

Dear SSHS Families,

At Steamboat Springs School District, we believe that students' emotional well-being is just as important as their academic success. When students feel connected, supported, and equipped with the social-emotional skills they need, they can better engage in learning, build healthy relationships, and succeed at school.

On October 30, 2026, all students in grades 9-12 will be invited to participate in a brief Social-Emotional Wellness Survey, during a special anchor period. The survey will help us better understand our students' experiences and ensure our schools provide the support students need to thrive. The survey takes approximately 17 minutes to complete.

Student voice matters. By listening directly to students about their experiences, we can recognize strengths, understand what is working, and identify where additional support may be needed.

What will the survey ask about?

The survey asks students about areas such as:

- Sense of belonging and connection at school
- Supportive relationships and social awareness
- Self-efficacy and confidence
- Self-management and emotion regulation
- Positive feelings and experiences
- Challenging feelings and how students manage them
- Overall school experiences

We will use this information to better support individual students, identify needs among groups or grade levels, and strengthen the overall culture and climate of our schools. It will also help us evaluate whether the supports and programs we have in place are meeting students' needs.

An important note about confidentiality

This survey is not anonymous. Student responses are connected to the student who completes the survey. We want families and students to know this upfront because many surveys are anonymous, and this one is different. **We will also make sure students understand this before they begin the survey.**

Student responses will be maintained confidentially in a secure system and may be accessed only by members of the student support team who have a legitimate role in supporting students at their school. This may include:

- School Counselors
- School Health Professionals
- School Psychologists
- Family-School Liaisons
- Educators providing interventions or supports to the student
- School Administrators

The information will help educators, counselors, and school leaders better understand student experiences and determine how best to support students and our school communities.

Thank you for partnering with us as we work to ensure that all of our students feel seen, heard, cared for, and supported—and have the social-emotional foundation they need to thrive both in school and beyond.

If you have questions about the survey, please contact your child's school principal or:

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