



**NUTRACO DIETETIC INTERNSHIP  
PRIOR ASSESSED LEARNING  
COMPETENCY ASSESSMENT FORM - COMMUNITY NUTRITION ROTATION**

**Step 1 - Intern's Instructions:** Complete the "Intern's Section" of the document below. Describe the learning experience and the supporting documentation that you are providing, as applicable. The same descriptions and examples may be used across different competencies as appropriate. Be sure to sign and date the last page of the document.

- **Description of Learning Experience:** Describe work/volunteer experience completed that demonstrates competency in the areas noted below. If you did not meet the specific competency (CRDN) you may leave it blank. Please be as detailed as possible. Describe the specific skills obtained during the experience.
- **PAL Portfolio Documentation / What was learned:** Describe how professional growth was achieved and what was learned from the experience. Include any reference to documentation or supporting materials that you are providing in the PAL portfolio. For specific examples, please see the NutraCo Dietetic Internship website.

**Step 2 - Supervisor's Instructions:** Please evaluate the intern's abilities to meet the competencies as an entry-level practitioner. Note the scoring scale: 1-3 is below expectations, 4-6 meets expectations, 7-9 exceeds expectations. Include any written comments as applicable. Be sure to sign and date the last page of the document.

Intern's Section			Supervisor's Section
Competency	Description of Learning Experience	PAL Portfolio Documentation / What was learned	Supervisor's Evaluation
CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives.			
Collects data to support measurement of program objectives.			1 2 3 4 5 6 7 8 9 n/a Comments:



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Provides appropriate education that meets the client's objectives.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 1.2 Evaluate research and apply evidence-based guidelines, systematic reviews and scientific literature in nutrition and dietetics practice.</b>			
Analyzes and formulates a professional opinion based on the current research and evidence-based findings and experiential learning.			1 2 3 4 5 6 7 8 9 n/a Comments:
Demonstrates integration of evidence-based practice into development of nutrition care plan.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 1.5 Incorporate critical thinking skills in overall practice.</b>			
Considers multiple factors when problem solving.			1 2 3 4 5 6 7 8 9 n/a Comments:
Critically examines and interprets current research and evidence-based practice findings to determine the validity, reliability, and credibility of information.			1 2 3 4 5 6 7 8 9 n/a Comments:



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Reflects on situations and critically evaluates outcomes and possible alternate courses of action.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.1 Practice in compliance with current federal regulations and state statutes and rules, as applicable, and in accordance with accreditation standards and the Scope of Practice for the Registered Dietitian Nutritionist, Standards of Practice, Standards of Professional Performance, and Code of Ethics for the Profession of Nutrition and Dietetics.</b>			
Demonstrates understanding of privacy and confidentiality legislation and organizational policies.			1 2 3 4 5 6 7 8 9 n/a Comments:
Recognize and maintain professional boundaries.			1 2 3 4 5 6 7 8 9 n/a Comments:
Adheres to nutrition-related legislation, regulations and standards of practice.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.2 Demonstrate professional writing skills in preparing professional communications.</b>			
Presents a thorough review of the topic and discusses the significance of the topic and its application in practice.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings.</b>			



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Understands and respects roles and responsibilities of interprofessional team members.			1 2 3 4 5 6 7 8 9 n/a Comments:
Demonstrates understanding of social cues and team dynamics.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice.</b>			
Consults, refers or transfers patient to the appropriate health professionals such as RN, SLP, Pharm D, OT, PT, etc. when patient's needs are beyond personal competence or professional scope of practice. *Internal Note: Community ADIME Note			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.7 Apply change management strategies to achieve desired outcomes.</b>			
Demonstrates understanding of social cues and team dynamics. *Internal Note: Community Log only			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.8 Demonstrate negotiation skills.</b>			



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Integrates change management theories and conflict resolution skills to manage and promote positive change.			1 2 3 4 5 6 7 8 9 n/a Comments:
Uses persuasive communication skills to influence or produce desired outcome during negotiations and conflict resolution discussions.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.10 Demonstrate professional attributes in all areas of practice.</b>			
Engages in self-reflective practice activities to develop and maintain ongoing competence and professional behaviors (e.g. intellectual curiosity, dependability, flexibility, time management, organized and task completion).			1 2 3 4 5 6 7 8 9 n/a Comments:
Practices in a manner that respects diversity and avoids prejudicial treatment (e.g. listens, communicates with various education levels, open-minded, cooperative, follows directions and reacts appropriately).			1 2 3 4 5 6 7 8 9 n/a Comments:



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Accepts responsibilities and accountability for own actions and decisions.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.11 Show cultural humility in interactions with colleagues, staff, clients, patients and the public.</b>			
Applies knowledge of foods, cultural foods, eating patterns and food trends in interaction with patients and healthcare professionals.			1 2 3 4 5 6 7 8 9 n/a Comments:
Develops awareness of one's own personal beliefs, values and biases to better serve clients/patients of different cultures and backgrounds.			1 2 3 4 5 6 7 8 9 n/a Comments:
Applies culturally sensitive approaches and communication skills.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 2.13 Advocate for local, state, or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.</b>			
Actively supports a nutrition/dietetic legislative issue through various communication methods.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 3.1 Perform Medical Nutrition Therapy by utilizing the Nutrition Care Process including use of standardized nutrition terminology as a part of the clinical workflow elements for individuals, groups and populations of differing ages and health status, in a variety of settings.</b>			



