href="http://www.holymyrrhbearers.com">www.holymyrrhbearers.com</a><br/>607-432-3179</p> | <p><a href="http://www.otegopresbyterian.org">Otego Presbyterian</a><br/>PO Box 23<br/>16 River Street<br/>Otego, NY 13825<br/>607-988-2861</p>                                                                                                            |
| <p>Otego United Methodist<br/>10 Church Street / PO Box 288<br/>Otego, NY 13825<br/><a href="http://www.unyumc.org/">www.unyumc.org/</a><br/>607-988-2866</p>                                                                                              | <p>Portlandville United Methodist Church<br/>2878 Hwy Route 28 / PO Box 306<br/>Portlandville, NY 13834<br/><a href="http://www.unyumc.org">www.unyumc.org</a></p>                                                                                         |
| <p><a href="http://www.richfieldspringsbiblechurch.org">Bible Church</a><br/>17 Church Street<br/>Richfield Springs, NY 13439<br/><a href="http://www.richfieldspringsbiblechurch.org">www.richfieldspringsbiblechurch.org</a><br/>315-858-2989</p>        | <p><a href="http://www.rschurchofchristuniting.com">Church of Christ Uniting</a><br/>22 Church Street<br/>Richfield Springs, NY 13439<br/><a href="http://www.rschurchofchristuniting.com">www.rschurchofchristuniting.com</a><br/>315-858-1553</p>        |

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| <p>St. Joseph the Worker Catholic Church<br/>37 Canadarago Street<br/>Richfield Springs, NY 13439<br/>315-858-1682</p>                                                                                                                                                              | <p>Otego Presbyterian Church<br/>16 River Street<br/>Otego, NY 13825<br/>607-988-2866</p>                                                                                                                                 |
| <p>Church of the Holy Spirit<br/>Arch Street 607-432-6835<br/>Schenevus, NY 12155</p>                                                                                                                                                                                               | <p>Schenevus United Methodist<br/>66 Main Street / PO Box 176<br/>Schenevus, NY 12155-0176<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-638-5867</p>                                                    |
| <p><a href="http://www.unadillapresbyterian.org">First Presbyterian Church of Unadilla</a><br/>156 Main Street / PO Box Z<br/>Unadilla, NY 13849<br/><a href="http://www.unadillapresbyterian.org">www.unadillapresbyterian.org</a><br/>607-369-4630</p>                            | <p>Old Stone Community Church<br/>7370 State Hwy 28 / PO Box 251<br/>Schuyler Lake, NY 13457<br/>315-855-9949</p>                                                                                                         |
| <p>Fellowship Baptist Church<br/>1050 Covered Bridge Road<br/>Unadilla, NY 13849</p>                                                                                                                                                                                                | <p>Schuyler Lake United Methodist Church<br/>128 Church Street / PO Box 102<br/>Schuyler Lake, NY 13457<br/>607-547-9946 607-369-2754</p>                                                                                 |
| <p>Friends Meeting at Rogers Hollow Road<br/>747 County Hwy 2<br/>Unadilla, NY 13849</p>                                                                                                                                                                                            | <p><a href="https://www.suep.org/">St. Matthew's Episcopal Church</a><br/>240 Main Street / PO Box 537<br/>Unadilla, NY 13849<br/><a href="https://www.suep.org/">https://www.suep.org/</a><br/>607-369-3081</p>          |
| <p>Sand Hill UMC / Unadilla Ctr UMC<br/>127 Sand Hill Rd / 1203 Butternut Rd<br/>Unadilla, NY 13849<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-369-4360</p>                                                                                                     | <p><a href="http://www.unadillaumc.com">First United Methodist Church</a><br/>170 Main Street / PO Box 654<br/>Unadilla, NY 13849<br/><a href="http://www.unadillaumc.com">www.unadillaumc.com</a><br/>607-369-2052</p>   |
| <p>Wells Bridge Baptist<br/>PO Box 100 / 107 Church St<br/>Wells Bridge, NY 13859<br/>607-988-7090</p>                                                                                                                                                                              | <p>Westford United Methodist<br/>County Hwy Route 34 / PO Box 176<br/>Westford 13488 / Schenevus 12155<br/><a href="http://www.unyumc.org">www.unyumc.org</a><br/>607-397-9340</p>                                        |
| <p>Church of Jesus Christ Of Latter-Day Saints - Balmoral Dr<br/>(30 Ceperley Ave, Oneonta 13820)<br/>West Oneonta, NY 13861<br/>607- 432-7242</p>                                                                                                                                  | <p>Jehovah's Witnesses<br/>3985 State Hwy 23<br/>West Oneonta, NY 13861<br/>607- 432-4114</p>                                                                                                                             |
| <p><a href="http://www.spiritandtruthonline.com">Spirit &amp; Truth Christian Assembly</a><br/>Old Town Hall, 51 Country Club Rd<br/>PO Box 122<br/>West Oneonta, NY 13861<br/><a href="http://www.spiritandtruthonline.com">www.spiritandtruthonline.com</a><br/>607- 433-0129</p> | <p><a href="http://www.wobconline.com">West Oneonta Baptist Church</a><br/>2845 County Hwy 8 / PO Box 224<br/>West Oneonta, NY 13861<br/><a href="http://www.wobconline.com">www.wobconline.com</a><br/>607- 432-2290</p> |
| <p>East Worcester United Methodist<br/>4 South Hill Road / PO Box 665<br/>Worcester 12197/E Worcester 12064<br/><a href="http://www.unyumc.org">www.unyumc.org</a> 607-397-9431</p>                                                                                                 | <p>First Baptist Church<br/>108 County Hwy 38<br/>East Worcester, NY 12064-0739<br/>607-397-1714</p>                                                                                                                      |

