



Recommendation:

Assign named teacher have a 'food champion'

Case study example:

Prendergast Primary, Lewisham

For the last 6 years Kim Smith has been running food education as part of the curriculum, working with the whole school to use food education as a way of teaching history, maths, english and other curriculums. This has required strong collaboration with the Head Teacher and staff, and to raise the profile of the aim of using practical food classes within the curriculum with all teachers, each year they have assigned a member of staff as the food lead, incorporating the subject of Design and Technology.

This has not only meant that Kim has a consistent point of contact about the schedule, topics and logistics for food education with each class, but has enabled them to plan the food curriculum for the whole term, ensuring that food classes don't get compromised. In addition to the food education classes, the Food Education Lead has also worked to achieve Healthy Schools Awards Bronze and Silver awards (the only school in Lewisham to achieve Silver), as well as working towards Eco school awards using food as a central pillar in their plan and taking ownership of lunch box policy.