July-November 2026 ECC MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**Snack** Granola Bar **Lunch** Pasta w/Marinara w/ garlic toast Green Beans Fresh or Canned Fruit **Snack** Goldfish Millk	**Snack** Muffin **Lunch** Pancakes Sausage Hashbrowns Baked Apples **Snack** Applesauce Milk	**Snack** Nutrigrain Bar **Lunch** Mini Chicken Slider Baked Beans Fries Fresh or Canned Fruit **Snack** Ritz Crackers Milk	**Snack** Cheerios **Lunch** Meatballs w/Noodles & gravy Mashed Potatoes Fresh or Canned Fruit **Snack** Pretzels Milk	**Snack** Annie Grahams **Lunch** Pizza Corn or Fresh Veggies Fresh Fruit **Snack** Chex Milk
2	**Snack** Corn Flakes Cereal **Lunch** Chicken Bites Peas Smiley Fries Fresh or Canned Fruit **Snack** Vanilla Wafers Millk	**Snack** Goldfish crackers **Lunch** Soft Taco Refried Beans Pineapple **Snack** Cheese cubes Milk	**Snack** Animal Crackers **Lunch** Chicken Alfredo Stemmed Broccoli Fresh or Frozen Fruit **Snack** Applesauce Milk	**Snack** Strawberry Loaf **Lunch** Turkey & Cheese Wrap Cucumber Wheels Fresh or Canned Fruit **Snack** Pita Bread and Hummus Milk	**Snack** Apple Cinnamon Cheerios **Lunch** Fish Nuggets Corn or Fresh Veggies Mandarin Oranges **Snack** Fresh Fruit Milk
3	**Snack** Toast & Jelly **Lunch** Chicken Tenders Mashed Potatoes Baked Beans Fresh or Canned Fruit **Snack** Fresh Fruit Milk	**Snack** Eggo Waffles **Lunch** Pasta w/ Marinara w/Twisted Breadstick Steamed Broccoli Fresh or Canned Fruit **Snack** Graham Crackers Milk	**Snack** Yogurt & Graham Cracker **Lunch** Diced Chicken w/ Noodles Steamed Carrots Pineapple **Snack** Veggie Straws Milk	**Snack** Oatmeal Bar **Lunch** Beef Macaroni & Cheese Green Beans **Sidekick Slushie** **Snack** Pretzels Milk	**Snack** Cheerios **Lunch** Cheesy Bread Corn or Fresh Veggies Applesauce **Snack** String Cheese Milk

July 2026

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
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26	27	28	29	30	31	

August 2026

S	M	T	W	T	F	S
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September 2026

S	M	T	W	T	F	S
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October 2026

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November 2026

S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Menus are subject to change due to availability of Products or Seasoned Produce

- http://education.ky.gov/federal/SCN/Pages/USDANondiscriminationStatement.aspx