Why Narcan (Naloxone) in Our Schools?

The Saco School Board recently approved the JLCDB Naloxone Policy, which allows the availability of Naloxone (Narcan) within our schools. The President of the United States has launched a major campaign against the flow of illicit drugs into our communities amidst a nationwide opioid crisis. This campaign includes expanding access to life-saving resources and medication to prevent drug overdoses leading to death. Last month, Naloxone nasal spray became available for over-the-counter purchase by anyone, without medical training.

Opioid misuse and addiction can happen to anyone. Opioid overdose can happen at any time, in any location, including K-12 schools, and during school-sponsored and community events. Students, staff, visitors, and family members who misuse opioids risk being among the 136 Americans who perish each day from an overdose. Our schools are on the frontlines of this epidemic, and now our teachers, staff, students, and community members will be equipped with tools to help save lives.

Studies show that Naloxone (Narcan) access can reduce overdose death rates, and its availability does not lead to an increase in youth drug use. It causes no harm if used on a person not overdosing on opioids. It is important to note that individuals should not be afraid to administer naloxone, as most states have Good Samaritan Laws protecting bystanders who aid at the scene of an overdose.

Below are the boxes that will be placed in a central location of each Saco school near our other life-saving devices, such as our AEDs and Stop the Bleed bags. Please take a few moments to watch these short videos on how to use this life-saving device.



■ How to Use Narcan (naloxone) Nasal Spray Narcan Video

If you have questions, please feel free to contact the school nurse in your building.

Saco School District Nursing Team

<u>Joan Holmes RN</u> - Saco Middle School <u>Deb Malia RN</u> - C.K. Burns School, Nurse Leader

Jess Morgan RN - Fairfield School & Saco Pre-K

Kristina Renaud RN - Young School

Moriah Goff LPN - Saco Pre-K