

From	Conestoga Track Field Booster Club
To	Parents
Sent	01-31-2025
Subject	IMPORTANT MEET UPDATES THIS WEEKEND

Happy Friday Track Families,

I apologize for the confusion on meets this weekend. Girls will NOT be attending Alvernia tonight. Please see updated information below:

MEETS THIS WEEKEND

BOYS Sunday, Feb 2nd [TFCAofGP Meet #9](#) at UPenn, OTT Center, 2910 South Street Philadelphia, PA 19104

- TICKETS SELL VERY QUICKLY AT PENN & CAN ONLY BE PURCHASED FROM THE APP NOT AT THE DOOR
- LINK TO PURCHASE TICKETS - <https://pennathletics.venue.net/events/TRK?>
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- See attached document on parking info - Stoga will provide athlete transportation to and from the meet

OCEAN BREEZE DETAILS:

- [BOYS Saturday, Feb 1st Ocean Breeze Invitational at Ocean Breeze Athletic Complex, 625 Father Capodanno Blvd, Staten Island, NY 10305](#)
- [GIRLS Sunday, Feb 2nd Ocean Breeze Invitational at Ocean Breeze Athletic Complex, 625 Father Capodanno Blvd, Staten Island, NY 10305](#)

Thank you for entering the 10th Annual Ocean Breeze Invitational. We have an exciting but very long weekend ahead of us. We encourage you to review the schedule and heat sheets and share this information with your athletes and parents. Although spectators are welcomed, this might be one they want to watch on MileSplit.

The meet is very large, over 10,000 entries and we ask that you please read the information below carefully and share it with your assistant coaches and athletes.

- All events are broken up into divisions; red, white, blue and in the case of the 200's bronze. PLEASE make sure your athletes know what division, heat and lane

they are in. This will help us clerk athletes in quickly & move the meet.

- We will run ahead of schedule if possible!
- Pls explain to your athletes how to properly wear a hip number, specifically that it goes on the side of their leg & not the front of their leg or under their singlet. This will allow us to ensure every athlete is receiving their proper lap splits.
- The warm-up track will be crowded, with that said - no athletes should be on the first floor unless they are actively warming up. Please tell your athletes they should not be hanging out down there and if they are asked to exit by Ocean Breeze staff or security they do so.
- CONDUCT: we expect all athletes to be on their best behavior. Any athletes acting disorderly or caught stealing will result in the entire team being disqualified and escorted out of the venue without a refund.
- Spectators attending the meet will be asked to donate \$5 at the door to the Ocean Breeze Park Alliance, the host of our Ocean Breeze events.
- Doors for all athletes and coaches will open at 7:30am, we will start allowing spectators in at 7:45am.
- Parking - Spectators may park in parking lots 4, 5 and 6. Do not park illegally because you will get a ticket. DO NOT PARK ON ANY GRASS!
- Northwest Design will be on site selling T-shirts. Please don't wait till the end of the meet.
- Concessions and food trucks will be available as well.
- [The meet will be streamed on MileSplit.com and results can be found on MileSplit.live](#)
- Please make sure your athletes are listening to all announcements. Clerking will take place in three different locations: infield, first floor and second floor - with separate teams of clerks. All athletes must access the clerking areas and field event areas from the first-floor warm-up track.

PAPARAZZI: [T&F Google Drive](#)

- **LET'S GET CANDID:** we need our parents to take those shots at every meet, on the sidelines, at team events & the pasta dinners you attend!
 - Upload your pictures to the [T&F Google Drive](#)
 - All pictures are linked directly to the [XCTF website](#) & will be used for the Banquets
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& Senior Night!

GOOD LUCK TO OUR ATHLETES THIS WEEKEND!
