

4th GRADE SKILL VIDEOS

Unit	Video Links
Locomotor	4th Locomotor Intro 4-5 Locomotor Video 1 4-5 Locomotor Video 2 4-5 Locomotor Video 3
Striking	K-5 Strike Video 1 K-5 Strike Video 2 K-5 Strike Video 3
Kicking	K-5 Kicking Video 1 K-5 Kicking Video 2 K-5 Kicking Video 3 K-5 Kicking Video 4
Throw and Catch	3-5 Throw and Catch Video 1 3-5 Throw and Catch Video 2 3-5 Throw and Catch Video 3
Dribbling	K-5 Dribbling Video 1 K-5 Dribbling Video 2 K-5 Dribbling Video 3
Jump Rope	K-5 Jump Rope Intro K-5 Jump Rope Video 1 K-5 Jump Rope Video 2 K-5 Jump Rope Video 3 K-5 Jump Rope Video 4
Dance	4th Rhythm and Dance Intro West African Dance Ghostbusters Dance Cupid Shuffle Dance Cha Cha Slide Dance Airplanes Dance Shake It Dance