

FEBRUARY 2026

Mon	Tue	Wed	Thu	Fri
2	3 OPEN GYM @ HHS Stadium *Weather permitting Fresh & Soph Warm Up: 4:30pm Train: 5pm - 6pm Jnr's & Snr's Warm Up: 5:30pm Train: 6pm - 7pm	4 OPEN GYM @ HHS Stadium *Weather permitting Fresh & Soph Warm Up: 4:30pm Train: 5pm - 6pm Jnr's & Snr's Warm Up: 5:30pm Train: 6pm - 7pm	5 OPEN GYM @ HHS Stadium *Weather permitting All Classes Warm Up: 4:30pm Train: 5pm - 7pm	6 OPEN GYM @ HHS Stadium *Weather permitting All Classes Warm Up: 4:30pm Train: 5pm - 7pm
9	10	11	12	13
Pre-Tryout Moratorium No Training	Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium No Training
16	17	18	19	20
Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium Player Lead Sessions 5-7pm HHS Stadium	Pre-Tryout Moratorium No Training
23	24	25	26	27
DAY 1 TRYOUTS New Players Only 5 - 7 PM HHS STADIUM Arrive @ 4:15pm For Check In Bring Your Own Water Bring Copy of Grades Bring Running Shoes Day 2 Call Backs Announced By 10PM	DAY 2 TRYOUTS Returning Players + Call Backs 5 - 6:30 PM HHS STADIUM Arrive @ 4:15pm For Check In Bring Tryout Number Bring Your Own Water Bring Copy of Grades Bring Running Shoes Day 3 Call Backs Announced By 10PM	DAY 3 TRYOUTS Call Back Players Only 5 - 7 PM HHS Warm Up @ 4:30PM Bring Tryout Number Bring Your Own Water Final Roster Announced By 10PM	TRAINING 5pm - 7pm Parent Meeting 7:30 pm - 8:30 pm	TEAM DAY 3-6 PM Team Pictures 6 PM Team Pizza Dinner

MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NON-REGION GAME Timpview @ HHS WIN!!! 2 - 0	3 TRAINING 5pm -7pm Stadium	4 NON-REGION GAME Corner Canyon @ HHS LOSS!! 0 - 2	5 TRAINING 5pm -7pm	6 NON-REGION GAME HHS @ Wasatch HS LOSS!! 0 - 2
9 TRAINING 5pm -7pm Grass Fields	10 TRAINING 5pm -7pm Grass Fields	11 Herriman @ Westlake Checkout: 1:00pm Buses: 1:15pm WarmUp: 2:45pm Varsity: 3:30pm JV: 5:00pm Excusal List	12 TRAINING 5pm -7pm Stadium	13 Riverton @ Herriman Checkout: 2:00pm Lckr Rm: 2:15pm Fields: 2:30pm Warm Up: 2:45pm Varsity: 3:30pm JV: 5:15pm Excusal List
16 TRAINING 5pm -7pm Grass Fields @ 6 Boys LAX Game	17 TRAINING 5pm -7pm	18 Herriman @ SLA Checkout: 1:45pm Buses: 2:00pm WarmUp: 2:45pm Varsity: 3:30pm JV: 5:00pm Excusal List	19 TRAINING 5pm -7pm Grass Fields	20 Copper Hills @ Herriman Checkout: 2:00pm Lckr Rm: 2:15pm Fields: 2:30pm Warm Up: 2:45pm Varsity: 3:30pm JV: 5:15pm Excusal List
23 TRAINING 8pm - 10pm Turf	24 TRAINING 5pm -7pm	25 Cedar Valley @ Herriman Checkout: 2:45pm Lckr Rm: 3:00pm Fields: 3:15pm Warm Up: 3:30pm Varsity: 4:15pm JV: 6:15pm Excusal List	26 TRAINING 5pm -7pm Grass Fields	27 Herriman @ Mountain Ridge Checkout: 1:45pm Buses: 2:00pm WarmUp: 2:45pm Varsity: 3:30pm JV: 5:00pm Excusal List
30 JSD SPRING BREAK	31 JSD SPRING BREAK	**3/21/2026 - Clothing Drive Pick-up		

APRIL 2026

Mon	Tue	Wed	Thu	Fri
Checkout: 2::00pm Lckr Rm: 2:15pm Fields: 2:30pm Warm Up: 2:45pm Varsity: 3:30pm JV: 5:15pm		1 JSD SPRING BREAK Westlake @ Cedar Valley	2 JSD SPRING BREAK	3 JSD SPRING BREAK
6 TRAINING 5pm -7pm	7 TRAINING 5pm -7pm Grass Fields	8 Bingham @ Herriman Checkout: 2::00pm Lckr Rm: 2:15pm Fields: 2:30pm Warm Up: 2:45pm Varsity: 3:30pm JV: 5:15pm Excusal List	9 TRAINING 5pm -7pm Kid Camp Clinic 5-7 PM	10 Herriman @ Copper Hills Checkout: 1:45pm Buses: 2:00pm WarmUp: 2:45pm Varsity: 3:30pm JV: 5:00pm Excusal List
13 TRAINING 5pm -7pm	14 TRAINING 5pm -7pm	15 Westlake @ Herriman Checkout: 2::00pm Lckr Rm: 2:15pm Fields: 2:30pm Warm Up: 2:45pm Varsity: 3:30pm JV: 5:15pm Excusal List Kid Camp Participation Game	16 TRAINING 5pm -7pm Grass Fields	17 Herriman @ Cedar Valley Checkout: 1:00pm Buses: 1:15pm WarmUp: 2:45pm Varsity: 3:30pm JV: 5:15pm Excusal List
20 TRAINING 5pm -7pm	21 TRAINING 5pm -7pm Grass Fields	22 Herriman @ Riverton Checkout: 1:45pm Buses: 2:00pm WarmUp: 2:45pm Varsity: 3:30pm JV: 5:00pm Excusal List	23 TRAINING 5pm -7pm Grass Fields	24 Herriman @ Bingham** Checkout: NA Buses: 3:45pm WarmUp: 4:15pm JV: 5:00pm Varsity: 7:00pm Excusal List
27 TRAINING 8pm - 10pm (Switching times w LAX)	28 TRAINING 5pm -7pm Grass Fields	29 Mountain Ridge @ Herriman** Checkout: 2::00pm Lckr Rm: 2:15pm Fields: 2:30pm Warm Up: 2:45pm Varsity: 3:30pm JV: 5:15pm Excusal List	30 TRAINING 5pm -7pm Grass Fields	

MAY 2026

Mon	Tue	Wed	Thu	Fri
				1 SLA @ Herriman** Checkout: NA Lckr Rm: 3:45pm Fields: 4:00pm WarmUs: 4:15pm JV: 5:00 Senior Night: 6:45 pm Varsity: 7:00 Excusal List
4 TRAINING 5pm -7pm	5 TRAINING 5pm -7pm Grass Fields Last Day of Regular Season Cedar Valley @ Westlake** <i>Senior Night</i> <i>(no LAX at Westlake this day)</i>	6 TRAINING 6:30pm -8pm (Switching Time w GLAX)	7 TRAINING 5pm -7pm	8 Playoffs: First Round
11 TRAINING 5pm -7pm	12 Playoffs: Second Round	13 TRAINING 5pm -7pm	14 Playoffs: Quarterfinals	15 TRAINING 5pm -7pm
18 TRAINING 5pm -7pm	19 Playoffs: Semifinals	20 TRAINING 5pm -7pm	21 Playoffs: Final	22
25	26	27	28	29