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| Pilgrim Holiness Church<br>745 County Hwy 28<br>East Worcester, NY 12064<br>607-397-8973 OR 518-495-5178 | First Presbyterian Church<br>174 Main Street<br>Worcester, NY 12197<br>607397-9260                                                         |
| St. Joseph's Roman Catholic<br>201 Main Street<br>Worcester, NY 12197-0358<br>607-397-9373               | Worcester United Methodist<br>111 Main Street<br>Worcester, NY 12197<br><a href="http://www.unyumc.org">www.unyumc.org</a><br>607-397-9108 |

## Veterans Affairs

### Veterans Service Agency-Otsego

**607-547-4224**

Mailing Address  
197 Main Street  
Cooperstown, NY 13326  
Hours: Tues, Thurs, Fri.  
Physical address:  
140 County 33W  
Cooperstown, NY  
Hours: Mon. – Fri. 9am – 2pm



242 Main Street  
Oneonta, NY 13820  
appointment only  
FREE! Information and assistance for all veterans, their dependents and survivors.

**607-432-4190**

### CNY Veterans Outreach Center

**315-765-0975**

726 Washington Street  
Utica, NY 13502  
Hours: Thur 10am-2pm (or by appointment)  
Emergency housing, housing placement, and employment services for veterans and their families. Food pantry items, clothing, and furniture available upon request. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.



### Soldier On

**1-866-406-8449 or 1-413-200-3013**

Assistance to veterans and their families who are homeless or at risk of becoming homeless, including case management, connection to services, legal support, and transportation needs.



# **SECTION 10: SERVICES FOR CHILDREN & ADULTS WITH SPECIAL NEEDS**

## **Access Pass NYS Parks & Recreation**

**518-474-2324**

State Parks

Albany, NY 12238

Permits NY State residents with a permanent disability free use of parks, historic sites and recreational facilities operated by the NYS Office of Parks, Recreation and Historic Preservation and the NYS Department of Environmental Conservation. Visit the website for information and [application](#):  
[parks.ny.gov/documents/admission/AccessPass](https://parks.ny.gov/documents/admission/AccessPass)



## **Association for Vision Rehabilitation and Employment, Inc.**

**607-724-2428**

174 Court Street

Binghamton, NY 13901

A private, non-profit organization that serves people with vision problems in the Twin Tier region, including Otsego County, offers technology, counseling and visual rehabilitation.



## **The ARC Otsego**

**607-432-8595**

35 Academy Street

Oneonta, NY 13820

Monday – Friday, 8 AM – 4 PM

Support and programs for individuals with intellectual and developmental disabilities and their families throughout Otsego County, including: in-home respite and rehabilitation, day programs; sheltered employment, residential living options, clinical services, service coordination, adaptive technology and environmental modifications, and guardianship services. Eligibility is based on a diagnosis of an intellectual and/or developmental disability.



