

**Charles Atlas's**  
*Awarded The Title Of*  
**"The World's Most Perfectly Developed Man"**

***"How Dynamic-Tension Makes You A New Man"***

**A FREE 32 Pages Illustrated Book**  
**Is A TURNING POINT In Your Life**

- How To Get Greek Gods Physique As Quickly As Possible
- Get The Most Well-proportioned, Muscular Body You Can Be Proud Of
- 15 minutes in your room method is better than weights, springs, pulleys and gym workout.

**Grab FREE book NOW**

**ACT NOW AND GET ACCESS TO**  
**5 FREE VALUABLE OUTLINE COURSES**

**Enter Name:.....**

**Enter Email Address:.....**

**Submit**

**Your Information Is 100% Secure And Will Never Be Shared With Anyone**

**Questions?? Contact us at ...@...**

# **Transform Your Body with Charles Atlas - The World's Most Perfectly Developed Man!**

***Discover the Power of Dynamic-Tension - Claim Your FREE 32-Page Illustrated Book Today!***

*Are you ready for a life-changing turning point? Charles Atlas, renowned as "The World's Most Perfectly Developed Man," unveils the secrets of Dynamic-Tension in this FREE illustrated book.*

*Unlock the Greek Gods Physique in record time! Say goodbye to weights, springs, pulleys, and expensive gym memberships. Our 15-minute method, right in the comfort of your own room, will help you achieve the well-proportioned, muscular body you've always dreamed of.*

Don't miss out - Grab your **FREE** book **NOW!**

But that's not all! Act now and gain access to 5 FREE valuable outline courses that will further enhance your transformation journey.

Simply enter your name and email address below to get started:

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Submit**

Rest assured, your information is 100% secure and will never be shared with anyone.

Have questions? Contact us at ...@... and our dedicated team will be happy to assist you.

**Don't wait any longer - Take the first step towards becoming the best version of yourself with Charles Atlas's Dynamic-Tension method. Claim your FREE book and embark on your transformation today!**



# THE INSULT THAT MADE A MAN OUT OF "MAC"



## Let Me PROVE I Can Make YOU A NEW MAN!

ARE you "fed up" with seeing the huskies walk off with the best of everything? Sick and tired of being soft, frail, skinny or flabby — only HALF ALIVE? I know just how you feel. Because I myself was once a puny 97-pound "runt." And I was so ashamed of my scrawny frame that I dreaded being seen in a swim suit.

### The Secret of How I Got My Build

Then I discovered a wonderful way to develop my body fast. It worked wonders for me — changed me from the scrawny "runt" I was at 17, into "The World's Most Perfectly Developed Man." And I can build up YOUR body the very same natural way — without weights, springs or pulleys. Only 15 minutes a day of pleasant practice — in the privacy of your room.

My "Dynamic-Tension" method has already helped thousands of other fellows become real he-men in double-

quick time. Let it help YOU. Not next month or next year — but RIGHT NOW!

### "Dynamic-Tension" Builds Muscles FAST!

If you're like I was, you want a powerful, muscular, well-proportioned build you can be proud of any time, anywhere. You want the "Greek-God" type of physique that women rave about at the beach — the kind that makes other fellows green with envy.

### Mail Coupon Now for My 32-Page Illustrated Book

Mailing the coupon can be the turning point in your life. I'll send you a copy of my 32-page illustrated book, "How Dynamic-Tension Makes You a NEW MAN." Tells how and why my method works: shows many pictures proving what it has done for others. Don't delay. Mail coupon NOW. CHARLES ATLAS, Dept. 325B, 115 E. 23rd St., New York, N.Y. 10010.



Awarded the title of "The World's Most Perfectly Developed Man."

CHARLES ATLAS ON TV

### 5 FREE GIFTS

If you act now, in addition to my complete course, you will also get these five valuable outline courses.

- ☐ JIU JITSU
- ☐ KARATE
- ☐ BOXING
- ☐ WRESTLING
- ☐ HAND STRENGTH
- ☐ BALANCING

CHARLES ATLAS, Dept. 325B  
115 East 23rd St., New York, N. Y. 10010

Dear Charles Atlas: Here's the kind of Body I Want

(Check as many as you like)

- ☐ Broader Chest and Shoulders
- ☐ Ironhard Stomach Muscles
- ☐ Tireless Legs
- ☐ Slimmer Waist and Legs
- ☐ More Energy and Stamina
- ☐ More Magnetic Personality
- ☐ More Weight—Solid—in the Right Places

I enclose 10c. Please send me a copy of your famous book showing how "Dynamic-Tension" can make me a new man. 32 Pages, crammed with photographs, answers to vital health questions, and valuable advice. This does not obligate me in any way.

Print Name..... Age.....

Address.....

City & State..... Zip Code.....

In England: Charles Atlas, 21 Poland St., London, W.1

