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PRE-BOARD-1 (2023-24)
CLASS-X

Food Production (409) Maximum marks: 50

Time Allowed: 2 hours

General Instructions:

- (1) Please read the instructions carefully.
- (2) This Question Paper consists of 21 questions in two sections: Section A & Section B.
- (3) Section A has Objective type questions whereas Section B contains subjective type questions.
- (4) Out of the given (5 + 16 = 21) questions, a candidate has to answer (5 + 10 = 15) questions in the allotted (maximum) time of 2 hours.
- (5) All questions of a particular section must be attempted in the correct order.
- (6) Section A: Objective Type Questions (24 Marks) (i) This section has 05 questions.
 - (ii) Marks allotted are mentioned against each question/part.
 - (iii) There is no negative marking.
 - (iv) Do as per the instructions given.
- (7) Section B: Subjective Type Questions (26 Marks) (i) This section has 16 questions.
 - (ii) A candidate has to do 10 questions.
 - (iii) Do as per the instructions given.
 - (iv) Marks allotted are mentioned against each question/part.

SECTION - A

(Objective Type Questions)

Answer any 4 out of the given 6 questions on Employability Skills:

(4x1= 4)

1. (i) Choose the option which defines sustainable development.
 - (a) Taking care of future generations
 - (b) Taking care of only ourselves
 - (c) Taking care of ourselves and the future generations
 - (d) Well-being of all
- (ii) To reverse the last action, which shortcut key will you use on the computer ? (a) Ctrl+V (b) Ctrl+P (c) Ctrl+Z (d) Ctrl+B
- (iii) What does E-waste include?
Discarded
 - (a) tyres (b) glass (c) electronic devices (d) newspaper
- (iv) Choose the option which is not a sustainable development goal according to the United Nations.
 - (a) Clean Water and Sanitation (b) Gender Equality
 - (c) Population (d) Reduced Inequalities
- (v) Self-Reliance means _____
 - (a) Ability to Work Independently (b) Complete the task effectively
 - (c) Both of the above (d) None of the above

- (vi) Susheela decides to sell her company tyres in Sri Lanka. It does not sell and she has a loss. She apologises to the people who work for her. She says she will plan better next time. She.....
- (a) Takes responsibility for your mistakes (b)Thinks before making a decision
(c) does not give up (d) is creative

2. Answer any 5 out of the given 6 questions:

(5x1= 5)

- (i) Which of the following is not an objective of cooking food?
- (a) To make the food palatable.
(b) It kills the bacteria and keeps the food sterile.
(c) It deteriorate the eye appeal of the food.
(d) Cooking helps to make food more digestible.
- (ii) Poaching is a _____ cooking process.
- (a) Dry (b) Moist (c) Both (a) & (b) (d) Wet
- (iii) _____ is to grind or wash cooked fruits or vegetables until they are smooth. (a)Pure (b) Mash
(c) Crush. (d) Sieve
- (iv) What is the effect of heat on food?
- (a) Breaks down the cellulose and the starches.
(b) Makes the flavours worse. (c) Increases bacteria.
(d) No effect on food
- (v) Which part of the salad enhances its appearance and compliments the overall taste? (a) Body (b) Garnish (c) Perizer (d) base
- (vi) Which is usually a main ingredient in bisque?
- (a) Potato (b) Shellfish (c) Chicken. (d) Butter

3. Answer any 5 out of the given 6 questions:

(5x1= 5)

- (i) An example of thickening agent used in soup is
- (a) Basil (b) Bay leaf (c) Rice (d) Thyme
- (ii) Which of the following soups is an example of hot soup?
- (a) Gazpacho (b) Sarki (c) Vichyssoise (d) Cream of tomato
- (iii) Cooking time of vegetables increases with the addition of
- (a) Lemon (b) Baking soda (c) Baking powder (d) Salt
- (iv) This type of cut is used to cut potatoes for french fries:
- (a) Julienne (b) Wedge (c) Baton (d) Chunks
- (v) Coleslaw salad is an example of
- (a) Protein salad (b) Vegetable salad (c) Fruit salad (d) Pasta salad
- (vi) The process in which cooking of food is done with the help of electromagnetic waves is called
- (a) Baking (b) Induction (c) Pressure cooking (d) Solar cooking

4. Answer any 5 out of the given 6 questions:

(5x1= 5)

- (i) Choose the part of the salad that bound it and makes it appealing.
(a) Base (b) Body (c) Garnish (d) Dressing
- (ii) Club sandwich is an example of a
(a) Buffet sandwich (b) Conventional sandwich (c) Closed sandwich (d) Fancy sandwich
- (iii) A type of bite-size finger food with a crispy base and decorative topping is called
(a) Fancy sandwich (b) Hot sandwich
(c) Canapé (d) Buffet sandwich
- (iv) The bread for preparation of sandwich should be stored
(a) In refrigerator without a cover (b) At room temperature
(c) In freezer (d) At room temperature near heat source
- (v) A major component of a protein salad would be
(a) Lettuce (b) Eggs (c) Lemon juice (d) Olive
- (vi) Arugula and iceberg are examples of following part of salad:
(a) Base (b) Body (c) Dressing (d) Garnish

5. Answer any 5 out of the given 6 questions:

(5x1= 5)

- (i) Method of cooking by conduction include:
(a) Stir-frying (b) Soaking (c) Freezing (d) Cutting
- (ii) What is canning?
(a) Application of high temperature to food.
(b) Application of low temperature to food.
(c) Both a and b.
(d) None of the above.
- (iii) Which of the following is a factor that affects the storage stability of food? (a) type of raw material used
(b) quality of raw material used
(c) method/effectiveness of packaging
(d) all of the mentioned
- (iv) The most significant and essential mineral required for our body is _____. (a) Iron (b) Sodium
(c) Calcium (d) All of the above
- (v) Milk can be preserved by _____.
(a) Pasteurization (b) Drying (c) Chemical preservatives (d) Freezing
- (vi) Which is an example of a Bulb vegetable?
(a) Garlic (b) Lettuce (c) Beetroot (d) Potato

SECTION-B

(Subjective Type Questions)

Answer any 3 out of the given 5 questions on Employability skills. Answer each question in 20-30 words (3x2 = 6)

6. Write down the common communication barriers you may come across when you move to a new city or country.
7. List your favourite stress management technique and elaborate on why you find it the most effective for you.
8. What is the best way to work on long-term goals?
9. List the various ways you can use to protect your data.
10. What is the function of the ENTER key?

SECTION-B
(Subjective Type Questions)

Answer any 4 out of the given 6 questions in 20-30 words each: (4x2 = 8)

11. Explain the term 'Gelatinization'.
12. Give any 2 examples of Stone fruits.
13. Write the one advantages and disadvantages of 'Steaming' method of cooking.
14. Mention the importance of Dressing in Salad.
15. Write four tips to save nutrients while preparing food.
16. Explain two roles each of spread and filling of a sandwich.

SECTION-B
(Subjective Type Questions)

Answer any 3 out of the given 5 questions in 50-80 words: (3x4 = 12)

17. What two qualities each will you check to buy fresh ginger, tomato, Carrot and peas?
18. What are the different types of sandwiches? Explain any four.
19. (a) Elaborate radiation and conduction principles of heat.
(b) Briefly describe the following methods of cooking:
 - (i) Baking
 - (ii) Roasting
20. Classify soups with the help of a suitable flow chart.
21. Explain the main role of different parts of a salad.