## **BOCES (Boards of Cooperative Educational Services) of NY State**

Education and services for students with disabilities, including instruction, life skills, career path support, and summer programming. Programs for birth – 21 years old including home based, center based and classrooms. Eligibility determined by Early Intervention Services ([Department of Health](#)) and the student's school district Committee on Special Education.

### **DELAWARE-CHENANGO-MADISON-OTSEGO BOCES**

**607-335-1200**

6678 County Road 32

Norwich, NY, 13815-3554

[www.dcmoboces.com](http://www.dcmoboces.com)

Serves school districts in Otsego County: Sidney, Gilbertsville-Mount Upton, Unadilla Valley, Unatego.



### **Robert W. Harrold Campus**

**607-865-2500**

270 BOCES Drive Sidney Center, NY 13839-3105

**Herkimer-Fulton-Hamilton-Otsego BOCES** **315-867-2000**

352 Gros Blvd.  
Herkimer, NY 13350-1499



**Otsego Northern Catskill BOCES:** **607-588-6291**

2020 Jump Brook Rd,  
Roxbury, NY 12474



**Otsego Area Occupational Center** **607-286-7715**

1914 County Route 35, Milford, NY 13807

Serves school districts in Otsego County: Charlotte Valley, Cherry Valley-Springfield, Cooperstown, Edmeston, Gilboa-Conesville, Laurens, Milford, Morris, Oneonta, Schenevus, Worcester.



**Brain Injury Association of New York State** **518-459-7911**

5 Pine West Plaza Suite #506  
Albany NY, 12205



The Brain Injury Association of New York State is a statewide non-profit membership organization that provides advocacy and support to people and families living with brain injuries.

**Broome Developmental Center** **607-770-0211**

249 Glenwood Rd  
Binghamton, NY 13905

Coordinates services for individuals with developmental and intellectual disabilities from six years up. Case management, long-term care, housing, employment, vocational training, family support.



**Catskill Center for Independence** **607-432-8000 (Voice and TTY)**

Physical Address  
6104 State Highway 23  
Oneonta, NY 13820

Mailing Address  
P.O. Box 1247  
Oneonta, NY 13820

FREE! Information, referral, advocacy, and assistance with housing, life skills, employment, and transportation for individuals with disabilities.



**Down Syndrome Aim High Resource Center** **518-437-5700**

341 South Manning Blvd  
Albany, NY 12211  
Email: [info@dsahrc.org](mailto:info@dsahrc.org)

Parent-to-parent and professional services and support for children with Down Syndrome and their families.



## **Early Intervention Program and Preschool Special Education**

**607-547-4230**

Otsego County Department of Health  
Division for Children with Special Needs  
140 County Highway 33 W, Suite 3  
Cooperstown, NY 13326



FREE! Identification, tracking, evaluation, and service coordination for infants and toddlers with developmental concerns. Provides special education services to those identified as eligible (speech, physical, occupational therapies, itinerant teacher/integrated classroom). Call to refer children under two years of age. Call the child's [school district](#) to refer children 2 to 5 years old.

## **Family Resource Network (FRN)**

**607-432-0001**

46 Oneida Street  
Oneonta, NY 13820

Email: [familyrn@gmail.com](mailto:familyrn@gmail.com) Website: [www.familyrn.org](http://www.familyrn.org)



Parent-led organization serving families of children with special needs. Provides information, parent and youth peer and group supports and advocacy services to families who have children with developmental, health care, and mental health needs.

## **Kennedy Willis Center on Down Syndrome**

**607-965-2046**

Pathfinder Village  
3 Chenango Road  
Edmeston, NY 13335-2314

Email: [info@pathfindervillage.org](mailto:info@pathfindervillage.org)



Continuing education, information, and life planning resources for families supporting individuals with developmental disabilities.

## **Kids Unlimited Preschool & UPK (Springbrook)**

**607-353-7272 Ext. 2900**

Springbrook Community Campus  
55588 State Highway 7  
Oneonta, NY 13820



Provides integrated preschool for children of all abilities and early intervention programs for children from birth to age five, daycare, and Universal Pre-Kindergarten for the [Oneonta School district](#). Tuition rates vary for staff members, children entering through a school district, those with a special need, or private pay.