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Selects and implements nutrition assessment tools for individuals, groups or populations.			1 2 3 4 5 6 7 8 9 n/a Comments:
Determines barriers that might influence a client/patient's nutritional status.			1 2 3 4 5 6 7 8 9 n/a Comments:
Orders or recommends nutrition prescriptions to address nutritional goals.			1 2 3 4 5 6 7 8 9 n/a Comments:
Implements the nutrition plan of care or nutrition intervention with the client/patient and other team members.			1 2 3 4 5 6 7 8 9 n/a Comments:
Applies and integrates understanding of foundational sciences to manage medical nutrition therapy, diet and disease management.			1 2 3 4 5 6 7 8 9 n/a Comments:
Documents all elements of the nutrition care process following professional standards and organizational policies.			1 2 3 4 5 6 7 8 9 n/a Comments:



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Interviews client/patient to collect subjective information considering the determinants of health.			1 2 3 4 5 6 7 8 9 n/a Comments:
Identifies signs and symptoms of nutrient deficiencies or excesses.			1 2 3 4 5 6 7 8 9 n/a Comments:
Determines food and nutrition-related medical history.			1 2 3 4 5 6 7 8 9 n/a Comments:
Assesses physical activity and history of physical activity.			1 2 3 4 5 6 7 8 9 n/a Comments:
Collects, assesses, and interprets anthropometric measures and body composition.			1 2 3 4 5 6 7 8 9 n/a Comments:
Reviews and interprets relevant medications.			1 2 3 4 5 6 7 8 9 n/a Comments:
Reviews and interprets biochemical/laboratory tests.			1 2 3 4 5 6 7 8 9 n/a Comments:



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Assesses client/patient's nutritional needs appropriately, connecting the entire clinical picture.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 3.7 Demonstrate effective communication and documentation skills for clinical and client services in a variety of formats and settings, which include telehealth and other information technologies and digital media.</b>			
Selects mode of communications considering relevant factors.			1 2 3 4 5 6 7 8 9 n/a Comments:
Adapts communication style to meet needs of diverse individuals and groups.			1 2 3 4 5 6 7 8 9 n/a Comments:
Interprets and communicates medical terminology to non-health professional audiences.			1 2 3 4 5 6 7 8 9 n/a Comments:
Uses acceptable medical abbreviations and appropriate medical terminology in all forms of communication.			1 2 3 4 5 6 7 8 9 n/a Comments:
Applies effective and ethical communication skills. (e.g. introduces self by name and designation, uses open ended questions)			1 2 3 4 5 6 7 8 9 n/a Comments:



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Communicates in a clear, effective and respectful manner. (listens to client, uses terms familiar to the patient, ask client questions)			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 3.8 Design, implement and evaluate presentations to a target audience.</b>			
Communicates in a clear, effective manner, projects voice.			1 2 3 4 5 6 7 8 9 n/a Comments:
Selects mode of communications considering relevant factors.			1 2 3 4 5 6 7 8 9 n/a Comments:
Adapts communication style to meet needs of diverse individuals and groups.			1 2 3 4 5 6 7 8 9 n/a Comments:
Presentation is written in clear concise manner, use of graphics appropriate.			1 2 3 4 5 6 7 8 9 n/a Comments:
Designs a creative and quality nutrition education plan (lesson plan, pre-test, post-test, uses appropriate nutrition education material) for presentation to a targeted audience.			1 2 3 4 5 6 7 8 9 n/a Comments:



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<b>CRDN 3.9 Develop nutrition education materials that are culturally and age appropriate and designed for the literacy level of the audience.</b>			
Applies behavior change theories for nutritional health promotion and disease prevention.			1 2 3 4 5 6 7 8 9 n/a Comments:
Communicates complex nutrition information to broad and diverse audiences.			1 2 3 4 5 6 7 8 9 n/a Comments:
Develop nutrition education materials that are culturally and age appropriate and designed for the literacy level of the audience.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 3.10 Use effective education and counseling skills to facilitate behavior change.</b>			
Assesses client/patient's nutritional needs and appropriateness for the recommended counseling or therapy.			1 2 3 4 5 6 7 8 9 n/a Comments:
Applies counseling principles and evidence-based practice when providing individual or group sessions.			1 2 3 4 5 6 7 8 9 n/a Comments:
Uses appropriate counseling techniques based on the needs of the individual or group.			1 2 3 4 5 6 7 8 9 n/a Comments:



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Applies behavior change theories for nutritional health promotion and disease prevention.			1 2 3 4 5 6 7 8 9 n/a Comments:
Communicates complex nutrition information to broad and diverse audiences.			1 2 3 4 5 6 7 8 9 n/a Comments:
Modifies nutrition materials or delivery methods to meet the needs of the audience.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 3.11 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management.</b>			
Designs nutritional programs or services to promote consumer nutritional health and dimensions of wellness and lifestyle management.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 3.12 Deliver respectful, science-based answers to client questions concerning emerging trends.</b>			
Interprets and applies research ethics and responsible conduct in addressing client's questions on emerging trends.			1 2 3 4 5 6 7 8 9 n/a Comments:
Analyzes and formulates a professional opinion based on the current research			1 2 3 4 5 6 7 8 9 n/a Comments:



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and evidence-based findings and experiential learning.			
<b>CRDN 4.4 Apply current information technologies to develop, manage and disseminate nutrition information and data.</b>			
Proficiently uses technology to enhance practice and services.			1 2 3 4 5 6 7 8 9 n/a Comments:
Uses electronic databases to obtain nutrition information and evaluate credible sources in decision making.			1 2 3 4 5 6 7 8 9 n/a Comments:
<b>CRDN 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement.</b>			
Engages in self-reflective practice activities to develop and maintain ongoing competence and professional behaviors.			1 2 3 4 5 6 7 8 9 n/a Comments:

Intern's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_