

# Combating Envy

- *Envy - A grudging regard for the advantages seen to be enjoyed by others*
- Resentment - a feeling of ill will or indignation at another's good fortune.
- Jealousy - a feeling of fear or anger over another's success or possessions.
- 3 Ways to combat envy

## Take God's \_\_\_\_\_

- Psalm 139:14 Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.
- Envy causes us to have a distorted view of ourselves
- Take a Scriptural view of our lives

## Care for \_\_\_\_\_

- Kindness is a genuine concern for the well-being of others.
- God is infinite and His provision is infinite
- You can care for others and have an attitude of generosity towards them and not have to worry about God “leaving you out”
- Jesus exhibited this attitude of caring for others all the time
- He will empower us to do the same

## Recognize Your \_\_\_\_\_

- Gratitude - the internal posture of thankfulness for what we already have.
- Philippians 4:6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.
- Philippians 4:11-13 Not that I was ever in need, for I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.
- He wrote these while in jail

## Scriptures

- 1 Peter 1:14-16 14 So you must live as God's obedient children. Don't slip back into your old ways of living to satisfy your own desires. You didn't know any better then. 15 But now you must be holy in everything you do, just as God who chose you is holy. 16 For the Scriptures say, "You must be holy because I am holy."
- Matthew 27:15-18 15 Now it was the governor's custom each year during the Passover celebration to release one prisoner to the crowd—anyone they wanted. 16 This year there was a notorious prisoner, a man named Barabbas.[\[a\]](#) 17 As the crowds gathered before Pilate's house that morning, he asked them, "Which one do you want me to release to you—Barabbas, or Jesus who is called the Messiah?" 18 (He knew very well that the religious leaders had arrested Jesus out of envy.)
- Proverbs 14:30 A peaceful heart leads to a healthy body; jealousy (envy) is like cancer in the bones.
- James 3:16 For wherever there is jealousy(envy) and selfish ambition, there you will find disorder and evil of every kind.
- James 4:1-3 4 What is causing the quarrels and fights among you? Don't they come from the evil desires at war within you? 2 You want what you don't have, so you scheme and kill to get it. You are jealous of what others have, but you can't get it, so you fight and wage war to take it away from them. Yet you don't have what you want because you don't ask God for it. 3 And even when you ask, you don't get it because your motives are all wrong—you want only what will give you pleasure.
- 1 Corinthians 13:4 Love is patient and kind. Love is not jealous or boastful or proud
- Psalm 139:14 Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it
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