## **Parent to Parent of NYS**

**800 305-8817**

500 Balltown Road  
Schenectady NY 12304



A statewide network of parents who provide emotional support to families of individuals with special needs.

## **Rehabilitation Support Services (RSS)**

**607-433-0002**

PO Box 781  
9 River Street  
Oneonta, NY 13820



Housing, employment, crisis/respite services, treatment, care coordination, socialization and wellness programs provided to individuals with psychiatric and substance use disorders.

## **Supplemental Security Income (SSI)**

**1-877- 628-6581 (Oneonta)**

**TTY: 1-800-325-0778**

Social Security Administration  
31 Main Street, Suite 1  
Oneonta, NY 13820

Federal income assistance for the aged, blind, and disabled people who have little or no income; cash to meet basic needs for food, clothing, and shelter. [Eligibility tool](#) on website:  
<https://ssabest.benefits.gov/>



## **Springbrook**

**607-286-7171**

105 Campus Drive Oneonta, NY 13820

Supports and services for people with developmental disabilities, including preschool, residential and day school, therapeutic supports, employment services, and housing.



## SECTION 11:

## TRANSPORTATION

|                                                                                                                                                                      |                                                                                                                                                                                       |
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| <b><u>ABC Taxi</u></b> <b>607-437-5267</b><br>67 Maple St.<br>Oneonta, NY 13820<br> | <b><u>A &amp; D Taxi</u></b> <b>607-433-1726</b><br>83 Lower River Street<br>Oneonta, NY 13820<br> |
| <b>All Star Taxi</b> <b>607-267-1834</b><br>2595 County Hwy 35<br>Schenevus, NY 12155                                                                                | <b>Gary's Taxi</b> <b>518-673-3974</b><br>221 Moyer St.<br>Canajoharie, NY 13317                                                                                                      |
| <b>Hill City Taxi</b> <b>607-433-2227</b><br>2 Lower River St.<br>Oneonta, NY 13820                                                                                  | <b>Tri Town Taxi</b> <b>607-563-9393</b><br>53 River St.<br>Sidney, NY 13838                                                                                                          |

**Birnie Bus** **1-800-734-3950**

<http://birniebus.com/>



**Oneonta Terminal** **607.432.4705**

108 Silas Lane Oneonta, NY

**Richfield Springs Terminal** **315.858.6444**

928 County Highway 27 Richfield Springs, NY 13439

**Bus Terminal (Oneonta):** **607-432-2661**

47 Market Street  
Oneonta, NY 13326

**Adirondack Trailways Bus:** **(24 hr customer service)1-800-776-7548**

**Greyhound Bus:** **(24 hr customer service)1-800-858-8555**

Terminal: M-F: 8 AM - 5 PM; Sat: 8:30 AM- 4 PM; sun: 8:30 AM-5PM  
Serves State Route 28 corridor Utica: Cooperstown - Oneonta and beyond

**Get There Call Center**

**Rural Health Network of South Central New York** **1-855-373-4040**

Monday-Friday, 8:30am-4:30pm

Transportation assistance, support, and information to residents of Broome, Chenango, Delaware, Otsego, and Tioga counties. Call M-F

## **Medicaid Transportation**

**1-866-333-1030**

Medical Answering Service

Transportation to and from medical, optical, dental and psychological services available for Medicaid patients. Call in advance to make arrangements. A full 3 business days' notice is required. Some out of county travel available in special circumstances with doctor's referral. No charge.

## **Oneonta Public Transit (OPT)**

**607-432-7100**

Clinton Plaza  
104 Main Street  
Oneonta, NY 13820



7AM — 5:30PM Daily except Sunday

View their website or call for information regarding rates, OPT routes, schedules and handicapped services.

