

GROW GROUP QUESTIONS

Announcement:

As we launch the new 10:00 service. If you know someone who isn't yet serving, encourage them to consider getting involved and making an impact.

Icebreaker:

How did you try to bend the rules in your childhood home? Were there any that were unbending?

Sermon Discussion – Read Exodus 20:7-11

- How does loving God with all your heart, soul, and mind change how you approach the commandments?
- Worship is described as “being impressed by God.”
 - What is something about God that impresses you and makes you want to honor Him more?
- What are some ways people might misuse God's name today, beyond swearing or cursing?
 - How can we ensure we are honoring God's name in our speech and actions?
 - How does our heart or approach to this command impact our worship?

Going Deeper

- Israel's workweek was a reflection of creation. In what ways can our modern workweek become a reflection of God's rhythm of creation and rest?
 - How might this rhythm affect our spiritual, emotional, and physical health?
- Why do you think God's holiness is emphasized in the command to keep His name sacred and the Sabbath holy?
 - How does our treatment of God's name and His day reflect our reverence and love for Him?
 - How can dismissing the heart of the Sabbath (and gathering in worship) hurt our relationship and love of God?

Next Steps

- What changes in your routine or attitude could help you better “remember” the Sabbath as a time for worship and rest?