### Cooperstown Line:

Bus service from Oneonta to Cooperstown and return. Routes 7 and 28 to and from Cooperstown. Currently the schedule is as follows:

Leaves Oneonta: M-F: Every hour between 6:00 AM and 5:00 PM

Leaves Cooperstown: M-F: Every hour on the hour from 7:00 AM — 6:00 PM

\*On Saturdays only: Leaves every 2 hours (Oneonta on even hours and Cooperstown on odd hours)

Cost: \$3.50 adult one way (ages: 18-62) \$2.00 for senior citizens (age: 62+) or students (ages: 5-18)  
free for children under 5

### Oneonta Line:

Serves the City of Oneonta, the University, North and South Sides, East and West End, River Street/Downtown and Otego, Hillside

Cost: \$1.25 adult one way (ages: 18-62) \$0.75 for senior citizens (age: 62+) \$0.50 students (ages: 5-18)

Transfers - \$0.50 Free for children under 5

## **Opportunities for Otsego**

**607-433-8335 ext. 5**

### **Wheels to Work**

Support for income eligible employed pregnant parents or caretakers of a minor child to acquire safe, reliable transportation so they may get to and from work. Coordinates the purchase of affordable/used vehicles, offers financial assistance for vehicle repairs and general financial management skills. Residents of Otsego county can [apply](https://ofoinc.org/find-program/wheels-work) on the website: <https://ofoinc.org/find-program/wheels-work>



## **Otsego Express (GUS the Bus)**

**1-(800) 388-9853**

928 County Highway 27  
Richfield Springs, NY 13439



Cost: \$1.00 adults \$ 0.50 seniors age 60+ free under age 6

Public transportation on several routes throughout Otsego County, handicapped accessible with 24 hour notice. Monthly passes, senior citizen discounts, single trip fare. Zoned service provides "dial-a-ride" pick-up/drop-off on certain days. View their website or call for rates, routes and/or schedules.

## **Veterans' Service Agency**

**607-547-4224**

Oneonta, NY 13820  
Monday — Thursday:  
9:00 AM - 3:00 PM  
Tues, Thurs, Fri: 9:00 AM – 1:00PM



Passenger van transport Tuesday thru Friday to the VA hospital in Albany and back for ALL veterans, plus some Social Services, Medical Assistance recipients by prior arrangement. Pick up points in most communities.

**CONTACT THE DRIVER A MINIMUM OF TWO (2) DAYS IN ADVANCE**

**607-267-8571 or 315-264-3995**

## **SECTION 12      YOUTH PROGRAMS/SERVICES**

### **American Red Cross**

**315-545-5571**

Central and Northern NY Chapter  
125 Business Park Drive, Suite 110  
Utica, NY 13501



CPR, First Aid, and Water Safety/Lifeguarding certification courses. Some fees are involved. [Online classes and registration](#) for classes are available on the website: <https://www.redcross.org/take-a-class>

### **Big Buddy Program**

**607-746-1746**

Delaware Opportunities, Inc.  
35430 State Highway 10  
Hamden, NY 13782



FREE! Mentoring to county resident children (5 to 14 years old) to support, guide and encourage and to give tools needed to succeed in life. Big Buddies generally spend 4 to 8 hours a month with their Little Buddy. Group activities are offered once a month.

### **Boy Scouts of America — Leatherstocking Council**

**315- 735-4437**

1401 Genesee St.  
Utica, New York 13501  
[www.leatherstockingcouncil.org](http://www.leatherstockingcouncil.org).  
M-F 9-5



Serves girls and boys, first grade to age 18 with character development, physical fitness, an citizenship through group and individual experiences. Year-round camping program.

### **CDO Workforce Youth Services Program**

**607 432-4800**

12 Dietz Street  
Oneonta, NY 13820  
[www.cdoworkforce.org](http://www.cdoworkforce.org)  
M-F 8:30-5



Assistance to teens and young adults for internships, summer employment, guidance in resume writing, GED preparation and application, and career planning.

## **Clark Sports Center**

**607 547-2800**

124 County Highway 52  
PO Box 850  
Cooperstown, NY 13326  
[www.clarksportscenter.com](http://www.clarksportscenter.com)  
Mon. - Fri. 5:30 AM – 9:00 PM; Sat. 8 AM-5 PM; Sun. 8 AM -12 PM



Wide choice of recreational activities and services for all ages. Activities include: Sports programs, bowling, basketball, camping, hiking, swimming and lessons, after-school activities, summer camp, aerobics, adult fitness, rock climbing, special events and more. Reduced fee membership available with proof of income.

## **Cornell Cooperative Extension**

**607 547-2536**

123 Lake Street  
Cooperstown, NY 13326  
Email : [otseqo@cornell.edu](mailto:otseqo@cornell.edu)



Monday - Friday: 8:30 AM - 4:30 PM

Educational programs for youth and families, including workshops, 4-H Club support, farm tours, special events, and camping. The 4-H Program offers educational and fun activities for youth ages 5-19 and adult volunteers.

## **Family Planning of South Central New York, Inc.**

**607-432-2250**

37 Dietz Street  
Oneonta, NY 13820



M-F 9am-5pm, T 9am-7pm, Thur 9am-6pm, Saturday (twice a month) 9 am-1 pm.

Clinic locations in Norwich, Oneonta, and Sidney with educators that provide current information on human sexuality and reproductive health to parents and youth. Can travel and support parents to talk about sensitive topics with children. An Education Resource Center has pamphlets, books and videos. Many services are FREE! or available for a modest fee.

## **Family Resource Network**

**607-432-0001**

46 Oneida Street  
Oneonta NY 13820

[www.familyrn.org](http://www.familyrn.org)



Youth peer groups, special events and excursions, blogs and online networking, programs to assist ages 12-17 develop social skills and explore challenging topics. Young adult groups (18-21) meet weekly and for special events.

## **Girl Scouts of NYPENN Pathways**

**800-943-4414**

[www.gsny penn.org](http://www.gsny penn.org)

Offers school-aged girls the opportunity to make new friends, develop leadership skills and build self-confidence. Local Troop activities focus on Science/Technology/Engineering/Math, Outdoor Activities, Life Skills, and Entrepreneurship. Contact the regional office and ask to speak with the coordinator for your county.



## **Girls On The Run, Central New York**

**607- 267-9100**

[www.girlsontheruncny.org](http://www.girlsontheruncny.org)

Girls 8-13 learn life skills through dynamic, conversation-based lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness.



## **Oneonta Boys and Girls Club, Inc.**

**607-432-1133**

70 River Street  
Oneonta, NY 13820

Mon. - Fri.: 2:20PM-9PM; Sat.: 9 AM -2 PM. Closed Sunday.

Offers youth ages 6-16 a wide range of sports and fitness activities, arts and crafts, wood shop, game room, camping, and outdoor excursions. Memberships available to age 21. Call or stop in.



## **Oneonta Family YMCA**

**607-432-0010**

20-26 Ford Avenue  
Oneonta, NY 13820

M-TH, F 5:45 am-7 pm Sat 8am-2pm Sun- CLOSED

Wide choice of recreational activities and programs: pool, gym, fitness center, youth gym and social program, swimming, gymnastics, family fun, child care services, preschool program, after-school and vacation day programs, summer day camp, and other services. Annual, monthly, and daily fees. Memberships and income-eligible scholarships are available.



## **The Oneonta Teen Center**

**607 441-3999**

Academy Street  
Oneonta, NY 13820

[ourotc@gmail.com](mailto:ourotc@gmail.com)

Tuesday through Friday after school and evenings. Some Saturday hours.

FREE! And open to youth looking for a safe social space and fun and educational programs and activities. Provides prevention and recovery-sustaining programming for youth ages 12-18 who are influenced by substance use and identify as being in recovery. Activities include: cooking classes, programs supporting social and emotional stability, including stress management and coping, and tons of daily fun activities that are suggested and planned by the youth members.



## **Otsego County Office of Employment and Training**

**607-432-4800**

12 Dietz Street  
Oneonta, NY 13820

8:30 AM - 5:00 PM; summer (July and August) 9:00 AM -4:00 PM

Assists youth 14-21 with assessment, development of marketable skills, job search, resume, and career exploration. Resource room with office equipment for job search needs and on-the job training opportunities available.



## **Richfield Springs Community Center, The Zone**

**315-858-3200**

6 Ann Street (corner of Ann St. and Walnut St.)  
PO Box 108  
Richfield Springs, NY 13439



Programs for youth and community including, but not limited to: The Zone: Every Friday Night from 7:00 to 10:00 pm for teens in Grades 7-12. After School Program: Every Wednesday and Friday afternoon during the school year from 3 to 5 pm for students in Grades 5 to 8. PLAY: Positive Lifestyle Activities for Youth: Every Tuesday and Thursday afternoon during the school year from 3 to 5 pm for students in Grades K to 4.